



Colorado High School Activities Association

*'Seeking Excellence in Academics, Activities and Athletics'*



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## **Colorado High School Activities Association Concussion Policy**

Any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from participation and shall not return to play until cleared by a licensed healthcare practitioner (Doctor of Medicine, Doctor of Osteopathic Medicine, Licensed Nurse Practitioner, Licensed Physician Assistant, or Licensed Doctor of Psychology with Training in Neuropsychology or Concussion Evaluation and Management).

Any health care professional or CHSAA coach may identify concussive signs, symptoms or behaviors of a student athlete during any type of athletic activity. Once concussive signs are identified, only a licensed healthcare practitioner (as defined above) can clear the athlete to return to play.

An online NFHS Concussion Course or an in-person concussion education seminar is required for all CHSAA coaches. These educational courses will aid in identifying symptoms of a concussion and the procedure to follow when these symptoms are recognized. The online course is available at [www.nfhslearn.com](http://www.nfhslearn.com). For more information regarding the management of concussions, please visit the CHSAA Sports Medicine Website at <http://www2.chsaa.org/sports/medicine/>.