

CTFOA

Colorado Track & Field Officials

Gary Strubel - President
Denise Close - Vice President
Lauren Lopez - Secretary/Treasurer
Jim Gjerde - Rules Interpreter
K.C. Logan - Rules Interpreter
Jenn Roberts-Uhlig - CHSAA

FEBRUARY 15, 2017

Dear Officials,

The 2017 CTFOA Rules Clinics held @ the Radisson in Aurora on January 27, 28, 2017 set an all-time record for attendance this year. The two-day clinics combined for a total of 104 officials who made their way from across the state to attend. We thank all of those officials who were able to make arrangements in their busy schedules to be there. We also believe that this was one of the best clinics we have experienced with great questions and discussions.

ON-LINE CTFOA RULES TEST (ARBITER)

Just a reminder that the 100 question test closes on February 28, 2017 at 12 noon. As of 2-15-17 9:50 a.m. eighty-one officials have taken and passed the test, eleven have started the test and seventy-nine officials have not started the test. We realize that some officials are waiting to take their test until they have attended a Satellite Rules Clinic and work schedules also get in the way. If you have not yet attended a clinic, **you do not have to wait to start your test!** The test allows you the opportunity to start, leave it for a few hours and even days before resuming the test. There is no limit as to how many times you may start and stop and resume the test where you left off. Many of the questions have been on previous tests and would not require your attendance at a rules clinic before starting the test. We recommend that you don't wait until the last minute. If you need information on how to access the test, you will find it below and on the CHSAA Officials website.

CONSISTENT ENFORCEMENT OF THE UNIFORM RULE

You are being reminded that as officials, **you** are responsible for the fair, equitable, and consistent enforcement of the uniform rule(s) at all Qualifying Meets. In the past, there has been criticism expressed that at some meets across the state, the uniform rule is not being enforced and therefore is problematic when athletes attend the next meet where the rules are enforced. Also, be reminded that at the conclusion of every Qualifying Meet, the Running Referee and the Field Referee is required to submit an email report regarding disqualifications for uniform violations and uniform warnings that are issued to athletes and their coaches. Please submit your report as soon as possible at the conclusion of the meet to Gary Strubel (gharleyclassic@gmail.com). Gary will in turn forward your report to Jenn Roberts Uhlig at CHSAA for corrective action if necessary.

DURANGO HIGH SCHOOL SATELLITE RULES CLINIC RECENTLY ADDED TO THE SCHEDULE.

A Satellite Rules Clinic has recently been added to the list of twelve that have been scheduled across the state. Durango H.S. will be hosting a clinic on February 23, 2017. Officials and coaches may attend this clinic. Because this clinic is designed for officials, the clinic will run approximately 2 1/2 hours. See more information below.

CTFOA DUES FOR THE SPRING 2017 TRACK & FIELD SEASON

Your dues for the 2017 Track & Field and the 2017 Cross Country Seasons are due in the amount of \$60.00. If you have not yet paid your dues, please make your check out to the CTFOA and mail it in to Monica Tillman at CHSAA. The registration form for NEW and VETERAN OFFICIALS may be found on the CHSAA website under the official's link. **The deadline to complete all requirements to become a certified official for the Spring 2017 T&F season and the 2017 Fall Cross Country season is February 28, 2017.**

A REMINDER TO REGISTER ON ARBITER ONCE YOU PAY YOUR DUES

Don't forget to register / re-register on ARBITER after paying your dues for the 2017 Track & Field and Cross Country Seasons. Once your dues are received by Monica, she will provide you access to ARBITER. Registering on ARBITER is a yearly requirement for all new and veteran officials!

IMPORTANT DATES

February 27, 2017

First track practice may be held.

February 28, 2017

On-Line Test Closes at 12:00 Noon on Arbiter.

Last day Satellite Clinics will be offered for officials in the State.

Last day officials will be able to certify for the Spring 2017 T&F season

March 4, 2017

First track scrimmage may be held.

March 9, 2017

First track meet may be held.

March 12, 2017

Daylight Savings Begins

February 28, 2017 (Continued)

Dues must have been paid, background checks must be complete, new officials & veteran officials must be registered or re-registered on ARBITER, Must have attended the rules clinic in Aurora or a Satellite clinic specifically for officials, and you must have taken and passed the on-line test on ARBITER with a score of 85% or higher.

