2019 - 2020
Colorado High School Swim-Dive Coaches Association
Boys' Swimming and Diving
Dick Rush Memorial Invitational

HOSTED BY: CHSSCA, Ron Johns - (303) 229-2298, cohsswimdive@gmail.com
DATES: Friday, March 20, 2020  Dive Prelims
   Saturday, March 21, 2020  Swim Prelim and Finals
Location: Veterans’ Memorial Aquatic Center (VMAC)
          5310 E 136th Ave. Thornton, Colorado 80602

MEET DIRECTOR: Ron Johns - (303) 229-2298, cohsswimdive@gmail.com
DOORS WILL OPEN TO ALL COACHES, COMPETITORS AND SPECTATORS AT 6:30AM.

TIME SCHEDULE
Friday, March 20 – Dining Prelims & Semifinals
3:00pm  Warmup
4:45pm  Boards Clear  Diver/Officials Meeting
5:00pm  Start

Saturday, March 21 – Swim Prelims
7:00am  Warmup
8:15am  Pool Cleared, Coaches Meeting
8:30am  Start

Only the top Four Swimmers/Divers from a team may advance to the finals.
Only one Relay from a team may advance to the finals.

Saturday, March 21 – Swim and Dive Finals
1:30pm  Warm-Up
2:45pm  Pool Cleared, Coaches Meeting
3:00pm  Start

NOTE: We will run heats of 50 Free for adaptive athletes at the start of the Final Session.
Provide the name of potential athletes you would like to participate in this special event.

ENTRY FEE: $70.00 per team plus $10.00 per Swimmer/Diver - names on your meet roster
Please send or Bring to meet amount due payable to Chatfield HS Swim-Dive
C/O: Nikki Lucas, Athletic Secretary Chatfield Senior High School
303-982-3555  Nicole.Lucas@jeffco.k12.co.us
Chatfield HS, 7227 S Simms St, Littleton CO 80127
Electronic payments contact:
   Katie Mohr, Financial Secretary Chatfield Senior High School
   303 982-3549  Katie.Sullivan-Mohr@jeffco.k12.co.us
   Jeffco Schools use Accounting string SR030 450000 73200 1788

ENTRIES: DUE Tuesday, March 17th @ Midnight to Ron Johns.
Please email your Hy-Tek entries to cohsswimdive@gmail.com
All potential relay swimmers (up to 8) MUST be included on your entry report.
Relay members will be declared on the day of the meet.
Please include team and coach’s contact information in your email.

Ron Johns 303-229-2298, email: cohsswimdive@gmail.com
RULES:
- A swimmer/diver may be entered in a maximum of 4 events with no more than 2 as individual events.
- Each team may enter an unlimited number of entries per individual event. Four competitors from each team are eligible to advance to the finals.
- Each team may enter a maximum of 2 entries per relay event. One relay team from each school will be allowed to advance to the finals.
- Athletes that do not achieve qualifying standards will be required to provide proof of achievement.
- All diving entries/cards must be submitted to https://www.cleanentries.com/.

Meet Name: 2020 CO HS Dick Rush Invitational
Dive list Registration Closes: March-18, 10:00 PM MDT
Changes will be permitted until 60 minutes prior to the start of each diving event.

SCORING:
Top 20 from Preliminaries will compete in the evening championships
Individual: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1
Relays: 48-42-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2

AWARDS:
Team: Top Team for 5A, and 4A schools
HOYT BRAWNER Award
Nominees must be a senior. Selection criteria will be based on Academics, Citizenship, and Athletic Achievement.
Nominations must be in a Written (Typed) and submitted prior to the end of the preliminary session.
ATHLETE of the MEET (High Point)

ADMISSION: $5 per session
- Dive Prelims
- Swim Prelims
- Finals (Swim & Dive)

Qualifying Standards are listed below. Standards can be achieved during past seasons or non-HS competitions. Any recorded time is acceptable.

<table>
<thead>
<tr>
<th>Event</th>
<th>Yards</th>
<th>Meters</th>
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<tbody>
<tr>
<td>200 MEDLEY RELAY</td>
<td>2:04.0</td>
<td>2:18.26</td>
</tr>
<tr>
<td>200 FREESTYLE</td>
<td>2:03.0</td>
<td>2:16.28</td>
</tr>
<tr>
<td>200 INDIVIDUAL MEDLEY</td>
<td>2:22.0</td>
<td>2:37.76</td>
</tr>
<tr>
<td>50 FREESTYLE</td>
<td>25.0</td>
<td>27.98</td>
</tr>
<tr>
<td>DIVING</td>
<td>160</td>
<td>160</td>
</tr>
<tr>
<td>100 BUTTERFLY</td>
<td>1:03.0</td>
<td>1:10.18</td>
</tr>
<tr>
<td>100 FREESTYLE</td>
<td>55.0</td>
<td>1:01.11</td>
</tr>
<tr>
<td>500 FREESTYLE</td>
<td>5:40.0</td>
<td>5:40.0</td>
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<tr>
<td>200 FREESTYLE RELAY</td>
<td>1:50.0</td>
<td>2:02.76</td>
</tr>
<tr>
<td>100 BACKSTROKE</td>
<td>1:04.0</td>
<td>1:11.10</td>
</tr>
<tr>
<td>100 BREASTSTROKE</td>
<td>1:11.0</td>
<td>1:18.26</td>
</tr>
<tr>
<td>400 FREESTYLE RELAY</td>
<td>4:05.0</td>
<td>4:32.93</td>
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Coaches: Adhere to these Standards.
Swims that don’t meet minimum Qualification Standards will require proof of achievement. Divers cut after 5 dives will require proof of achievement.
$25 fine will be accessed for those who cannot provide proof, School ADs will be billed.

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