

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012**  
**STATE TRACK & FIELD CHAMPIONSHIPS**  
**Jefferson County Stadium, Lakewood**  
**Results**

**Event 121 Boys 100 Meter Dash 4A****9 Advance: Top 3 Each Heat plus Next 3 Best Times**

=====  
National: N 10.15 1990 Henry Neal, Greenville HS, TX  
Colo. Prep: C 10.27 2012 Raymond Bozmans, Fort Collins HS  
State Meet: R 10.53 2000 Gregg Trigg, Fountain-Ft Carson HS  
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Name	Year	School	Prelims	Wind	H#
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## Preliminaries

1	Harrison Einspahr	SR	Broomfield	10.68Q	1.0	1	
2	Jaylyn Mars	JR	Mullen	10.82Q	0.7	2	10.816
3	Brandon Cartagena	JR	Vista Ridge	10.82Q	1.0	1	10.819
4	Josh Lewis	SR	Vista Ridge	10.92Q	0.7	2	
5	Demetrius Warren	JR	Vista Ridge	10.94Q	1.0	1	
6	Zach Solomon	SR	Erie	10.95Q	0.7	2	
7	Sean Robnett	SR	Broomfield	10.96q	0.7	2	
8	Kalen Ballage	SO	Falcon	11.02q	0.7	2	
9	Christian Mccaffrey	SO	Valor Christian	11.03q	1.0	1	
10	Johnny Quintana	SO	Pueblo South	11.04	0.7	2	
11	Zac McCoy	JR	Canon City	11.07	1.0	1	
12	Demetrius Graves	SO	Harrison	11.11	0.7	2	
13	Phillip Lindsay	JR	Denver South	11.14	1.0	1	
14	Ben Wood	SO	Silver Creek	11.28	0.7	2	
15	Traveion Paillette	JR	Sierra	11.29	0.7	2	
16	Braxton Peats	SR	Valor Christian	11.38	1.0	1	
--	Abijah Cannonier	SO	Thomas Jefferson	FS	1.0	1	
--	Trey Harrison	SR	Skyline	DNS	1.0	1	

**Event 121 Boys 100 Meter Dash 4A**

=====  
National: N 10.15 1990 Henry Neal, Greenville HS, TX  
Colo. Prep: C 10.27 2012 Raymond Bozmans, Fort Collins HS  
State Meet: R 10.53 2000 Gregg Trigg, Fountain-Ft Carson HS  
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Name	Year	School	Finals	Wind	Points
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## Finals

1	Harrison Einspahr	SR	Broomfield	10.64	2.0	10
2	Josh Lewis	SR	Vista Ridge	10.71	2.0	8
3	Brandon Cartagena	JR	Vista Ridge	10.72	2.0	7
4	Jaylyn Mars	JR	Mullen	10.76	2.0	6
5	Demetrius Warren	JR	Vista Ridge	10.98	2.0	5
6	Zach Solomon	SR	Erie	11.05	2.0	4
7	Christian Mccaffrey	SO	Valor Christian	11.06	2.0	3
8	Kalen Ballage	SO	Falcon	11.13	2.0	2
9	Sean Robnett	SR	Broomfield	11.31	2.0	1

**Event 122 Boys 200 Meter Dash 4A****9 Advance: Top 3 Each Heat plus Next 3 Best Times**

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National: N 20.13 1985 Roy Martin, Dallas Roosevelt HS, TX  
Colo. Prep: C 20.70 2005 Jeremy Dodson, George Washington HS  
State Meet: R 21.10 1998 Corky Stark, Rifle HS  
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Name	Year	School	Prelims	Wind	H#
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## Preliminaries

