IMPORTANT REMINDERS

- CHSAA Committee Meeting – February 26, 2020 – Battle Mountain
- State Ski Championships – February 27 & 28, 2020 - Hosted by Battle Mountain & Vail Mountain
- Season schedules will be available online at CHSSL Coach Website (see below for address) when they are finalized in early October
- Promote high levels of sportsmanship – Cheer for your team!

CHSAA CONTACT – Bethany Brookens, 303-344-5050, bbrookens@chsaa.org
CHSAA Information – www.chsaanow.com
CHSSL Coach Website – https://sites.google.com/site/coloradohighschoolskileague/
October 2019

COACHES and ATHLETIC DIRECTORS:

Welcome to the 2019-2020 ski season! As you embark on this season, I wish you and your athletes the best. Your enthusiasm, energy and knowledge will be passed on to your eager athletes. I look forward to a great year of skiing!

There are several CHSAA bylaws that I want to highlight:

1. **1800.1 (Transfer):** The CHSAA supports school choice in academic pursuits and encourages its student participants to enhance their academic achievement. In concert with this approach, the Association’s philosophy addresses the establishment of a fair playing field for all student athletes. A student who establishes his/her high school eligibility at a member school and subsequently transfers, will be ineligible for varsity competition for 365 days from the date of their transfer, in the sports they participated in during the last 365 days.

   a. A student transferring, moving or for any reason changing to a new school where the student’s non-school coach is also a coach of the school team, is considered to be attending for athletic purposes. The student, as a result of this transfer, will be ineligible for varsity competition for one calendar year from the date of the transfer in any sport(s) they participated in during the twelve months prior to the transfer. As used in this Rule, the term “coach” includes any person who coaches, volunteers (regardless of compensation) or assists in any capacity with the coaching or training of the school or non-school team.

   b. For purposes of this Bylaw and its exceptions, no personal relationship or one-on-one/group coaching or individual contact is required for application of this rule. If a coach has any standing with the outside team/organization/business, that coach is considered a coach of that non-school sports team.

2. **1800.4 (Athletic Transfer):** Any transfer substantially motivated by athletic considerations will cause the student to be ineligible for varsity competition for 365 days from the date of the transfer in any sport(s) they participated in during the last 365 days.

   a. A student transferring, moving or for any reason changing to a new school where the student’s non-school coach is also a coach of the school team, is considered to be attending for athletic purposes. The student, as a result of this transfer, will be ineligible for varsity competition for one calendar year from the date of the transfer in any sport(s) they participated in during the twelve months prior to the transfer. As used in this Rule, the term “coach” includes any person who coaches, volunteers (regardless of compensation) or assists in any capacity with the coaching or training of the school or non-school team.

   b. For purposes of this Bylaw and its exceptions, no personal relationship or one-on-one/group coaching or individual contact is required for application of this rule. If a coach has any standing with the outside team/organization/business, that coach is considered a coach of that non-school sports team.

3. **1900.5 (8th Grade Contact):** A person, acting in the capacity of the high school coach or serving in a role representing the high school, may have informational meetings anytime with 8th grade students who live in that high school’s attendance area as established by the school district, or with those 8th grade students that have pre-registered to attend that high school; the coach may conduct practice with those eighth graders starting May 1. This contact may include currently registered underclassmen. The Sunday Contact rule applies to this contact.

4. **2860 (Game Contracts):** Member schools shall honor game contracts entered into in good faith, unless a reasonable accommodation between the competing schools is reached or the contest is cancelled due to an act of God which gives league/conference rescheduled contests a priority over non-conference games. Contracts must be written, should be specific with respect to the obligations of each party, and must be signed by the principal or athletic director of each of the contracting schools.

   a. **2860.12 (Game Contracts Penalty):** Schools which violate this regulation will immediately be placed on probation and a $500 reimbursement must be paid to the offended school within 45 days. Schools which violate this regulation will be immediately placed on probation and a $500 reimbursement must be paid to the offended school within 45 days. A second violation of this regulation will result in a school or program being placed on restriction, and a reimbursement of $1,000 must be paid to the offended school. For subsequent violations, please refer to the bylaws.

5. **2210 (Coach Ejection):** A coach ejected from a contest for committing an unsportsmanlike act shall be suspended from coaching for the next regularly scheduled match or contest of the same level. He/she may not coach in any other contest at any level during this time.

6. **2310.5 (Sunday Contact):** SUNDAY CONTACT -- No high school interscholastic contests, practices for interscholastic contests, camps, nor association between participants and coaches/directors of any CHSAA sanctioned activity from the student’s school shall take place on Sunday at any time during the school year. (This is to include both in-season and out-of-season sports/activities other than those noted in the Music Bylaws.) The Commissioner may, when deemed advisable, allow postponed state-level events to be played on Sunday. Teams playing on Monday in district, regional or in a state-culminating event will be exempt from this rule. Note: Penalty for Violation, see Section 2420. Please see your AD for further clarification.

If questions arise and interpretations are needed, please do not hesitate to call the CHSAA office. Please keep in mind that you are our best public relations director. Not only have your peers respected your role as a coach and leader, but also by your students and community members as well.

Good luck! Your upcoming season will pass quickly and your efforts and accomplishments will be memorable to those involved in your program.

Sincerely,

Bethany S. Brookens
Assistant Commissioner
BB/sw

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**Table of Contents**

Revised: 2.20.19
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2019-2020 BOYS’ & GIRLS’ SKI SCHOOLS (16)

Aspen
Battle Mountain
Clear Creek
Colorado Rocky Mtn.
Durango
Eagle Valley

Evergreen
Lake County
Middle Park
Nederland
Platte Canyon
Poudre

Ridge View Academy
Steamboat Springs
Summit
Vail Mountain

[Type text]
The CHSAA Constitution and Bylaws are the official rules of the Association. This bulletin provides the regulations for ski competition, but never supersedes the regulations found in the CHSAA Constitution and Bylaws. Copies of the CHSAA Constitution and Bylaws may be previewed and copied from the CHSAA website (www.CHSAAnow.com).

We encourage the telephone calls on areas of ELIGIBILITY to be made to the designated administrator; rulings on season policies should be made by the school personnel.

**CHSAA Uniform Rule:** All skiers must be wearing school-approved ski attire for races. Nordic skiers must wear shirts with sleeves (no tanks or bare chests), and Alpine cannot wear costumes.

**MAJOR CHANGES FROM LAST YEAR’S REPORT:**

A. The State Ski Championships will have a Championship Committee made up of the nordic and alpine race directors, the host school’s athletic director, and the CHSAA representative, who will have authority over the championships with regards to scheduling and venue changes.

B. Alpine will move exclusively to USSA Rules except for the exceptions listed below. Hiking is allowed for Slalom, but never for Giant Slalom (regular season & state).

**ALPINE EXCEPTIONS TO USSA RULES**

A. Race bibs shall be issued by the school and shall be the proper color and number sequence. Each racer must have an assigned number and no duplication of numbers will be allowed (i.e. a girl cannot have the same number of a boy).

B. Ski Length – CHSAA does not have a rule about ski length, radius or style (i.e. twin tips, or telemark skis).

C. CHSAA athletes shall be held to a higher standard for disqualification on swearing, tobacco use, inappropriate behavior, drugs, alcohol, etc. The venue where these standards applies shall include (but not limited to) the race arena, lifts, lodges, and parking lots.

D. **Hiking is only allowed in Slalom events (during both the regular season & state).** You can replace a ski (one time) and hike to the missed gate as long as the racer is not passed by another skier, or interferes with another racer. Hiking is never allowed for Giant Slalom due to safety concerns.

**INFORMATIONAL ITEMS:**

A. Alpine coaches that submit late or incorrect race entries during the regular season and post season will be responsible for a fine (1st - $20, 2nd – $40, 3rd - $60). This fine must be paid prior to participating at the State Championships.

