

CHSAA/CHSGGJA
OFFICIALS & COACHES
COLORADO CLARIFICATIONS/SITUATIONS/INTERPS - 10/01/16

DIFFICULTY

1. *Q: What is the deduction for having less than eight elements on bars?*
A: Under difficulty, a gymnast is required to include four mediums, three superiors, and one high superior under difficulty and will be penalized for each missing element. As a reminder, elements of a higher value can be used to replace elements of a lesser value on a 'one to one' basis. The 'replacement method' should always be calculated to the benefit of the gymnast; i.e. a higher value skill should only be de-valued if it will benefit the gymnast. Additionally, a gymnast's routine consisting of less than five elements that receive Value Part credit (listed in rules book) will receive a 2.0 Chief Judge deduction.

BARS

1. *Q: After a fall on bars, when does judging begin?*
A: Judging begins with the first element performed that is listed in the rulebook (Rule7-2-4). For example, if a gymnast falls off of the low bar and then mounts with a back hip pullover, stop, extra swing, squat on; full execution should be taken for the stop and extra swing as well as a potential composition deduction for the performance of a low-level skill.
2. *Q: What is the value of a rear vault 1/2 turn with flight to hang performed on the low bar?*
A: This element is not listed in the rulebook. The listed high superior skill (2.302) must be performed on the high bar to receive value part credit. Therefore, if the element is performed on the low bar it will not receive difficulty or event requirement credit (for a direction change or superior release/flight element).
3. *Q: What is the value of a counterswing backward in tuck position with flight over LB to hang on LB?*
A: This element is not listed in the rulebook and would receive no difficulty or event requirement credit. If the gymnast is performing a counterswing backward in pike position (3.301) with bent legs, a high superior would be awarded with appropriate execution deductions.
4. *Q: In a bar routine, a gymnast concludes with a long hang kip, giant circle backward, giant circle backward, tuck flyaway dismount. Judges have an option to award either two low level back to back superiors for the long hang kip to giant circle backward (S+H) and the giant circle backward to tuck flyaway dismount (S+H) OR award a high level back to back superior for the giant circle backward to giant circle backward.*
A: Correct; the judge should assess which situation will benefit the gymnast and award bonus accordingly. A gymnast that has already performed one or more low level back to back superiors earlier in the routine will benefit from the awarding of a high level BBS for the sequence.

FLOOR EXERCISE

1. *Q: A gymnast performs the following acro passes: (1) roundoff flic-flac flic-flac back tuck salto; (2) front handspring roundoff flic-flac back tuck salto; (3) roundoff flic-flac back tuck salto; the gymnast receives event requirement credit for three acro passes.*
A: Incorrect. When an element is performed a third time, it receives no value part credit. The definition for an acro pass is "a series of two or more directly connected acro elements, and with the exception of a round-off, all elements in a pass must receive value part credit" and "a two element pass shall include a back-to-back superior, a high superior or an advanced high superior." In this instance, the third back tuck salto would not receive value part credit so the third acro pass would not receive credit as one of the three required acro passes. Additionally, an up to 0.1 deduction could be taken for lack of variety of acro elements under composition (Rule 9-3-3a1).

FLOOR EXERCISE (continued)

2. *Q: A gymnast performs the following acro passes: (1) roundoff flic-flac back tuck salto; (2) front tuck salto, front tuck salto; (3) front tuck salto step out roundoff back tuck salto. Judges award event requirement credit for three acro passes.*
A: Incorrect. When an element is performed a third time, it receives no value part credit. The definition for an acro pass is "a series of two or more directly connected acro elements, and with the exception of a round-off, all elements in a pass must receive value part credit" and "a two element pass shall include a back-to-back superior, a high superior or an advanced high superior." In this instance, the gymnast performs two front tuck saltos in her second acro pass (and receives a low level back to back superior). In the third acro pass, the front tuck salto would be void and would not receive value part credit. The third pass would not receive low level back to back superior credit or be eligible as the third required acro pass. Additionally, an up to 0.1 deduction could be taken for lack of variety of acro elements under composition (Rule 9-3-3a1).
3. *Q: A gymnast performs the following acro passes: (1) roundoff flic-flac back pike salto; (2) front tuck salto roundoff flic flac back tuck salto; (3) roundoff flic-flac flic-flac back tuck salto. Judges award credit for all saltos performed and the gymnast receives event requirement credit for three required acro passes.*
A: Correct. Even though a back salto, element #9.201 is listed under a single number and descriptor as "salto backward (tuck/pike/stretched), also with 1/2 twist"; a further clarification is listed in the book on page 84 (Rule 9-5) which states "Elements are different if...they have the same number in the rules book, but saltos have different body positions...".
4. *Q: A gymnast performs a handstand double pirouette into a forward roll directly connected to a wolf jump 1/1 twist and receives credit for a high level back to back superior.*
A: Incorrect. The high superior handstand double pirouette is not directly connected to the wolf jump 1/1 twist, so high level BBS credit would not be awarded. In order for BBS bonus credit to be awarded for an indirectly connected pass, the elements must consist of all acro elements (Rule 9-3-5, notes 4a).
5. *Q: A gymnast performs a handstand double pirouette and steps down directly into a standing back tuck salto. Judges award credit for a low level back to back superior and the gymnast receives credit for an acro pass.*
A: Correct.
6. *Q: A gymnast performs a roundoff flic flac back salto with 1 1/2 twist step out to round off salto with full twist and receives a high level back to back superior under bonus.*
A: Correct. A pass that contains acro elements that are indirectly connected within one continuous, uninterrupted acro pass may be given BBS credit, either high level or low level (Rule 9-3-5, notes 4a).

BEAM

1. *Q: A gymnast performs a forward roll mount directly connected to a forward roll on the beam and receives credit for an acro series under event requirements.*
A: Incorrect. To receive an acro series event requirement, both elements must start and finish on the beam.
2. *Q: A gymnast performs a cartwheel mount on the beam and later performs a back walkover on the beam. The gymnast receives no deduction under composition for 'lack of an acro element in each of two different directions'.*
A: Correct. According to Rule 8-3-3b Notes, the mount may be included as one of the directional elements.

GENERAL

1. Per direct ruling by CHSAA, a gymnast that has a medical piercing (a daith) in her ear to prevent migraines needs to remove the device during competition. According to the rulebook, no jewelry is allowed in competition and no exceptions are being made in other sports.
2. Per direct ruling by NFHS, gymnastics mats of all kinds cannot be altered and thus, the placement of advertising on the floor exercise or any landing mats or skill cushions is not permitted. Placing logos, decorations etc. on the mats would change the visual for the gymnast and potentially heighten the risk of injury and increase liability exposure. In addition, changing the surface of the mat may in some way void any warranty by the manufacturer. The NFHS rules do not permit the altering of equipment by placing logos, decals and the likes on mats.

Any additional questions or rule change ideas can be emailed to: jhmesser@comcast.net

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