

# **COVID-19 Requirements & Mandates for CHSAA Activities**

The following requirements are mandated for the implementation of all athletics and after school activities during the 2020-2021 school year. These mandates are subject to change based on governmental, public, educational, and local health requirements. The athletic director, and/or their designee, is responsible for ensuring these requirements and mandates are implemented and adhered to within their school.

For CHSAA sanctioned activities (music, speech & debate, student leadership), these protocols should be used in after-school activities such as meetings, practices, competitions, or events between your students and/or students from other schools. If students take any of the activities during a class period at school, they should follow their school/district guidelines regarding COVID-19.

## **Pre-Participation Preparation**

**Waiver of Liability** – All students and parents must sign a waiver of COVID-19 liability, which can be found as part of the [Competitor's Brochure](#).

- NOTE: To be used only if you are coming together for in-person activities. Must have document signed and on file before any student may participate in-person.

## **Practices, Meetings & Events**

**General Information** – Participants, instructors, advisers, coaches, or other personnel should stay home if they are sick or showing any symptoms of COVID-19.

### **Daily Screenings**

- Temperature should be taken for each participant upon arrival. If an individual (student, instructor, coach, adviser) has a temperature above 100.3 F, or has a positive response to the Daily Symptom Tracker, that individual must be removed from the group and their parent or guardian notified.
- The [Daily Symptom Tracker](#) must be completed for all participants, instructors, coaches, and advisers each time you come together in-person.
- The completed Daily Symptom Tracker must be submitted by the instructor/coach/adviser to the Athletic (or Activities) Director after every practice/meeting/contest. It is recommended that the instructor/coach/adviser keep a copy on file as well.
- If a school hosts or comes together with another school (or multiple schools), each individual instructor/coach/adviser is responsible for the Daily Symptom Tracker for their individual students only. Each school must submit their sheets to their Athletic/Activities Director.
  - NOTE: If your student leadership/council/government group is coming together for in-person planning for an event, daily screenings would only apply to the in-person planning process and not the actual event. Day-of-event screenings/protocols would be put in place by school administration.

**Masks** – everyone should arrive to their practice, meetings, or events wearing a mask. All participants, coaches, instructors, and advisers must follow the CDHPE mask guidelines.

- [Mask guidance](#)
- NOTE: Student leadership/council/government groups must wear masks throughout the entire event.

### **Disinfecting Equipment/Sanitization**

- Wash your hands with soap and water (for 20 seconds or longer) or use a hand sanitizer if soap and water are not readily available, before going to a meeting, practice, or event.
- When not actively participating, please adhere to all proper personal protective equipment (PPE) and facemask protocols.
- Clean and wipe down any equipment. Equipment must be disinfected before, during, and after meetings, practices, or events.
- Hand sanitizer must be made available throughout the facility for use before, during, and after meetings, practices, or events.
- No shared personal equipment, such as water bottles, towels, instruments, etc.

### **Social Distancing**

- Restrict your practices, meetings, and events to essential personnel only (coaches, instructors, advisers, students).
- Appropriate social distancing (minimum 6 feet) must be maintained in all areas of the meeting/event/practice room. They must consciously stand or sit at least six feet apart when not participating in a drill or activity that requires closer contact and should avoid confined areas if social distancing cannot occur.
- No handshakes, high-fives, fist bumps, or elbow bumps.
- Keep students together in small groups with dedicated coaches/instructors/advisers and make sure that each group avoids mixing with other groups as much as possible.
- Stagger arrival and drop-off times.
- Use separate entrances and exits for participants and essential persons when possible.
- Require signage to communicate all COVID-19 safety requirements.
- Consider spacing in cafeterias, classrooms, weight rooms, athletic training rooms/locker rooms, hallways, and other on-campus venues.