B. CHSAA allows the use of single pole GS gates as this aligns with USSA and FIS rules.
C. In Alpine, DQ’s will be listed after both genders have completed their 1st run of the day. **Once posted, coaches will have 15 minutes to protest.**

D. Helmets designed and manufactured for the particular discipline of ski racing being contested are required for all competitors and forerunners in all events and official training. Telemark skiers who are racing must comply with the hard sided helmet rule.

E. Bibs are the responsibility of the participant. If an individual shows up to a race without their bib, they will not be able to participate. If the bib is completely lost, it’s up to the school to obtain a permanent replacement for this individual.

F. Alpine races must be set to regulation specifications and courses set separately for each gender for regular season and state championships.

G. Modifications were made to the league schedule to eliminate as much travel and lost school times as possible.

H. The CHSAA Fall League Meeting will be the first Friday in October (October 4) at Summit High School. This will be used to finalize the regular season schedule and logistics.

**CHSAA INCLUSION POLICY**

A CHSAA student-participant may participate as the gender in which they self-identify. Please refer to the CHSAA policy, linked above.
Official Rules
Official rules for all competitions will be governed under the rules of CHSAA, NCAA, USSA, and FIS rules, in that order, except where they are modified by this document.

Ski Committee/League Meetings
The CHSAA and Colorado High School Ski league (CHSSL) host bi-annual meetings for athletic directors and coaches. The CHSAA Pre-Season Meeting is generally held the first Friday in October. Immediately following this meeting is the fall Ski League meeting.

The official CHSAA Ski Committee meeting and the end-of-season Ski League meeting occurs the night before the first day of competition at the state meet. Please contact Bethany Brookens, CHSAA Assistant Commissioner, 303-344-5050 or bbrookens@chsaa.org if you have questions or concerns.

The CHSAA Events
Nordic: Freestyle and Classical     Alpine: Giant Slalom and Slalom
No variations to the disciplines are allowed.

The Colorado High School Ski League (CHSSL) Website:
https://sites.google.com/site/coloradohighschoolskileague/
The purpose of the CHSSL website is primarily to distribute information to coaches and athletic directors. Please contact Bethany Brookens or Karl Remsen to be added.

On the website there are four main pages:
1. The home page that includes basic directions for how to use the site.
2. A page that has contact information for the coaches and athletic directors of the CHSSL.
3. A page for open discussions about anything regarding the ski league.
4. A page that contains all of documents, including race information, start lists, and results that coaches and athletic directors may need.

Please visit this website to familiarize yourself with it and to see more specific instructions on the home page.

Pre-Season Communications
Prior to the season, athletic directors and ski coaches should discuss the bulletin and other CHSAA regulations. All contracted coaches should understand all rules regarding the season and state championship regulations.

Student Meeting
Coaches are encouraged to conduct a student orientation meeting prior to any practice and/or tryout session. Consideration should be given to a review of the rules and regulations of the CHSAA organization and the school. Notice of the acknowledgment of risk in the sport should be mentioned. Without question, a signed attendance roll should be utilized for a permanent record of the meeting and a brief statement of acknowledgment of what was covered. Strong consideration should be given to deny practice opportunities to that not in attendance, until such time that the orientation meeting has been made up.
PHYSICAL EXAMINATION/PARENT CONSENT
Skiers must have on file with the principal a statement signed by a parent or legal guardian certifying that a physical exam has been passed and that the athlete is physically fit to participate.

If at any time during participation, a doctor removes an athlete from participation because of an illness or injury, the athlete must have a written release from a doctor before participating again. The release may be satisfied, if upon removal, the doctor specifies the duration of the student’s restriction from participation.

DEFINITION OF A SPORT SEASON
A sport season begins with the first formal practice session as established in the CHSAA Bylaws and ends with the final state championship in that sport. Exception: The sport season ends for a member of a high school athletic team on the day following the completion of his/her school’s competition at the level at which the student competes.

Unlike many other CHSAA sports, skiing does not have an official start date before which practices may not commence. Each school needs to email the official start date for its program to Bethany Brookens at CHSAA, pbrookens@chsaa.org, each fall.

PRACTICE RULE
Each student competing in an interscholastic sports program must have had a minimum practice period of five days in his/her sport(s) (exclusive of Sundays) before representing a member school in an interscholastic contest or scrimmage. (Receiving school must have written verification on file if transfer of schools is involved.) The ski league must submit a practice start date to the CHSAA prior to the teams’ first practice. Count days for five practice requirements will begin with the submitted date.

Q1: Do outside practices individual or club count toward the 5-day practice rule?

A1: No, the 5 days of practice must be with the high school team.

SUNDAY CONTACT (2310.5)
No high school interscholastic contests, practices for interscholastic contests, or association between participants and coaches/directors of any activity from the student’s school shall take place on Sunday at any time during the school year. (This is to include both in-season and out-of-season sports/activities.) The Commissioner may, when deemed advisable, allow postponed state-level events to be played on Sunday.

A coach may have contact with his/her team on a Sunday for a social, academic or service related activity that is strictly voluntary. The contact must be a voluntary, non-competitive/non-participatory activity.

WINTER VACATION CONTACT PROHIBITION
2310.4 "There shall be no school sponsored activity of any sort, including practices, camps, clinics, tournaments, etc. from and including December 24 through December 27 and New Year’s Day. Beginning December 28, winter sports programs may have voluntary practice (excluding Sundays), but may not compete in interscholastic scrimmages or competition."

2310.41 "No faculty member or coach may have contact with any of his/her school’s athletes from December 24 through December 27 and New Year’s Day. Beginning December 28, winter sports programs may have voluntary practice (excluding Sundays), but may not compete in interscholastic scrimmages or competition."
RESTRICTED TRANSFER RULE (1800)
Colorado School Choice: The CHSAA supports school choice in academic pursuits and encourages its student participants to enhance their academic achievement. In concert with this approach, the Association’s philosophy addresses the establishment of a fair playing field for all student athletes. A student entering high school for the first time shall be eligible for all interscholastic athletic competition.

1800.1 A student who establishes his/her high school eligibility at a member school and subsequently transfers, will be ineligible for varsity competition for 365 days from the date of their transfer, in the sports they participated in during the last 365 days.

1800.2 The transfer rule addresses athletic eligibility only as it relates to transfer between schools. Rules related to age, semesters, academic requirements and other CHSAA Bylaws may result in an eligible transfer being declared ineligible.

Clarifying Statement: the definition of transfer shall be any change of schools by a student participant for academic or participatory reasons. This includes all students who have established their eligibility at: 1) the school they are enrolled in, 2) a school they are playing for because their school of enrollment did not offer that activity and they are participating under state statute, or 3) the student is a home-based student and has established his/her athletic eligibility under state statute.

AMATEUR RULE
In skiing, the amateur rules of the United States Ski Association will be in effect from the closing date of the sports season and until the individual becomes a member of the high school team.

SPONSORSHIP
A team or individual athletes may be sponsored by an outside organization provided all outside equipment and travel are cleared and in writing with the Athletic Director, during the high school season.

Example: Endorsement companies must send all equipment or travel requests to the Athletic Director during the CHSAA season. The Athletic Director will then record and issue the equipment to the student athlete during the ski season. Equipment return is negotiable through school personnel and athlete.

OFFICIAL TEAM
All members of the ski team must meet all CHSAA eligibility and competition rules.
**OUTSIDE COMPETITION**

2100.2 Players certified to participate as members of any high school sport team may compete on any other team, in any non-school activity or event in that sport during that sports season with the express written permission of the principal, which permission shall be granted if:

1. The student’s class attendance is not compromised; and
2. The student is in good academic standing under the school’s activities policy applicable to all students.

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**Q1:** When may a principal prohibit a student from competing on an outside team in the same sport during that sports season?

