



Colorado High School Swim Coaches Association 2017 Dick Rush Memorial Boys Swimming & Diving Invitation

From: CHSSCA, Ron Johns - (303) 229-2298 (cell); johnsrswim@msn.com

Date: **Saturday, March 18, 2017**

Pool: Veterans' Memorial Aquatic Center (VMAC)
136th and Holly Street, Thornton, Colorado 80602
East of I-25 on 136th Avenue, past Colorado Boulevard

Site

Coordinator: Ron Johns and VMAC Staff

Conduct: This meet will be conducted in a Preliminary and Finals format. Diving preliminaries will be conducted while the Swimming preliminaries are in progress.

Prelims

Warm-Up	7:00 - 8:20 am
Start: Swim	8:30 am
Start: Diving	9:00 am
Swim Coach Meeting	7:30 am (time limit 30 minutes)
Dive Coach Meeting	8:00 am

***Only the top Four Swimmers/Divers from a team may advance to the finals.
Only one Relay from a team may advance to the finals.***

Finals

Warm-Up	2:00 pm
Start	3:00 pm (10 lane consolation and final heat)

Scoring: Top 20 from Preliminaries will compete in the evening championships
Individual: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1
Relays: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2

Only top Four Swimmers/Divers from a team can compete/score in the finals.

Awards: Team: Top Two Teams for both 5A and 4A schools
Individual: Individual Award for 1st Place

- **HOYT BRAWNER Award**
Nominees must be a senior. Selection criteria will be based on Academics, Citizenship, and Athletic Achievement. **Only typed nominations will be accepted** and must be submitted prior to the start of the preliminary session.
- **ATHLETE of the MEET (High Point):**
Selected based on performance during this meet.

Entry Fees: **\$65.00 per team plus \$8.00 per Swimmer/Diver, including swimmers listed as alternates for relays.**

Please mail before meet to: **Chatfield Swim-Dive**
Attn: Ron Johns, Chatfield High School Swim Coach
7227 S Simms St., Littleton, CO 80127

*Please provide proof of times with Hy-Tek entry report. Times slower than Qualification Standards **WILL** be challenged. A \$25 fine will be assessed for those that cannot be proved. You **MUST** bring proof of times if not provided with entries.*

Entries Due: Tuesday **March 14, 2017. Only Hy-Tek entries will be accepted.**

Admission: Adults \$ 7.00 per session, \$ 10.00 All Day
Seniors (60+) \$ 5.00 per session, \$7.00 all day
Students \$5.00 per session with school activity sticker

Programs: \$ 5.00 Preliminaries
\$ 1.00 Finals (Heat Sheet Only)

Entries: **Ron Johns, Entry Chair:** johnsrswim@msn.com

- Hy-Tek file with entries (**Team Abbreviation use CHSAA Bulletin**)
- Entry Report of your entries with Proof of Times.**
(**Entry Report pdf file please with entries and proof of times**)
Use Hy-Tek report option "Include Proof of Times" on the entry report.
- REMEMBER: Dive Entries, I need the names of your divers.**
- Please include full team name and coach's full name in your email to help us ensure we do not miss any entries.

Email: **Please send all emails to Ron Johns @ johnsrswim@msn.com.** All entries will be sent a reply upon receipt.

Rules:

- 1) An athlete may enter a maximum of 4 events with no more than 2 as individual events.
- 2) Each team may enter unlimited competitors per individual event.
Only Four (4) Individual Competitors per team will be allowed to compete in the Finals.
- 3) Two (2) Relays per School may be entered in the Relay Events, only one may advance to finals.
Please include all relay entrants (8 allowed) with your entries.
- 4) Teams may divide their team into multiple squads. These must be entered as separate teams with unique team name. Athletes may not transfer between squads, defined teams, during this meet.

Diving: Divers will perform 11 dives following championship meet format. Cut to 20 after 5 rounds and 16 after 8 rounds. **Dive Cards are due** at start of meet warm-up, 7:00 am. Please have your card ready when you walk in the door! We will be running eDive.

Qualifying Standards:

Standards may have been achieved during past seasons and/or non-HS competitions.

	Yards
200 MEDLEY RELAY	1:59.0
200 FREESTYLE	2:02.5
200 INDIVIDUAL MEDLEY	2:17.5
50 FREESTYLE	0:25.0
DIVING	160 for 6 Dives, 270 for 11 Dives
100 BUTTERFLY	1:02.5
100 FREESTYLE	0:54.5
500 FREESTYLE	5:39.0
200 FREESTYLE RELAY	1:44.0
100 BACKSTROKE	1:04.0
100 BREASTSTROKE	1:10.5
400 FREESTYLE RELAY	3:55.0

Coaches: **Please adhere to these standards. Times slower than Qualification Standards WILL be challenged. A \$25 fine will be assessed for those times that cannot be proved; PLEASE bring proof of times. Your school ADs will be billed. We want a quality meet with a reasonable timeline.**

Swimmers with a Disability may attend and compete. Please contact Ron Johns, 303-229-2298 for athlete consideration.