

Last Name	First Name	School	Dance Rules	Cheer Rules	Leading the Crowd	Sideline Dance	The 4 Why's of Coaching	Developing Leadership Skills In Our Athletes	You Mean I Have to Do My Own Choreography	Coaching 101	Tips From an Athletic Trainer	Dance Scoresheet	CHSAA Updates	Stunt Progressions	Dance Choreography	Workouts
Darras	Britni			X									X			
Fontes	Eric	Abraham Lincoln		X				X	X	X			X	X		
Palomares	Mariah	Abraham Lincoln		X	X			X	X	X			X	X		
Valerio	Caitlin	Air Acadmey		X	X		X	X					X	X		X
Simer	Jessica	Air Acadmey		X	X		X	X					X	X		X
Day	Sierra	Air Acadmey		X	X		X	X					X	X		X
Jefferson	Briana	Akron		X		X		X	X	X		X	X		X	
Steiner	Emily	Alameda		X	X			X	X	X			X	X		
Edice	Angela	Alamosa		X	X			X	X	X	X		X	X		
Timothy	Shuvon	Alamosa		X	X			X	X	X	X		X	X		
Anderson	Heather	Arvada		X	X			X	X	X	X		X	X		X
Powell	Rachael	Arvada		X		X			X	X	X	X	X		X	
Lovelv	Alex	Arvada West		X												
Wyss	Lori	Arvada West		X	X								X			
Peppel	Michaela	Arvada West		X									X			
Winkleblack	Sherry	Arvada West		X		X			X		X	X	X	X	X	
Gregory	Hannah	Aspen		X	X			X	X	X	X	X	X	X		
Ackerson	Michele	Aurora Central		X	X		X		X		X		X	X		
Helm	Christina	Basalt		X	X			X	X	X		X	X	X		
Whitmer	Aimee	Bavfield		X	X			X	X	X	X	X	X	X		
Kugle	Heather	Bavfield		X	X			X	X	X	X	X	X	X		X
Frank	Irene	Bear Creek		X			X				X	X	X	X		X
MacTargart	Kim	Bear Creek		X									X	X		X
McKav	Kassi	Berthoud		X									X			
Herrera	Mindy	Berthoud			X				X	X	X			X		
Billado	Robin	Berthoud			X				X	X	X		X	X		
Peshock	Amanda	Boulder			X			X		X			X	X		X
Leigh	Courtney	Boulder		X	X			X	X	X		X	X	X		X
Franca	Brian	Brighton		X									X			
Magagna	Veda	Broomfield								X						X
Steele	Brent	Broomfield		X	X			X	X	X			X	X		
Nitchoff	Carrie	Broomfield				X			X	X			X	X		X
Eliebracht	Erin	Broomfield		X	X		X	X	X	X			X	X		X
Heslop	Lindsey	Broomfield				X		X	X	X			X	X		X
Valdez	Tiffany	Broomfield		X	X			X	X	X			X	X		X
Lowry	Heidi	Brush		X	X			X	X	X			X	X		X
Coleman	MaryKate	Buena Vista		X	X			X	X	X			X	X		X
Flake	Sarah	Buena Vista		X	X		X	X	X				X	X		X
Neal	Amy	Burlington		X	X			X	X	X			X	X		X
Rivard	Andrea	Burlington		X	X	X		X	X	X			X	X		X
Campbell	Heather	Calhan		X	X			X	X	X			X	X		X
Wilkening	Jane	Caliche		X									X			
Smith	Alicia	Canon City		X		X			X	X	X	X	X		X	
Runvon	Kimberlie	Canon City		X	X			X	X	X			X	X		X
Hughes	Alexis	Castle View		X		X			X	X	X	X	X	X		X
Pearl	Eliann	Castle View		X	X			X					X	X		X
Acampora	Heather	Castle View		X									X			
Parrish	Sterphanie	Centauri		X									X			X
Marino	Angela	Centaurus		X	X		X	X					X			
Bickel	Lawrence "Guy"	Centaurus		X	X		X	X					X			
Lyons	Lucie	Centaurus		X	X		X						X	X		X
Brodak	Brianna	Central		X	X					X	X		X	X		X
Fuentes	Heather	Chapparral		X		X			X	X	X	X	X		X	
Zarraga	Brenda	Chapparral		X	X					X	X		X	X		
Reilly	Ashtyn	Chapparral		X	X					X	X		X	X		
Saunders	Heather	Chapparral		X	X					X	X		X	X		
Hevkoop	Cassie	Chatfield		X									X			
Little	Danielle	Chatfield		X	X		X	X					X	X		X