**A1:** The principal may deny permission only when the student fails to meet the requirements of (1) and (2) above.

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**Q2:** May high school team rules be used to determine the high school eligibility of the students who participate on outside teams?

**A2:** Yes. Section (b) would include team rules and other school policies which are applied and adhered to by all students.

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**INTERNATIONAL COMPETITION**

Requests to participate in international competition (i.e., a training program or competition (1) conducted or sponsored by the United States Olympic Committee, or (2) directly funded and conducted by a national governing body for athletes having potential for future national participation) held during the school year involving eligible high school students must be submitted to the principal and/or athletic director. The athletic director will file an out-of-state travel waiver with the CHSAA Commissioner or designee.
**ASSIGNED COACHES**
The coach for the team at races must be the high school contracted coach, certified educator (CDE) and/or registered with the CHSAA office. (Refer to the CHSAA Constitution and Bylaws for registration criteria for coaches.)

**NUMBER OF CONTESTS**
No individual may participate in more than 11 regularly scheduled high school ski races during the skiing season, exclusive of state championships. A registered skimeister may compete in 12 (6 Alpine & 6 Nordic) within the 11 meet schedule, if they desire to do so. Skimeister is a ski league event (see below for details).

**NUMBER OF RACES WITHIN ONE DAY**
A host school or schools could schedule part of the meet at one site, other events at another site, and then move to another site due to changes in snow conditions. Schools would count this three-site, two-day meet as one of their scheduled competitions.

**UNIFORM/EQUIPMENT RULE**
Competing equipment rules not covered by the CHSAA and/or the NCAA can be found at [www.fis.org](http://www.fis.org). Complete uniform and equipment rules must be followed to ensure both safety and fairness. Racers must be in proper ski athletic attire during their competition.

**PROTESTS**
Only coaches may file protests (not spectators, parents, or other racers) against race officials’ disqualifications or official results. Coaches will have 15 minutes after the disqualification list or results are posted to make a formal protest. Any protests are to be filed according to the meet organizer’s instructions and comply with the rules of protest as defined by USSA and FIS. The results of the jury decision cannot be protested.

**VIDEO USE**
Video will be used (if available) during a protest and may be used to overturn a DQ (ALPINE ONLY).

Video will be used (if available) during a protest and may be used to DQ or overturn a DQ of a skier and to correct official results (NORDIC ONLY).

**HOW TEAM SCORING WORKS**
In individual events for both alpine and Nordic, the score for the winning individual in each event is 60 points (scoring base). The scoring base is the same for all four events. The winner receives the full value of the scoring base, and each successive finisher shall score one point less – a reduction of one point per place.

Only three individuals from any one team may score points in an individual event. If a fourth or fifth individual from one team finishes in a scoring position, the points to be awarded to that place are awarded to the next skier who is not a fourth or fifth skier from a team.

In case of a tie, the tying skiers are awarded the average of the points designated for the tied position and the points for the next place of finish.

The following example illustrates the scoring of a sample competition. The winner receives 60 scoring points, and each successive finisher receives one point less. As explained above, only three individuals from any one team may score points.
The final score of a team in the meet shall be the sum of the points earned in each of the events. If the total points are the same for more than one team, that position shall be declared a tie.

<table>
<thead>
<tr>
<th>Place</th>
<th>Finisher</th>
<th>Time</th>
<th>Team</th>
<th>Team Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Racer A</td>
<td>56.97</td>
<td>A</td>
<td>60 – (receives value of scoring base)</td>
</tr>
<tr>
<td>2.</td>
<td>Racer B</td>
<td>57.21</td>
<td>B</td>
<td>59</td>
</tr>
<tr>
<td>3.</td>
<td>Racer C</td>
<td>57.22</td>
<td>C</td>
<td>58</td>
</tr>
<tr>
<td>4.</td>
<td>Racer D</td>
<td>57.33</td>
<td>D</td>
<td>57</td>
</tr>
<tr>
<td>5.</td>
<td>Racer E</td>
<td>57.44</td>
<td>A</td>
<td>56</td>
</tr>
<tr>
<td>6.</td>
<td>Racer F</td>
<td>57.55</td>
<td>B</td>
<td>54.5 – (races tied for 6th &amp; 7th and share the value of the two positions)</td>
</tr>
<tr>
<td>6.</td>
<td>Racer G</td>
<td>57.55</td>
<td>C</td>
<td>54.5</td>
</tr>
<tr>
<td>8.</td>
<td>Racer H</td>
<td>57.66</td>
<td>A</td>
<td>53</td>
</tr>
<tr>
<td>9.</td>
<td>Racer I</td>
<td>58.12</td>
<td>A</td>
<td>-- (Racer I is fourth skier for Team A, so does not score team points)</td>
</tr>
<tr>
<td>10.</td>
<td>Racer J</td>
<td>58.34</td>
<td>E</td>
<td>52</td>
</tr>
<tr>
<td>11.</td>
<td>Racer K</td>
<td>58.34</td>
<td>A</td>
<td>-- (Fifth skier for Team A, so no need to split points for a tie)</td>
</tr>
<tr>
<td>12.</td>
<td>Racer L</td>
<td>59.22</td>
<td>H</td>
<td>51</td>
</tr>
</tbody>
</table>

SNOWBALLS
In all competition, snowball throwing is prohibited. Please be considerate of crowds at start and finish lines. The Unsportsmanlike Conduct Penalty will be applied for violation (Bylaw 2200.)

TOBACCO POLICY
No use of tobacco, including chewing by coach or athlete is allowed in the race arena. Host organizers should discourage volunteers from using tobacco in the race arena.

UNSPORTSMANLIKE CONDUCT
Unsportsmanlike conduct is conduct that is unethical or dishonorable. It includes action and/or language that will bring discredit to the individual or his/her school. Disrespectfully addressing an official, using profanity, criticizing an opponent or an official are examples of unsportsmanlike conduct. This can only be reported by a race official. Race officials are defined as members of the jury, gate keepers, timers, starters and/or finish judges. The penalty is disqualification from the remainder of the meet. If flagrant, the skier would not be allowed to ski in the next race. This must be reported on the race result sheet.

EJECTION OF A SKIER
Any skier who has been ejected from a meet shall be disqualified for the remainder of that meet. In addition, the skier shall be ineligible for the next regularly scheduled meet of the same level. A school may not schedule a meet after an ejection in order to circumvent the penalty. He/she may not take part in any other high school meet at any level during this time. The number of races for which the participant has been declared ineligible will decrease the stated maximum allowable races for the disqualified participant.

Any skier ejected from a second meet during the same season shall be ineligible for the next two meets of the same level. Any skier ejected from a third race during the same season shall be subject to a penalty to be determined by the Commissioner or a CHSAA administrator.

If such ejection occurs in the final contest of the season, then that player shall be ineligible for the first match or contest of the next season of any sport that player elects to play. In satisfying the penalty, the player must sit out a game in a sport in which he/she completes the season.

Only race officials can disqualify a skier.
EJECTION OF A COACH
CHSAA Bylaws require that a credentialed coach under contract with the school district must assume supervisory responsibility for all interscholastic races. If a coach is ejected and no credentialed person from that school is available, the race shall be forfeited by that team.

If it becomes necessary for an official to eject a coach from a race for any reason, the coach shall be placed on probation in accordance with the policies established by the CHSAA Board of Directors.

TAUTING RULE
Taunting is considered any action(s) or comments by coaches, players or spectators which are intended to bait, anger, embarrass, ridicule or demean others, whether or not the deeds or words are vulgar or racist.

Game officials shall, in all sports, follow the rules set forth by the National Federation for each sport. Penalties under these rules may include ejection or other penalties for flagrant unsportsmanship-like offenses. Taunting in all sports and or activities is an unsportsmanlike offense that may result in a game ejection with penalties as outlined in the student ejection policy (CHSAA Handbook, Article 22, Rules 2200.20 and 2240).

