

What's On Your Plate?

Supplies needed: paper plates, markers, various craft materials such as eyes, chenille stems, fabric, glue, etc.

Objective: for new members of a group to get to know each other.

Activity:

- 1 Hand out one paper plate to each person. Tell them the plate represents their life and they are to draw, diagram, graph, use words, use the supplies, what ever they want, to describe what is on their plate (what is going on in their life) light now. Allow about 10-15 minutes for them to complete their plates.
- 1 Now ask them to partner up (or pick pairs for them) and have them tell their partner about themselves. Allow approximately 5 minutes per person (10-min total) for this piece.
- 1 Next, have one person tell the group about their partner. Using the plate helps to get more information and also helps the person to remember more things to say to the group.

This is a simple activity but it works well for all ages (elementary through adult).

Defining Leadership Icebreaker

Supplies: Paper

Markers

Crayons

Time:

20 - 30 or more for discussion

- 1 Pass out a piece of paper. Have a variety of markers and crayons available.
- 2 Ask them to place the paper in front of them on the table.
- 3 Ask them to focus on the paper while you describe the following:
 - a "In front of you is the most popular magazine selling on the newsstands 10 years from now. The newsstands cannot keep this magazine in stock and everyone wants it. On the cover is the most inspirational and successful person around. The person on the cover is you. Imagine why it is that you are on that cover. What is the magazine's name? What have you done to deserve such recognition? (Examples: "Star Gazer Magazine - Javier Discovers New Comet!"; "Animals Today- Meet Renowned Veterinarian – Jennie Smith")"

- 1 Give them time to formulate and design their magazine "cover". They need to include their name in the title or headline on the magazine front.
- 2 Ask each student to stand up, introduce themselves, and explain their magazine cover when all are finished.
- 3 Encourage the class to ask them additional questions about the cover and perhaps, the interests that it highlights