March 31, 2017

On-Line test review closes @ 11:59 p.m.

March 1, 2017

(Previous date was 2-29-17 & there is no Feb. 29th this year.

On-Line test review **opens** @ 5:00 a.m.

List of Certified Officials will be posted on the CHSAA website.

May 18, 19, 20, 2017

State Track @ JEFFCO

5 STEPS FOR SIGNING IN TO ARBITER

1. Go to <http://www.Arbitersports.com/> and enter the sign in information into the entry fields at the top right of the page.
2. User Name:
3. Password:
4. The first time you sign in you must accept the TERMS and CONDITIONS. Make sure your personal information is accurate by clicking the Profile tab. Phone numbers can be updated by clicking the Phones link on the left-hand side of the profile page.
5. If you need further assistance, please email mtillman@chsaa.org

2017 SATELLITE RULES CLINICS FOR OFFICIALS (TRACK & FIELD SEASON)

Officials who are unable to attend one of the Official's Rules Clinics in Aurora which were scheduled for January 27 & 28, 2017 at the CHSAA T&F Clinic held at the Radisson Hotel Denver Southeast in Aurora, must attend one of the Satellite Clinics below that will be offered across the state. This updated list of [Satellite Clinics](#) has been posted on the CHSAA Website. These clinics are designed specifically for officials, however, coaches who are in need of a Rules Clinic to satisfy CHSAA's yearly requirement may attend. Due to the fact that Satellite Clinics are designed for officials, they will be approximately 2½ hours in length.

2017 TRACK & FIELD SATELLITE CLINICS FOR OFFICIALS

(Coaches may attend any of these clinics to satisfy the CHSAA requirement. Clinics may run longer as they are designed for officials)

Fossil Ridge H.S. (Ft. Collins)

Date: February 8, 2017

Time: 6:30 – 9:00 p.m.

Where: The Round House

Contact: Jim Gjerde

Presenter: Jim Gjerde

jgjerde@comcast.net

Cheyenne Wells

Date: February 19, 2017

Time: 1:00 – 3:30 p.m.

Where: Cheyenne Wells Elementary School

Contact: Sammi Chadwick

Presenter: Gary Strubel & Pat McGraw

gharleyclassic@gmail.com

Trinidad

Date: February 7, 2017

Time: 6:00 – 8:30 p.m.

Where: Trinidad H.S.

Contact: Darryl Abeyta

Presenter: Daryl Abeyta

dlarun19@gmail.com

Colorado Springs

Date: February 6, 2017

Time: 6:30 – 9:00 p.m.

Where: CSFD Station #14

1875 Dublin Blvd.

Contact: Ray Lutz

Presenter: Ray Lutz & Roger Caldwell

raylutz40@gmail.com

Alamosa

Date: February 28, 2017

Time: 6:00 – 8:30 p.m.

Where: Hall of Fame Room (Plachy Hall)

Adams State University

Contact: Julian Lopez

Presenter: Julian Lopez

poplopez@hotmail.com

Montrose

Date: February 4, 2017

Time: 9:00 – 11:30 a.m.

Where: Montrose H.S. "Project Lead the Way Classroom" (Construction Trades Bldg.)

Contact: Brian Simpson 970-240-6413

Presenter: Gary Strubel

gharleyclassic@gmail.com

Grand Junction

Date: February 23, 2017

Time: 6:30 – 9:00 p.m.

Where: Grand Junction H.S. Library

Contact: Ned Pollert

Presenter: Ned Pollert

nedpollert@bressnan.net

Wheat Ridge High School

Date: February 7, 2017

Time: 4:30 – 7:00 p.m.

Where: Room Sign will be posted

Contact: Rick Hergenreder

Presenter: Rick Hergenreder/Jimmy O'Connell

herggy79@gmail.com

Pueblo

Date: January 30, 2017

Time: 6:00 – 8:30 p.m.

Where: District 60 Admin. Bldg.

Contact: Pat McGraw

Presenter: Pat McGraw/Gary Strubel

mcgrawpat2@gmail.com

Denver Public Schools

Date: February 21, 2017

Time: 6:00 – 8:30 p.m.