LANGUAGE
Competitors, coaches and officials shall maintain high standards of moral and ethical conduct, self-control and responsible behavior. The physical and emotional wellbeing of others must be considered. Courtesy and good manners must be displayed in public places at competitions. Competitors shall abide by the rules of competition in all events in public places. Competitors, coaches and officials shall avoid profane and abusive language.

Swearing will not be allowed. A penalty of 10% of the winning time will be added to the competitor’s time. In alpine events the penalty will apply to the run where the infraction occurred. Repeated swearing will result in a disqualification (DQ). Flagrant swearing may result in the suspension of a racer from the next meet. Gatekeepers must record the language. All language violations must be posted.

CONDUCT OF PARTICIPANTS
The responsibility for the conduct of the coaches, players and spectators at any athletic contest shall lie with the officials of the schools whose teams are participating in the contest.

SKIMEISTER COMPETITION
The skimeister competition is a competition designed to test the all-around abilities of skiers in Colorado. It is not an official CHSAA event; it is a Ski League competition. Skiers compete in each of the four disciplines throughout the regular season and try to accumulate low finishes in each event.

To be eligible to compete and place in the Skimeister Competition you must:
1. Register your name before the first race with the results coordinator (currently Karl Remsen at leadville.nordic@gmail.org).
2. Ski in at least three Alpine races.
3. Ski in at least three Nordic races.

Each individual race will be calculated to a 20 point scoring system by the following:
1. Divide 20 by the total number of starters. (This calculates finish place points).
2. Determine the points for each skimeister by multiplying their finish place by the number calculated in step 1.
3. If they started the race but did not finish, they will be awarded a 25.
4. If they did not start or compete in a race, they will receive a 30 for that race.

The State Championships do not count towards skimeister totals. To determine the overall score for a skimeister:
1. Take the lowest two scores from each discipline (GS, Slalom, Classic, Freestyle).
2. Add these 8 values.
3. Lowest total in each gender is the winner (the skimeister for the year)!
4. The top 5 (lowest 5 totals) of each gender will be recognized and awarded at the end of season awards ceremony at the State Meet.
NORDIC RACE TYPES AND STARTS
The following types of starts are allowed for high school races: mass starts, individual starts, same-day and continuous pursuits, and wave starts.

In any pursuit race, both the classic and freestyle portions of the race must be timed as separate races so they can be used as separate races for state qualifying purposes.

In any type of start, non-high school athletes cannot start at a time that would allow him/her to overtake a high school skier. This means that in individual start races that involve non-high school athletes, these non-high school athletes should be started before the field of high school skiers. In mass start races, start times should be set so that these non-high school racers will not pass overtake any high school skier.

CHSSL NORDIC STANDARDIZED GLIDE WAXING
Below is the new standardized glide waxing protocol for all Colorado High School Ski League races, including the Colorado High School Activities Association’s State Championships.

The purpose for the standardization is to have coaches concentrate on coaching and not on finding the fastest glide wax, to create as level a playing field as is reasonable, and to reduce wax costs for all teams.

CHSSL and CHSAA expect adherence to this waxing protocol. Head Coaches are responsible to insure that all their skiers follow this protocol. It is up to the head coaches of the teams to control adherence to the waxing standardization with their assistant coaches, parents, and skiers. If for some reason a skier does not follow the proposed waxing protocol, they could be subject to disqualification from races.

All teams would only be allowed to glide wax for races with one of three glide waxes. The Race Director or head coach for each nordic race would notify all other CHSSL nordic coaches through the results coordinator (currently Karl Remsen at leadville.nordic@gmail.com) of what they believe the glide wax would be by 6 pm on the Wednesday before a Saturday race. This would be the only glide wax allowed on race skis for any skiers participating in this race. There should be no mixing of waxes or substituting brands.

The three waxes that have been chosen for the 2018-2019 season are the following:

1. Cold    Toko LF Blue (For temperatures below 20F)
2. Mid      Swix LF06x (For temperatures from 20F to 33F)
3. Warm     Swix HF08x (For temperature 33F and above)

This rule has no bearing on what kick waxes or klister waxes that teams would like to use for classic races.

SKI POLES
Unlike the 2016 FIS ruling about the length of ski poles for classic races, CHSSL skiers may use any size ski poles for a classic race.

PACING
Athletes being paced by coaches, spectators, or other athletes not in the competition will be subject to disqualification.

JURY
Before the start of the season, three coaches are randomly assigned to be on the jury for each race. These members are the members who would make any decisions at the race regarding rules infractions, disqualification, etc.
ENTRY FORMS
Online entry forms will be used for all races. Each coach will provide the results coordinator with a list of athletes who may compete during the season. The results coordinator will use this to create an entry form specific for each team. For each race, the coach for each team will send the results coordinator the form with the boxes denoting who is racing and what seed they are checked. The results coordinator will then combine these entries and send them to the host school for the race that week.

Coaches should make every effort to be timely in their entries. If a school does not send their entries in on time, the results coordinator will simply enter every skier from that school with random seeding.

ALL-STATE POINTS
All State points for the CHSSL Nordic skiers are calculated for each discipline and gender. The following scoring system is used:
1. Points are calculated as follows: For each regular season race, the top 30 in each race earn point based on World Cup points (1st = 100, 2nd = 80, 60, 50, 45, 40, 36, 32, 29, 26, 24, 22, 20, 18, 16, 15, 14, ... 1). At the state meet, these points are doubled (1st = 200, 2nd = 160 . . . 30th = 2 points).
2. Points are totaled and then skiers are ranked based on highest total.
3. Top five skiers for each discipline and gender at the end of the season are recognized as All-State skiers.

ALL-STATE POINTS USED TO SEED THE STATE MEET
All-State points that skiers have accumulated throughout the season will be used to seed the state meet.

In mass start races, the top two races for each skier in that discipline will be used to rank the skiers in order to place the skiers in a chevron start.

In individual start races, the top two races for each skier in that discipline will be used to split the field into A, B, C, and D seeds. The skiers who are Bye-to-State skiers will be an E seed. These seeds will be determined by dividing the field of skiers into about 4 groups of equal sizes. These seeds will then start in the order determined by the host school.

ROLE OF THE RESULTS COORDINATOR
The results coordinator for the Nordic ski side currently does the following:
1. Collect and pass on all entries to race directors.
2. Clean up results from races.
3. Calculate team scores for each race.
4. Use results to update and track All State, state qualifying, and skimeister points and lists.
5. Post all of the above on the CHSSL coaches’ site.

AREA RESPONSIBILITIES FOR HOSTING A MEET
These are minimum requirements for hosting a meet. Host schools may adopt stricter standards.

I. RACE VENUE AND FACILITIES
A. Nordic race courses should be run on trails appropriate for all levels of high school skiers.
B. Courses should be approximately 5 kilometers in length. In same day or continuous pursuit races, courses should be approximately 3 to 4 kilometers so that the total distance raced during the day does not exceed 8 kilometers.
C. Please provide proper safety equipment as needed.
D. As is possible, provide accessibility for spectators to the course and an area designated for athletes and spectators (for storage, changing, etc.).
II. SAFETY AND MEDICAL RESPONSE
A. Qualified medical personnel will be on site. The trainer on duty will provide any necessary emergency care unless a team had its own certified trainer on licensed medical physician. If one exists, an area medical plan should be passed out at the team captain’s meeting.