Woodvard	Kristy	Chatfield		X	X		X	X					X	X		X
Sheehy	Megan	Chatfield		X									X			
Girenko	Nika	Cherokee Trail				X		X	X	X			X	X		X
Morken	Carlie	Cherry Creek		X		X		X	X	X			X	X		X
Hester	McKenna	Cherry Creek							X				X			
Bruhn	Megan	Cherry Creek		X		X		X					X			X
Roberts	Jeanette	Cheyenne Mountain											X			
Roberts	jeanette	Cheyenne Mountain		X									X			
Thurmon	Alyssa	Coal Ridge		X		X		X					X	X		X
Winsett	Noelle	Coal Ridge		X		X		X		X			X	X		X
Sexton	Shelby	Coal Ridge		X		X		X		X			X	X		X
Nichols	Sierhamie	Comier		X									X			
Johnson	Malinda	Catle View		X		X			X	X	X	X	X		X	
Beasley	Angie	Dakota Ridge		X	X			X	X	X			X	X		X
Beasley	Angie	Dakota Ridge		X	X								X			
Blue	Jana	Denver East		X		X	X	X					X		X	
Hicks	Jessica	Denver East		X	X			X	X	X			X			
Frve	Kelly	D'evelyn		X									X			
Richie	Lindsey	D'evelyn		X	X				X	X	X		X	X		
Galvin	McKenzie	Discovery Canvon		X	X				X	X	X		X	X		
Paxton	Tami	Discovery Canvon		X	X				X	X	X		X	X		X
Montova	Christina	Doherty		X	X		X			X	X		X	X		X
Grimaldo	Danielle	Doherty		X								X	X			
Bouchard	Denise	Doherty		X	X				X	X	X		X	X		X
Johnson	Ashley	Dolores		X		X				X	X		X	X		X
Allen	Troy	Douglas County		X	X						X		X	X		
Chiarelli	Alisha	Eagle Crest		X		X		X					X	X		X
Olson	Kelsey	Eagle Crest		X	X			X		X			X	X		X
Gallegos	Tara	Eagle Ridge Academy		X	X			X		X			X	X		X

Nagel	Amanda	Eagle Valley		X	X					X						X	X	X	X	X
Julius	Chris	Eagle Valley		X			X										X			X
Ramunno	Cindy	Eagle Valley		X			X	X		X						X	X			X
Smith	Nichole	Eaglecrest		X	X			X									X	X		X
McGuire	Mexan	Eire		X													X			
Phillips	Amv	Elbert School		X			X										X			
Mackey	Marci	Elbert School		X			X										X	X		X
Dean	Kearie	Ellicott		X	X				X								X	X		X
Rode	Ginger	Englewood		X	X					X							X			X
Dinehart	Angela	EPHS		X	X						X						X	X		X
Iohannsen	Julie	EPHS		X	X						X						X	X		X
Incorvaia	Chelsea	Erie		X			X	X								X	X		X	X
Horner	Gina	Erie		X													X			
Phippis	Laura	Evergreen		X	X				X		X	X					X	X		
Isham	Alexis	Falcon		X			X			X	X						X	X		
Dunson	Courtney	Falcon		X			X			X	X						X	X		
Wilson	MaryAnn	Falcon		X	X			X									X	X		X
Klima	Rosanne	Falcon		X	X		X			X							X	X		X
Roskop	Jessica	Fort Morgan		X	X					X							X	X		X
Barber	Aquaila	Fossil Ridge		X	X					X	X						X	X		X
Haberkorn	Jordan	Fossil Ridge		X	X					X	X						X	X		X
Easton	Lindsey	Fossil Ridge		X	X					X	X						X	X		X
Rodriguez	Nikki Oyden	Fossil Ridge		X	X			X			X						X	X		X
Lavandar	Maryellen	Fountain Ft Carson			X						X						X	X		
Phifer	Brittnev	Frederick		X	X				X			X					X	X		X
Jacobs	Dori	Frederick		X	X			X			X						X			
Cholas	Gavla	Frederick		X			X			X							X		X	
Mizushima	Bobbie	Fruita Monument		X	X			X				X					X	X		X
Wallace	Princess	Ft Lupton		X													X			
Ludemann	Brooke	Gateway		X	X						X						X	X		X
Ernest	Jeremy	Gateway		X	X						X						X	X		X
Hysaw	Iamari	George Washington		X	X					X		X					X	X		X
Iordan	Jody	Glenwood Springs		X	X			X			X						X	X		X