### **Spectators at Events**

- All spectators must wear masks.
- No pre- or post-event gathering of players, parents, fans, judges, and coaches/instructors/advisers. At the conclusion of the event, all participants, coaches/instructors/advisers, judges, parents, and fans must leave the facility immediately.
- Limit spectators per state, county, and local health restrictions ([covid19.colorado.gov](https://www.colorado.gov/covid19)). Facilities may have a stricter standard.
- In all common areas, seating or standing must be spaced at least six feet apart.
- Stagger arrival and drop-off times.
- Use separate entrances and exits.
- Post signage provided by CHSAA about symptoms and transmission of COVID-19 around facilities.

### **Other Event Management**

- Use an electronic payment system instead of cash for tickets, concessions, merchandise, and payment of judges/workers.
- For event medals, ribbons, or certificates, a ceremony at the conclusion of the event is not recommended. Either give all medals, ribbons, or certificates to a school representative (coach/instructor/adviser) before leaving the event or mail directly to the schools.

## **Judges**

- Protocols shall be communicated to contest judges prior to the contest.
- Athletic/Activity directors should communicate to judges that they should stay home if they are sick or showing any symptoms of COVID-19.
- All judges must sign a waiver of COVID-19 liability, which will be provided by the school.
- Call your judges at least 24 hours in advance with the specifics of the time and directions/where to meet at the contest site.
- Judges/officials must be included on the Daily Symptom Tracker for that contest.
- Although sanitizers should be provided at the site, encourage judges to bring their own personal protective equipment, including hand sanitizer, towels, water, gloves, and snacks.
- Schools should pay through electronic payment platforms (ex: Arbiterpay). If not, let the judge(s) know you will mail the payment. Do not pay with cash or check onsite.
- For pre-contest meetings with judges, make sure everyone can socially distance (minimum of 6 feet) in the meeting space (whether standing or sitting) and that the location is clean and sanitized.
- When not actively judging, contest judges must adhere to all proper personal protective equipment (PPE) and facemask protocols and social distancing requirements.
- Judges must not share their personal equipment, such as water, food, masks, recorders, pens, pencils, etc.
- No pre- or post-event gathering with students, parents, coaches/instructors/advisers, judges, or spectators. At the conclusion of the event, all participants, judges, parents, coaches/instructors/advisers, and spectators must leave the facility immediately.

## **Transportation & Travel**

- Transportation is a local school/district decision.
- Inter- and intrastate travel is a local school/district decision.
- Out-of-state competition is a local school/district decision.

## **Quarantine & Isolation**

### **In the event of a positive test**

- Anyone who has been in close contact with someone who has COVID-19 must quarantine.
- Individuals/teams must be quarantined for a minimum of 14 days.
  - NOTE: Quarantined means that no in-person activity (practice/meeting/contest/event) for that school may take place for a minimum of 14 days.

### **What is determined as close contact?**

- You were within 6 feet of someone who has COVID-19 for at least 15 minutes.
- They sneezed, coughed, or somehow got respiratory droplets on you.
- You provided care at home to someone who is sick with COVID-19.
- You had direct physical contact with the person (touched, hugged, or kissed them).
- You shared eating or drinking utensils.

### **Duty to Report**

- If a team member – students or coaches/instructors/advisers – tests positive for COVID-19, it is the school's responsibility to report this case to their local health department and any other teams/individuals affected.

## **Isolation**

- Individuals who have COVID-19 must isolate for a minimum of 10 days.
- Additionally, individuals must isolate if they have symptoms of COVID-19 (cough, fever or chills, loss of smell or taste, shortness of breath, fatigue or muscle aches, nausea or vomiting, diarrhea, headache, sore throat); OR
- If an individual is getting ill and think they might have COVID-19. Symptoms, especially early on, may be mild and feel like a common cold. Symptoms could include a combination of cough, body aches, fatigue, and chest tightness. Some people may not develop a fever or fever may not appear until several days into the illness.

## **Resources**

### **CHSAA**

- [COVID-19 Updates](#)
- [COVID-19 Resources](#)

### **Colorado Department of Public Health & Environment**

- [Testing for COVID-19](#)
- [COVID-19 homepage](#)

### **Centers for Disease Control and Prevention**

- [COVID-19 homepage](#)
- [Symptoms poster for posting at events](#) (PDF)
- [Mask poster for posting at events](#) (PDF)