B. All race crews and volunteers should have knowledge of medical procedure plans should an accident occur during the meet.
C. Radio communication should be maintained throughout the race between appropriate race officials and medical personnel.
D. Administrators and medical personnel should have course diagrams and time schedules.
E. If temperature level drops (to) between -15º and -25ºC at any point on the course, recommendations regarding cold weather protection must be given to competitors and officials. In addition, the race officials should meet (preferably with the coaches) to decide if there will be any delays or changes to the race.
F. If the temperature in the major portion of the course is -25ºC or below, the competition shall be delayed or canceled.
G. Areas of the course that may cause injury must be marked and/or fenced off. (Reasonable accommodations to prevent injuries are mandatory.)

III. COST/LOGISTICS
Hosts should provide information to participating schools in a timely manner about race logistics, costs for the event, and, if necessary, lodging or restaurants within the proximity to race venue. This information can either be posted directly to the CHSSL website or sent to the results coordinator who will pass it on to coaches.

IV. RACE OFFICIALS
A. The host schools should have designated at least the following officials in some form: Race director, head of timing, chief of course, chief of start, chief of finish.
B. Race crews should be adequate for course maintenance.
C. Host schools should assemble a jury ahead of time that consists of at least three members, including at least one coach from another school, to make decisions as needed.

V. TIMING
Electronic timing should be used as the primary timing system for all events. All races must have a back-up timing system, preferably manual hand-timing.

IV. RESULT REPORTING
The race organizer is responsible for reporting individual results to the results coordinator for the appropriate discipline. These results will be posted on the CHSSL coaches website. Individual coaches are responsible for distributing these to media in their areas. CHSAA will download and publish these results on the CHSAA website (www.CHSAAnow.com).
SEEDING
In alpine events the second run of alpine events will use the Flip 15 method of seeding.

FORERUNNERS
The host school should obtain 3 to 5 forerunners from outside the school. The Technical Delegate reserves the right to add more forerunners.

JURY
The jury for each event shall be made up of the following voting members:
1. Technical delegates (TD)
2. Chief of race (CR)
3. Referee (REF)

*In the event that a qualified TD is not available for a race, a substituted TD shall be assigned by the Chief of Race, and or the coaches present at the coaches meeting. This substituted TD shall be the most experienced licensed USSA or FIS official present. The substituted TD shall not be another member of the jury (i.e. cannot also be the CR or REF) and shall have the authority of the actual TD for that race.

Note: There will be juries for each gender. No person can hold more than one position of the jury for any single event.

COURSES
Alpine race courses must be set to regulation specifications and course set separately for each gender for both regular season events and the state championships.

REFEREE’S REPORT
The referee’s report must be on the official form and displayed in the finish arena. Official disqualifications must be recorded on the referee report.

STARTS
There will generally be two types of starts
1. Fixed Interval Command (GS): “10” - After a 5 second pause, starter counts down to “5, 4, 3, 2, 1, Go” - Racer may start 5 sec before until 4 sec after “Go” Failure to start will result in DSQ.
2. Non-Fixed Interval (SL): Starter announces "Ready", followed by a few seconds later (Go) - Racer has 10 seconds to start. Failure to start will result in DSQ.

If a Racer scratched on race day, other seeds MAY NOT move up a seed to fill that vacated spot. Seeds cannot move up ever due to a scratch.

The “Golden Rule” will be used if disabled athletes are entered in the race. Please seed them as “0”.

RERUNS
Alpine contestants may request a rerun if they have suffered one of the following:
1. Obstruction by an official or a spectator;
2. Obstruction by an animal;
3. Obstruction by a racer who has fallen and has not cleared the course in time;
4. Objects on the course, such as ski poles, abandoned by a racer in a fall;
5. First-aid measures that obstruct the competitor;
6. Absence of a gate knocked down by a preceding racer and not replaced in time;
7. Any other similar occurrence outside the racers’ control, causing a fall, slowing or lengthening of their course, thus significantly influencing the result; or
8. Failure of both primary and backup timing including hand timing.

A racer must ski out of the course at the point where any of the above occurs in order to be eligible to request a rerun. If the racer crosses the finish line NO rerun will be granted.
Delayed Start: Competitor is absent when called to the start gate is SANCTIONED which may or may not include disqualification. This racer MAY be given a PRR (Provisional Rerun). All reruns need to be completed before the last racer starts.

**POSTING OF DQ’S**
All protests must be filed with the jury within 15 minutes at the finish following the referee report is posted. In the event the first run is held without sufficient time between the genders, the 15 minute protest period will be after the first runs of both genders have been completed. ALL PROTESTS MUST BE IN WRITING FROM THE COACH.

**ATHLETES WHO MISS THE START**
If a racer misses his/her start, and if they receive approval from the start referee or the jury, the athlete will start one from the last seeded skier. *This does not include gratis second runs.*

**2ND RUN START LISTS (FIELD SIZE)**
All alpine events must plan to run a second race for the full field. If the field size must be reduced to an appropriate percentage, this will be decided by the jury and announced one hour prior to the start of the race. *If the skier misses or is late for their start time, they will race before the last racer for that run.*

**SINGLE POLE GS**
The ski league will now allow the use of single pole Giant Slalom gates to align with USSA and FIS rules.

**ALL STATE**
All State points for the CHSSL Alpine skiers are calculated for each discipline and gender. The following scoring system is used:

1. For each regular season race, the top 20 in each race earn points (1st = 20, 2nd = 19, 3rd = 18, 4th = 17, 5th = 16, down to 20th = 1 point). At the state meet, these points are doubled (1st = 40, 2nd = 38 . . . 20th = 2 points).
2. Points are totaled and then skiers are ranked based on highest total.
3. Top eight skiers for each discipline and gender at the end of the season are recognized as All-State skiers.

**ALPINE SKI BIB NUMBERS**
All bibs worn by racers will have assigned numbers at the start of the season. These numbers will not change that season. Bibs must be visible at all times in the race venue including coat runs. Bibs numbers cannot be modified with tape. Racer must compete in the bib number assigned at entry. All Skiers must start a race with their school race bib number.

Bibs are the responsibility of the participant. If an individual shows up to a race without their bib, they will not be able to participate. The school coach may supply the racer with a substitute school bib with an unassigned number; this is a ONE-TIME substitution. If the bib is completely lost, it is up to the school to obtain a permanent replacement for this individual. In addition, it is the sole responsibility of the coach to keep track of the bibs and assigned numbers. It is also the responsibility of the coach to inform the Alpine Results Coordinator of any changes.
ALPINE REGULAR SEASON & STATE BIB NUMBER ASSIGNMENTS

<table>
<thead>
<tr>
<th>Location</th>
<th>Bib Range</th>
<th>Location</th>
<th>Bib Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Battle Mountain</td>
<td>(1-50)(800+)</td>
<td>Vail Mountain</td>
<td>(371-399)</td>
</tr>
<tr>
<td>Clear Creek</td>
<td>(51-99)</td>
<td>Summit</td>
<td>(400-464)</td>
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<td>Eagle Valley</td>
<td>(100-139)</td>
<td>Steamboat Springs</td>
<td>(476-524)</td>
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<td>(140-175)</td>
<td>Aspen</td>
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<td>Platte Canyon</td>
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ENTRY FORMS
Online entry forms will be used for all races. Racers added after the Tuesday/Wednesday (depending on the race day) 9:00 p.m. deadline or the day of the race will be entered as the very last seed for their gender.

Alpine coaches that submit late or incorrect race entries during the regular season or post season will be responsible for a fine (1st infraction is $20, 2nd is $40, 3rd and after is $60). This fine must be paid (to the Colorado High School Ski League) before the team may participate in the State Championships.

*CHANGE OF REGULAR SEASON VENUE PROTOCOL*
The Site Hosts owns and manages the assigned race. If a chance of venue is mandated due to weather or other unforeseen circumstances, the following guidelines apply:

1. The site host must meet with the assigned TD for the race to see if there are any other sites within their division that can host on that date.
2. The site host and TD will pick a new venue based on availability, cost, and location.
3. If no site in that division is available to host, the site host and TD will explore whether or not to combine the race with the other division at one site, or to look for a site in the other division that can host.
4. The Ski League President will be the communication liaison between the site host/TD and with the CHSAA.
5. The CHSAA Assistant Commissioner and the CHSAA Committee Chairperson will be involved with the final decision.

