

**2021 GIRLS SWIM AND DIVE STATE CHAMPIONSHIPS @ VMAC
NEW 3A: Monday, March 15th**

Timeline has been revised from previous versions

SCHEDULE IS TENTATIVE AND SUBJECT TO CHANGE

Diving	Event 6: 100 Free
8:40 am – Divers arrive & warm-up	4:00 pm – Swimmers arrive & warm-up
9:45 am – Clear pool; meeting with Dive Referee	4:25 pm – Clear pool and move to heating areas
10:00 am – Diving begins	4:30 pm – Heat 1 followed by Heat 2
1:00 pm – Awards following the conclusion of last dive & facility cleared <u>by</u> 1:00 pm	4:55 pm – Awards immediately following Heat 2 & facility cleared of 100 Free <u>by</u> 4:55 pm
Event 1: 200 Medley Relay	Event 7: 500 Free
1:00 pm – Swimmers arrive & warm-up	4:30 pm – Swimmers arrive & warm-up
1:25 pm – Clear pool and move to heating areas	4:55 pm - Clear pool and move to heating areas
1:30 pm – Heat 1 followed by Heat 2	5:00 pm – Heat 1 followed by Heat 2
2:00 pm – Awards immediately following Heat 2 & facility cleared of 200 Medley Relay <u>by</u> 2:00 pm	5:25 pm – Awards immediately following Heat 2 & facility cleared of 500 Free <u>by</u> 5:25 pm
Event 2: 200 Free	Event 8: 200 Free Relay
2:00 pm – Swimmers arrive & warm-up	5:25 pm – Swimmers arrive & warm-up
2:25 pm – Clear pool and move to heating areas	5:50 pm – Clear pool and move to heating areas
2:30 pm – Heat 1 followed by Heat 2	5:55 pm – Heat 1 followed by Heat 2
2:55 pm – Awards immediately following Heat 2 & facility cleared of 200 Free <u>by</u> 2:55 pm	6:25 pm – Awards immediately following Heat 2 & facility cleared of 200 Free Relay <u>by</u> 6:25 pm
Event 3: 200 IM	Event 9: 100 Back
2:30 pm – Swimmers arrive & warm-up	6:25 pm – Swimmers arrive & warm-up
2:55 pm - Clear pool and move to heating areas	6:45 pm - Clear pool and move to heating areas
3:00 pm – Heat 1 followed by Heat 2	6:50 pm – Heat 1 followed by Heat 2
3:25 pm – Awards immediately following Heat 2 & facility cleared of 200 IM <u>by</u> 3:25 pm	7:15 pm – Awards immediately following Heat 2 & facility cleared of 100 Back <u>by</u> 7:15 pm
Event 4: 50 Free	Event 10: 100 Breast
3:00 pm – Swimmers arrive & warm-up	6:50 pm – Swimmers arrive & warm-up
3:25 pm - Clear pool and move to heating areas	7:10 pm - Clear pool and move to heating areas
3:30 pm – Heat 1 followed by Heat 2	7:15 pm – Heat 1 followed by Heat 2
3:55 pm – Awards immediately following Heat 2 & facility cleared of 50 Free <u>by</u> 3:55 pm	7:35 pm – Awards immediately following Heat 2 & facility cleared of 100 Breast <u>by</u> 7:35 pm
Event 5: 100 Fly	Event 11: 400 Free Relay
3:30 pm – Swimmers arrive & warm-up	7:35 pm – Swimmers arrive & warm-up
3:55 pm - Clear pool and move to heating areas	7:55 pm – Clear pool and move to heating areas
4:00 pm – Heat 1 followed by Heat 2	8:00 pm – Heat 1 followed by Heat 2
4:25 pm – Awards immediately following Heat 2 & facility cleared of 100 Fly <u>by</u> 4:25 pm	Awards immediately following Heat 2 for both event 11 & team

*Events will not start before scheduled time; however, entry times could be earlier depending on situation.