Where: 2700 W. 7th Avenue

Contact: Justin Saylor

JUSTIN_SAYLOR@dpsk12.org

Presenter: Gary Strubel

Durango, Co. (Added 2-14-17)

Date: February 23, 2017

Time: 5:30 – 8:00 p.m.

Where: Durango H.S. Rm. W2106

Contact: David McMillan

durangoexc@gmail.com

Presenter: Gary Strubel

THE CTFOA OFFICIALS HANDBOOK WILL SOON BE POSTED ON THE CHSAA WEBSITE

The CTFOA Handbook is presently being updated and will soon be provided on the CHSAA "Officials" website only. This change follows suit with other CHSAA sports that have already made this transition and are no longer mailing hard copies of this document to officials. With that being said, should there be officials out there who do not have access to a computer; those officials may contact Monica Tillman at 303-344-5050 and she will be happy to assist you.

2017 CHSAA TRACK & FIELD BULLETIN

The T&F bulletin will be posted on the CHSAA website in the near future as well.

DO YOU STILL NEED A BACKGROUND CHECK?

- (A) Log into www.arbitersports.com, (B) Sign into group 103372, (C) Click on the Background tab, (D) Follow the directions, (E) Pay the \$10.00 fee using a Debit or Credit Card, (F) When your request reaches Monica Tillman at CHSAA she will submit your request for a background check, You will not hear back from her unless she needs more information from you based on the results.

DO YOU HAVE A NEW PHONE NUMBER, E-MAIL OR MAILING ADDRESS?

Please contact Monica Tillman (mtillman@chsaa.org) at CHSAA with any new contact information that you may have.

2017 TRACK & FIELD RULES CHANGES

3-2-4u

NEW *The games committee should have responsibility for providing liquids during the race and not leave this duty to each coach.*

3-6-1,

3-4-7 *Signifying with a bell one lap remaining in the 800 alerts timers, place judges and FAT operators on notice, builds excitement for spectators and is a positive signal for the competitors. Updates to current trends in sport.*

3-6-1 *The authority to disqualify a runner for a false start should be extended by rule to the starter as well as the referee.*

3-10-7 *Clarifies field event judge's protocol for signifying the performance result when flags are not being utilized.*

4-3-1b (5)

8-6-1b (4) *Removes the NOTE limiting the placement of the American flag to one piece of uniform apparel as this is contradictory to the rule.*

4-6-

NEW
g, 8-7e *Although uncommon that appropriate health-care professionals are not available to assist an injured/ill competitor, there may be occasions when a competitor is needing assistance to confirm his/her health status or to arrive to a location for health care. Should another competitor assist, such competitor shall not be disqualified, only the assisted competitor shall be disqualified for not completing the race unassisted. Reorganize rule to indicate why competitor is disqualified.*

4-6-5h

NEW *The rule should include coverage of the actions of competitors and nonparticipating team members as well as assistance/aid from other parties.*

5-1-3 *In the absence of a curb, the placement of cones ensures the competitors run the prescribed race distance.*

5-6-4 *The results of running events are based on head-to-head competition and all contestants should have the opportunity to compete in the heat earned by the athlete's place and/or qualifying times. Consistent with current trends in the sport.*

5-7-3 *Reinforces the concept that distance races (800, 1600, or 3200) only use a standing start. Consistent with the current trends in the sports.*

Rules
6 & 6 *Reorganizes Rules 6 and 7 into one rule "Field Events" to avoid duplicity in the rules, remove unnecessary language, be more concise in the presentation of the events rules and create a section on general rules for all field events.*

6-2-6 *For purposes of risk management, warm-ups in a field event may not take place until the venue is declared open and required supervision is in place. For further risk minimization for athletes, spectators and officials involved in the event, athletes should be prohibited from picking up an implement and doing turns while other competitors are completing their throws or using the runway during competition unless they have been called for their attempt.*

6-2-10 *Clarifies how trials are recorded when a legal implement breaks during competition. More appropriate to list within rule rather than a NOTE.*

6-7-9e *The top or sides of the stop board are outside of the ring and touching outside of the ring is not compliant with leaving from the back half of the circle and is a foul.*

7-2-1 *The NFHS rules allow several special events to be added to the order of events but no specific event rules are written. By utilizing USATF Youth Event rules, there are standard rules which are age appropriate. However, state associations may already have appropriate rules in place and this should be an option stated in the rules. COLORADO WILL ISSUE MORE INFORMATION ON THIS RULE PRIOR TO THE START OF THE 2017 SEASON.*