HELMETS - MANDATORY
Giant Slalom: Helmets designed and manufactured for the particular discipline of ski racing being contested are required for all competitors and forerunners in all events and official training. Every GS skier must have a FIS approved RH2013 helmet to start. In the event a skier starts without an approved helmet, they will be considered a DQ.

Slalom: Helmets must cover the head and ears. Helmets with spoilers or edges that stick out are not permitted. Protective features integral to the discipline being contested, such as chin guards on slalom helmets are permitted. Telemark skiers who are racing must comply with the hard sided helmet rules. Event specific slalom helmets are permitted.

GOPRO CAMERAS AND MOUNTS
Under no circumstances are GoPro cameras or mounts allowed on any part of your body during competition. These devices are considered hazardous and pose a serious safety threat. They are not allowed.

SKI POLES
Ski poles must comply with Colorado State Laws and must have straps and baskets properly attached at the time of race start.
SKI LENGTH & RADIUS
There is no specified minimum radius or length of GS or Slalom skis, however, we do encourage event specific skis.

LOST SKI & OVERTAKING A SKIER/NO PASSING RULE
In no event may a racer be allowed to pass a slower racer on a hill. It is the responsibility of the racer and the coach in the gate to inform the starter if an additional interval is needed to prevent a passing situation. In the event a skier is in position to overtake a slower skier, the uphill/faster skier must pullout of the race course and request a rerun based on interference. If approved by the jury, the skier may be granted a provisional rerun.

Hiking is only allowed in Slalom events (both during the regular season and state). You can replace a ski and hike to the missed gate as long as the racer is not passed by another skier, or interferes with another racer. Hiking is never allowed for Giant Slalom due to safety concerns.

2nd RUN RULE
All skiers who have a first run start are eligible for a non-scored second run. This includes skiers that did not finish or were disqualified. If a skier was DQ’d because of an improper helmet, they cannot get a second run. Gratis second runs will be at the end of the scored racers and will only be permitted if time and conditions exist (per the jury). Gratis second runners should appear on the second run start list. A line or other marker should appear to delineate the last scored racer. If a gratis second run racer is interfered with, they are not eligible for a rerun.

GOLDEN RULE
All special needs racers are encouraged to participate and they maybe seeded as "0". They may start before the second seed in the first run unless they are listed by their coach as the 1st seed. In the second run, they start after the flip. For example, if the flip is 15, they will start 16th.

ROLE OF THE RESULTS COORDINATOR
The results coordinator for the Alpine ski side currently does the following:
1. Collect entry fees and produce start lists for each race.
2. Clean up results from races.
3. Calculate team scores for each race.
4. Use results to update and track All State, state qualifying, and skimeister points and lists.
5. Post all of the above on the CHSSL coaches’ site.

AREA RESPONSIBILITIES FOR HOSTING A MEET
These are the minimum requirements for hosting a meet. The meet director can adopt stricter standards.

I. QUALITY RACE VENUE AND FACILITIES
A. Race Committee/Officials: shall be responsible for all technical aspects in the conduct of the competition, including course selection and preparation. The race committee shall be constituted as follows: The chief of race (chair), technical delegate, referee, start referee, finish referee, chief of course, chief of timing and calculations. These officials have the responsibility to enforce infractions of all rules. Other personnel needed are: gate judges, assistant starter, and hand timing crew.

B. Race Crews (recommend a certified technical delegate [TD]).
1. Adequate crew for course maintenance
C. Race Equipment Safety.
D. Accessibility for spectators.
E. Area designated for athletes and spectators (storage, changing, etc.)
F. Area for calculations for crew
G. Provide a minimum of 2 tickets per team or 1/8 racers
H. Lunches should be provided by area or host school for the workers.
II. SAFETY AND MEDICAL RESPONSE
A. Courses should be set to the level of skiers in the high school field.
B. All race crews and volunteers should have knowledge of first aid and medical procedure plans should an accident occur during the meet.
C. Radio communication must be maintained throughout the race. (5 min. for jury)
D. Administrators and medical personnel should have course diagrams and time schedules.
E. If temperature level drops (to) between -15º - -25ºC at any point on the course, recommendations regarding cold weather protection must be given to competitors and officials by the jury.
F. If the temperature in the major portion of the course is minus 25ºC or below, the competition shall be delayed or canceled.
G. Areas of the course that may cause injury must be marked and/or fenced off. (Reasonable accommodations to prevent injuries are mandatory.) Technical Delegate (TD) and Games Committee will confer on all decisions regarding safety.
H. Qualified medical personnel will be on site. The trainer on duty will provide any necessary emergency care unless a team has its own certified trainer on licensed medical physician. All injuries will be reported to the CHSAA liaison. Note: an area medical plan should be passed out at the team captain’s meeting.

III. COST/LOGISTICS
A. Provide information to participating schools of lodging or restaurants within the proximity to race venue.

IV. COMMUNICATIONS
A. Must send out all pre and post meet information in a timely manner to schools, coaches, and meet officials.
B. Specify costs for entry fees and results coordination in writing to each school participating.

V. TIMING
Electronic timing should be used as the primary timing system for all events and Split Second is strongly preferred. All races must have a back-up timing system, preferably manual hand-timing

VI. COURSE SETTING RULE
Only certified or qualified personnel who hold a current USSA Referee license should set courses. Course setters should follow the USSA Rules for U-16 age group regulations for setting a course. If a certified race crew is not available, it is the responsibility of the host school/home hill to supply appropriate course setters for the first run. Second run setters will be chosen at either the coaches meeting before the race or just prior to the race by the TD or jury.

VII. MEDICAL SERVICES
Medical personnel will be on site. The trainer on duty will provide any necessary emergency care unless a team has its own certified trainer or licensed medical physician. All injuries will be reported to the CHSAA liaison. An area medical plan should be passed out at the Team Captain’s meeting.

VII. USEFUL TOOLS
Memo board (wipe off) in the Start Area. This can be used to list 1st Run DQ’s, schedule changes, or just post the event schedule (program) for the day.

VIII. RESULT REPORTING
The race organizer is responsible for reporting individual results to the results coordinator for the appropriate discipline in a timely manner. These results will be posted on the CHSSL coaches’ website. Individual coaches are responsible for distributing these to media in their areas. CHSAA will download and publish these results on the CHSAA website (www.CHSAAnow.com).
CHSAA SKI REGULATIONS FOR THE STATE COMPETITION

STATE MEET HOST SITE HISTORY

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<th>Year</th>
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STATE MEET MANAGEMENT

The management of the state meet will be under CHSAA direction and governed by modified CHSAA and NCAA rules. The CHSAA State Ski Championships will have a Championship Committee made up of the Nordic and alpine race directors, the host school’s athletic director, and the CHSAA representative, who will have authority over the championships with regards to scheduling and venue changes. For an outline of the division of responsibilities between the host school, CHSAA, and CHSSL administrators, see below.

QUALIFYING REQUIREMENTS ALPINE

To qualify for state championships for Alpine in a specific discipline (GS or Slalom), a skier needs to be eligible and qualified in that specific discipline.

Eligible means that a skier must race in at least 2 out of the 3 races in that discipline.

Qualified means that in at least one race from that discipline the racer must finish in the top 1/3 of the starting field (cumulative times from both runs if there are two). A skier may qualify in one or both disciplines. If the skier qualified in only one discipline, then the skier can only compete in that discipline at the state ski meet.