Ostermiller	Amanda	Grand Valley		X			X	X		X							X		X	X
Schlehuber	Jenna	Grandview		X			X	X									X	X		X
Beranek	Megan	Grandview		X			X	X									X	X		X
Mehl	Megan	Grandview		X			X	X									X	X		X
Esteron	Ciara	Greelev Central		X	X						X	X					X	X		X
Deitering	Kavla	Greelev Central		X	X						X	X					X	X		X
Subia	Brodie	Greelev West		X	X				X		X	X					X	X		
Subia	Brodie	Greelev West		X	X												X	X		
Ochoa	Miranda	Greelev West		X	X				X		X	X					X	X		
Freemole	Pezzy	Greelev West		X			X										X	X		X
Crowder	Jessica	Green Mountain		X	X						X	X					X	X		X
Agler	Stephanie	Green Mountain		X	X						X	X					X	X		X
Thompson	Taylor	Green Mountain		X			X										X	X		X
Ungvarsvlev	Iason	Harrison		X	X					X	X	X					X	X		X
Ashby	Stephanie	Harrison		X	X					X	X	X					X	X		
Romeo	Nina	Heritage		X	X					X	X	X					X	X		X
Scott	Brittani	Highlands Ranch		X	X			X		X	X						X	X		
Scott	Tina	Highlands Ranch		X	X				X		X						X	X		
Morelli	Regina	Hoehne		X	X			X			X						X	X		X
Heldenbrand	McKenna	Holyoke		X	X						X	X					X	X		X
Kellev	Vanessa	Horizon		X	X						X						X	X		X
Heidrick	Liz	Hotchkiss		X						X	X	X					X	X		
Renholm	Carvn	James Irwin		X	X					X	X						X	X		
Croix	Katie St.	John F Kennedy		X			X	X			X						X	X		
Schad	Roni	John F Kennedy		X	X						X	X	X				X	X		
Wood	Miranda	Kennedy		X						X	X						X	X		
Nunez	Ruthy	Kennedy		X						X	X						X	X		X
Griego	Regina	La Veta		X			X				X	X					X	X		X
Ramsav	Heather	Lamar		X	X			X		X	X	X					X	X		
Henderson	Karen	Lamar		X	X			X		X	X						X	X		
Godfrev	Alexis	Legend		X				X			X						X	X		X
Wilson	Hannah	Legend		X			X				X	X					X	X		X
Hackenbergl	Makenzie	Legend		X	X				X		X						X	X		X
Bazanac	Thai	Legend		X	X				X		X						X	X		X
Pearce	Christina	Lewis Palmer		X			X			X							X	X		X
Claren	Bavlee	Liberty		X	X						X						X	X		X
Williams	Sarah	Liberty		X	X						X	X					X	X		X
Smith	Ashley	Longmont		X	X						X	X					X	X		X
Ginn	Amanda	Longmont Christian School		X			X				X						X	X		X
Hall	Stephanie	Lotus School for Exce		X			X			X	X						X	X		X
Woudenbergl	Jennifer	Lutheran		X													X	X		
Tittman	Paige	Lutheran		X	X			X		X							X	X		X
Hughes	Abbv	Lvons		X	X			X		X							X	X		
Blasini	Taylor	Manitou Springs			X			X			X						X	X		
Padilla	Christine	Manzanola		X	X			X									X	X		X
Martin	Emilv	MCHS		X	X			X				X					X	X		X
Brady	Austin	Montbello		X							X						X	X		X
Ocansev	Enockina	Montbello		X	X				X		X						X	X		
Davis	Mercedes	Montbello		X					X								X	X		
Harshman	Melisa	Mountain View		X	X			X			X						X	X		
Merrill	Stephanie	Mountain View		X	X			X			X						X	X		
Johnson	Elizabeth	Mountain Vista		X													X			
Conlev	Kalena	Mountain Vista		X			X			X	X	X					X	X		X
Trimble	Keri	Mountain Vista		X													X	X		
Cowan	Stephanie	Mountain Vista		X													X	X		
Hurlburt	Hannah	Northridge		X			X			X	X	X					X	X		X
Rivera	Ramiro	Northridge			X						X	X	X				X	X		X
Rivera	Romiro	Northridge		X													X	X		X