8-1-3b *Clarifies that either directional flags and/or sign posts shall be used in cross country.*

9-2-2,
3-17-2 *Officials need guidance as to where to place the wind gauge when there are multiple takeoff boards. As the rule is currently written, it implies either having to move the wind gauge between jumps or having a second gauge. As the better jumpers will most likely use the farther board, it is logistical to have the wind gauge at the location farthest from the pit.*

POINTS OF EMPHASIS FOR 2017 (Not all Inclusive) Pgs. 77-80.

Use of Rubber Discus in Practice and Competition

The NFHS Track & Field rules allow the use of a discus made of rubber, plastic, wood, fiberglass, carbon fiber or metal alloy. Regardless of the material composition of the implement, the nature of the event itself will eventually lead to a discus that does not comply with established weight and measurement standards and therefore should not be allowed for use during competition.

In general, a rubber discus is more susceptible to physical and environmental factors that affect its size, shape and weight. Because of cost, most track and field programs implement inventory will include more rubber discuses when compared to discuses made of other types of materials. As such, rubber discuses are widely used at all levels during practice and competition.

Irregularities in a rubber discus occur more frequently because of contact with the ground, cage, and other hard surfaces and therefore it should be evaluated periodically during the season by coaches and participants to ensure that the discus meets weights and measurements standards. Meet officials are reminded that an implement can pass inspection prior to the event but any implement can become illegal during competition and be disallowed if this occurs. A rubber discus is susceptible to nicks, notches, cuts, and indentations, after contact with the hard surface and therefore needs special attention during the event. Athletes should always check-in two implements in the case that one does not pass weights and measurements or becomes illegal during competition.

NFHS Track & Field Uniform Regulations

Rule 4-3 and 9-6 outline NFHS Track and Field and Cross Country uniform regulations. In most cases the clerk of the course has the responsibility to check and enforce uniform, visible apparel and shoe regulations. The ultimate responsibility regarding uniform compliance rests with the school coach. **If the school does not issue some component of the required uniform, it is the coach's responsibility to educate parents and student-athletes regarding garments that will comply with NFHS rules prior to purchase.**

Garments worn under the track bottom that do not extend below the knees are considered "foundation" garments and therefore are not subject to color or logo restrictions. A sports bra and/or boxer style undergarment, if worn as intended, are considered "foundation" garments therefore there are NO restrictions.

If two or more athletes participating as a member of a cross country team or as relay team members are wearing visible undergarments extending below the knees, the rules require the color of the undergarments be the **same solid color** regardless of length of the undergarment worn by the remaining members. The purpose of this requirement is to ensure that members of any cross country or relay team are easily identifiable to meet officials and competitors. (Pg. 79) 2017 T&F Rules Book. **There is no valid reason that an athlete should not be in a legal uniform.**

2017 SPRING AND 2017 FALL CROSS COUNTRY CTFOA "Required" OFFICIALS UNIFORM

Optic yellow and / or fluorescent orange CTFOA embroidered shirt(s).

Black, Khaki, Stone colored shorts and / or long pants when working as a CTFOA Official (Charcoal, Green, Purple, White, etc. are not ok)

You may order these items from:

Christine DeRock

Rock Soft Chenille

970-412-0994

117 Birdie Dr.

Milliken, Co. 80543

rocksoftchenille@hotmail.com

Christine accepts credit/debit cards and she will mail your shirts/jackets to your home or business. Embroidery and shipping is included in the price of the shirts and jackets. All shirts come in women's and men's sizes.

S, M, L, XL = \$25

2XL, 3XL, 4XL are \$27.00 and CTFOA jackets including embroidery are available in Optic Yellow and/or Fluorescent Orange for \$50

HAVE COMMENTS, QUESTIONS, SUGGESTIONS, CONCERNS AND/OR A NEED FOR AN INTERPRETATION OF THE RULES?

If so, please feel free to contact any one of the Executive Members below.

Sincerely,

Gary Strubel
President
gharlevclassic@gmail.com
Term 9-01-15 thru 8-31-19

Denise Close
Vice-President
denisec@bvschools.org
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