Bye to State skiers: Each school is guaranteed a minimum of three skiers in each discipline. If the student-athlete does not meet the above qualifying requirement. All skiers given a “bye to state” will be seeded after skiers who have met the qualifying requirements. All “bye to state” skiers must be eligible.

QUALIFYING REQUIREMENTS NORDIC

To qualify for state championships for Nordic in a specific discipline (Classic or Freestyle), a skier needs to be eligible and qualified in that specific discipline.

Eligible means that a skier must race in and finish at least 2 out of the 3 or 4 races in that discipline.

Qualified means that in at least one race from that discipline the racer must finish in the top 45% of the finishing field. A skier may qualify in one or both disciplines. If the skier qualified in only one discipline, then the skier can only compete in that discipline at the state ski meet.

Bye to State skiers: Each school is guaranteed a minimum of three skiers in each discipline. If the student-athlete does not meet the above qualifying requirement. All skiers given a “bye to state” will be seeded after skiers who have met the qualifying requirements. All “bye to state” skiers must be eligible.
SKIMESTERS
During the State Championships, Skimeisters will be seeded via Flip 15 for the Alpine Races in order to ensure adequate time to get to their Nordic race.

ROUNDING OF QUALIFIERS
In determining qualifiers for both Alpine and Nordic (either top 1/3 or top 45%) the decimal .0 to .49 is rounded down and decimal .50 to .99 is rounded up.

WAIVERS
Any CHSAA athlete may submit a waiver to CHSAA if his or her coach feels that he or she should be allowed to compete in the State Championships, but the athlete has not qualified for some reason out of the athlete’s control. A separate form must be submitted for each racer and event for which a waiver is requested. All waivers must have accompanying documentation and the required signatures.

**Waivers will not be accepted after 1:00 pm on Thursday, February 20, 2020 for Nordic & Monday, February 24, 2020 for Alpine. Please plan ahead and submit prior to the deadline!**

The CHSAA liaison will review all waiver requests. Please contact the CHSAA liaison if you have any questions or concerns prior to your waiver submission. Athletic directors (not coaches) will be contacted on waiver decisions by the Tuesday prior to the state meet. Waivers may be submitted prior to the due date. **Official Waiver Form is below.**

WARM-UP ON THE HILL
A warm-up course should be provided by the host school at the state meet for the slalom. The course must be open to all skiers.

MEDICAL SERVICES
Qualified medical personnel will be on site. The ski patrol on duty will provide any necessary emergency care unless a team has its own certified trainer or licensed medical physician. All injuries will be reported to the CHSAA liaison.

SALE OF SOUVENIR ITEMS
No sale of souvenir items such as T-shirts, etc. without prior approval by the CHSAA office is permitted at any state tournament.

CHSAA BIBS FOR THE STATE MEET
Bibs must be visible at all times in the race venue, including coat runs. This does not include lifts, other trails, lodges, bathrooms or eating establishments. Bibs must be official CHSAA bibs with the proper assigned number for that event.

Sponsorship references, (tobacco, alcoholic, sexual vulgar, etc.) in conflict with educational mission and values of the CHSAA cannot be displayed on competitor bibs. **Penalty:** Inappropriate bibs worn by athletes can result in a disqualification.

**Host schools are responsible for managing, taking care of, and keeping track of all CHSAA Bibs. Host schools must make note of missing bibs and should report that information to Bethany at CHSAA ASAP. Any lost bibs will be charged to the past host school. Host school is responsible for the collecting and maintenance of bibs. A $50 fine will be assessed to a school’s athletic program for each bib not returned at the conclusion of the state meet.**

Racers must wear proper bibs with assigned number during their competition. Bibs cannot be modified with tape or any other materials.

JURY
There will be juries for each gender and each event. These may be that same jury for all genders and events or may be separate ones for each.
AWARDS
CHSAA gives out awards to the winners at the state meet will receive medals for places one through five in the Giant Slalom, Slalom, Classical, and Freestyle. A trophy for the first and second place teams overall (all four disciplines combined) for men and women will be presented.

The Colorado High School Ski League gives awards to the top 5 all-state skiers in both Nordic disciplines in each gender, the top 8 all-state skiers in both alpine disciplines in each gender, the top 5 skimeisters in each gender, and a coach of the year in both alpine and Nordic disciplines.

The awards ceremony for both of these sets of awards will follow the competition and will be open to the public. In the event of a tie, an additional medal or trophy will be ordered the Monday following state championships. Please contact Bethany to confirm additional orders for CHSAA awards or Bob Feroldi for additional orders of CHSSL awards.

ACTS OF GOD
The following policy statements represent the general operating procedures of the CHSAA regarding post-season games/events, tournaments/conferences that are threatened by acts of god. Circumstances not covered by this policy are left to the discretion of the CHSAA Office for directions and/or discussions where deemed appropriate.

Team Competition

1. **Dual:** The scheduled starting time and/or date of a contest/event may be adjusted upon consultation and mutual agreement of the administrators from the two affected schools as well as consultation with the CHSAA office.

2. **Tournament Conferences:** In the event inclement weather prevents a team(s) from arriving on time for a scheduled contest as part of a post-season tournament, the following steps will be enacted.
   a. When the number of schools participating is 25% or more that are unable to be present, the tournament/conference director, in consultation with the CHSAA, shall postpone all or part of the day’s contests/activities. Alternative brackets and time schedules shall be determined by the director, in consultation with the CHSAA, which may include the contest/tournament.

3. **When less than 25% of schools are not able to attend, the following procedures will be followed:**
   a. Notify the tournament director or designee with complete details a minimum of four hours before the scheduled starting time the day the tournament is to begin and/or other affected days of the tournament.
   b. If unable to arrive for the scheduled starting time, that segment of the bracket (match) will be moved to a later time slot that evening following the completion of scheduled contests.
   c. In the event “b” is not possible, the match(es) will be rescheduled the following morning where the schedule permits at a time to be set by the tournament director.
   d. In the event “c” is not possible and the contest(s) cannot be rescheduled due to a facility and/or schedule conflicts, etc. the contest shall be declared a forfeit. When a consolation bracket is available, the team unable to make the contest will enter the consolation bracket.

Individual Competition:

1. **Tournaments/Conferences.** In the event inclement weather prevents an individual(s) from arriving on time for a schedule event as part of a post-season tournament, the following will apply:
   a. In cases where less than ten percent of participants are affected, the event/tournament will continue as scheduled and the individual will forfeit his/her position in the draw. When a consolation bracket is involved, the participant(s) unable to make the scheduled match will enter the consolation bracket. (The sport specific rules apply, i.e. NFHS weigh-in policy).
   b. If a number of participants in excess of ten percent cannot be present prior to the official check-in period, but are planning to attend and contact the tournament director a minimum of four hours in advance of the tournament, the tournament director—in consultation with the CHSAA—may adjust the overall schedule for the purpose of allowing maximum participation.
   c. When the number of participants is 25% or more who are unable to be present, the tournament director—in consultation with the CHSAA—shall postpone all or part of the day’s contests/activities. Schedule/brackets and alternative plans shall be determined by the director-in consultation with the CHSAA-which may include extending the activity.
Division of Responsibilities for the State Meet

**CHSAA**
1. Produce the program for the competition.
2. Send a liaison to be available and present at all events for any questions or concerns.
3. Help to conduct the official ski committee meeting
4. Pay for appropriate expenses (meet officials, timing company, food, etc.)

**HOST SCHOOL**
1. Determine schedule of the meet.
2. Provide and plan for a coaches meeting and ski committee meeting on the night before the races. (This includes providing dinner in most cases.)
3. Hire timers.
4. Recruit volunteers
5. Be in charge of general logistics and running of the race. This includes parking, venue management, volunteers, etc.
6. Plan the banquet and awards ceremony for the last night.

**CHSSL RESULTS COORDINATORS**
1. Provide a list of state-qualified athletes to CHSAA for the state program.
2. Produce the start lists and send these to CHSAA and all coaches. They will need to work with host school to determine start times for races and format of races as needed to produce the start lists.
3. Calculate final team points, scores, and all state lists during and following the competition.
4. Produce a final list of award winners (possibly a slide-show presentation).

**SKI LEAGUE PRESIDENT**
1. Order ski league awards ahead of time.
2. Help to run the awards ceremony.
CHSAA STATE SKI WAIVER FORM

Waivers will not be accepted after 1:00 pm on Thursday, February 20, 2020 for Nordic & Monday, February 24, 2020 for Alpine.

This waiver form must be submitted to the CHSAA office no later than the listed deadline. Any athlete who misses any race due to a non-high school related activity will not meet the requirements for a waiver. Ex: If an athlete chooses to go on a college visit during their second race of a discipline, and then prior to the third race, they suffer a concussion, a waiver will not be accepted. Ex: If an athlete decides to attend a club race during the first race of a discipline and then cannot attend the second race of a discipline due to a road closure in a snowstorm, a waiver will not be accepted.

A separate form must be submitted for each racer and event for which a waiver is requested. Waivers will only be considered for skiers who have qualified but could not meet the 2/3 race eligibility.

1. ________________________________________________________________
   School

2. ________________________________________________________________
   Student’s Name

3. ________________________________________________________________
   Coach’s Name

4. Coach’s Phone Number___________________________________________

5. Is the athlete academically eligible:  yes  no

6. Races the athlete competed in and his or her placing in each: Qualified – Check box if Yes

   ________________________________________________________________
   ________________________________________________________________
   ________________________________________________________________

7. List all races that athlete missed or did not complete with explanation (please include any additional paper work to support waiver request).

   ________________________________________________________________
   ________________________________________________________________
   ________________________________________________________________

8. Please attach any written explanation needed to explain why this athlete deserves to race in the state competition although they are not officially eligible.

9. Students’ Signature______________________________________________
   Coach’s Signature______________________________________________
   Athletic Director’s Signature______________________________________

No waiver will be considered without all signatures

EMAIL:  Bethany Brookens – bbrookens@chsaa.org
SKIING STATE CHAMPIONSHIPS
HOSTED BY BATTLE MOUNTAIN HIGH SCHOOL & VAIL MOUNTAIN SCHOOL
FEBRUARY 27th and 28th, 2020

WEBSITE: http://www.eagleschools.net/husky-athletics

SCHEDULE

Wednesday February 26th:

5:00 pm Registration, Coaches Packets, Bibs, and Banquet Tickets @ Battle Mountain High School Cafeteria
6:00 pm Coaches Meeting @ Battle Mountain High School Lecture Hall
6:30 pm CHSAA Meeting @ Battle Mountain High School Lecture Hall

Thursday February 27th:

Giant Slalom @ Beaver Creek 9:30 Women’s First Run
                           11:00 Men’s First Run
                           1:00 Women’s Second Run
                           2:15 Men’s Second Run

Nordic Classic @ Maloit Park 3:00 Women’s Mass Start
                              3:30 Men’s Mass Start

Friday February 28th:

Slalom @ Beaver Creek        9:30 Women’s First Run
                              10:30 Men’s First Run
                              12:30 Women’s Second Run
                              1:30 Men’s Second Run

Nordic Skate @ Maloit Park  3:00 Men’s Individual Start
                              4:00 Women’s Individual Start

Dinner / Awards Banquet      6:00 pm / 7:00 pm at Battle Mountain High School Cafeteria
                              and Auditorium

Women’s Start (updated 2.20)
Men’s Start (updated 2.20)
PARKING

Parking for Alpine is available in the Big Bear and Elk lots ($10 per day); parents and spectators can park and ride the Beaver Creek bus up to the resort. School vehicles can drop athletes off at Beaver Creek and park in the Big Bear lot.

Parking for Nordic is available at Maloit Park, but it is limited. We ask that buses drop off athletes and park at Meadow Mountain, just off the Minturn exit.

Shuttle service will be available for Skimesters.

COSTS (approximate)

Alpine: $35 for GS (cost includes lift ticket) and $35 for SL (cost includes lift ticket)

Nordic: $22 per race.

**Make Nordic checks payable to SSCV and Alpine checks payable to BMHS.

BANQUET

There is a Banquet Sign Up form on the website. Coaches, please register all of your athletes and coaches planning to attend the banquet before the end of the day on Saturday, Feb. 22. Registration for the banquet will be unavailable after that day.
2020 CHSAA State Championships
February 27th & 28th

Nordic Schedule of Events

Monday, February 24th
12:00PM wax call made to all teams (Swix HF8, LF6 and Toko LF Blue are the options)

Tuesday, February 25th
12:00PM Start list published for distribution - Karl Remsen will be handling all entries

Thursday, February 27th, 2020
12:00 PM Course open for inspection - classic skiing only
2:50 PM Course closes for racing

Estimated start times - Classic Mass Start (7 lanes)
3:00 - High School Women..............5km
3:45 - High School Men...............5km

*Bib pick up will take place inside VSSA beginning at 1:00

Friday, February 28th, 2020 Skate Individual Start (15 seconds)
12:00 PM Course open for inspection - skate only
2:50 PM Course closed

Estimated start times - Individual Start Skate
3:00 - High School Women..............5km
3:45 - High School Men...............5km

*Bib pick up will take place inside VSSA beginning at 1:00
Other Info -
  • Bibs will be distributed in the school
  • There will be a $50.00 fee for lost or damaged bibs
  • There will be a $75.00 fee for lost or damaged timing chips

Entry fee
  • $22.00/athlete/race

Please make checks payable to SSCV

Waiver
  • Waivers need to be completed by Wednesday, February 26th
  • Waiver can be found here

Course Notes, Inspection and Course
  • No backwards skiing on course at anytime
  • Courses will close 10 minutes prior to the start of the first race and will remain closed for the duration of the races.

Miscellaneous
  • The gymnasium will be open for athletes and coaches. We will also have power and a coach area near the start/finish
  • Parking will be very limited. Buses will need to drop off and stage at the Forest Service lot near the I-70. We will also have a overflow lot located approximately 7 minutes from VSSA - shuttle service for those lots will be provided and will run every 15 minutes.
  • Bathrooms and locker rooms will be available - please make sure you instruct your athletes to be tidy
  • Additional bathrooms will be provided near the start/finish (outside)
  • Trails will be open both days --- skiing the technique of the race

Organizing Committee
Chief of Comp - Eric Pepper
Chief of Course - Christian Kloser
Chief of Stadium - Christian Kloser
Race Secretary - Carmen Weiland
Race Secretary Assistant - Taryn Milleti
Timing - RaceRite
Volunteer Director - Kiki Schmidt
**HOTELS**

**Comfort Inn** (ask for Sue)
161 W Beaver Creek Blvd, Avon, CO 81620
970-949-5511 $175.00

**The Christie Lodge** (No school bus parking)
47 E Beaver Creek Blvd, Avon, CO 81620
970-845-4500 Wed/Thurs $149.00, Friday $259.00

**Quality Inn & Suites**
0285 Market St, Eagle, CO 81631
(970)328-7878 $199.00

**Best Western Plus Eagle Lodge & Suites**
200 Loren Ln, Eagle, CO 81631
(970)328-6316 $150.00

**FOOD**

**Burger King**
015 Hurd Ln, Avon, CO 81620

**Subway**
47 E Beaver Creek Blvd, Avon, CO 81620

**Domino’s Pizza**
51 Beaver Creek Pl, Avon, CO 81620

**Wendy’s**
436 Edwards Access Rd, Edwards, CO 81632

**Smiling Moose**
1170 Edwards Village Blvd, Edwards, CO 81632

**McDonalds**
171 Yoder Ave, Vail, CO 81657