1	Harrison Einspahr	SR	Broomfield	21.85Q	+0.0	2
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**Results**

**....Event 122 Boys 200 Meter Dash 4A**

2	Brandon Cartagena	JR Vista Ridge	22.08Q	-2.1	1
3	Jaylyn Mars	JR Mullen	22.16Q	-2.1	1
4	Vaughn Wingo	SR Harrison	22.17Q	+0.0	2
5	Sean Robnett	SR Broomfield	22.23Q	-2.1	1
6	Zac McCoy	JR Canon City	22.24Q	+0.0	2
7	Traveion Paillette	JR Sierra	22.33q	+0.0	2
8	Demitrius Warren	SR Vista Ridge	22.37q	-2.1	1
9	Pierre Copeland	SO Vista Ridge	22.57q	+0.0	2
10	Josh Lewis	SR Vista Ridge	22.71	+0.0	2
11	Kalen Ballage	SO Falcon	22.80	-2.1	1
12	Andy Browning	SR Moffat County	22.85	+0.0	2
13	Christian Mccaffrey	SO Valor Christian	22.93	-2.1	1
14	Alex Inscoe	JR Golden	22.99	+0.0	2
15	Abijah Cannonier	SO Thomas Jefferson	23.35	-2.1	1
16	DeMaurio Williams	SR Harrison	23.46	+0.0	2
17	Nathan Brewer	SR Thomas Jefferson	23.61	-2.1	1
--	Trey Harrison	SR Skyline	DNS	-2.1	1

**Event 122 Boys 200 Meter Dash 4A**

National:	N	20.13	1985	Roy Martin, Dallas Roosevelt HS, TX
Colo. Prep:	C	20.70	2005	Jeremy Dodson, George Washington HS
State Meet:	R	21.10	1998	Corky Stark, Rifle HS

Name	Year	School	Finals	Wind	Points
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Finals

1	Harrison Einspahr	SR Broomfield	21.66	1.4	10
2	Brandon Cartagena	JR Vista Ridge	21.87	1.4	8
3	Vaughn Wingo	SR Harrison	21.92	1.4	7
4	Jaylyn Mars	JR Mullen	22.04	1.4	6
5	Demitrius Warren	SR Vista Ridge	22.28	1.4	5
6	Traveion Paillette	JR Sierra	22.35	1.4	4
7	Zac McCoy	JR Canon City	22.37	1.4	3
8	Sean Robnett	SR Broomfield	22.49	1.4	2
9	Pierre Copeland	SO Vista Ridge	22.83	1.4	1

**Event 123 Boys 400 Meter Dash 4A**

**9 Advance: Top 3 Each Heat plus Next 3 Best Times**

National:	N	45.25	1993	Calvin Harrison, Salinas North H
Colo. Prep:	C	46.23	2006	J.T. Scheuerman, Littleton HS
State Meet:	R	46.93	2011	Boris Berian, Widefield HS

Name	Year	School	Prelims	H#
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Preliminaries

1	Zac McCoy	JR Canon City	48.94Q	2
2	Jordan Chavez	JR Pueblo County	50.17Q	1
3	Logan Stout	SR Pueblo County	49.29Q	2
4	Braden Hitchcock	SR Longmont	50.21Q	1
5	Michael Fera	JR Conifer	49.76Q	2
6	Gabe Brown	SO Sand Creek	50.45Q	1
7	Victor Cornwell	SR Pueblo West	50.78q	2
8	Steven Atkins	JR Erie	50.96q	1
9	Brodie Hicks	JR Falcon	51.01q	1

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012****STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Results****....Event 123 Boys 400 Meter Dash 4A**

10 Ridge Strickler	SR Summit	51.39	1
11 Brock Arnold	SR Pueblo Central	51.44	2
12 Paton Lovett	SR Battle Mountain	51.49	1
13 Damien Johnson	JR Sierra	51.78	1
14 Ryan Parker	SR Discovery Canyon	52.21	2
15 Zach Solomon	SR Erie	52.47	2
16 Linford Ocloo	JR Harrison	52.49	2
17 Noah Gabel	JR Vista Ridge	52.74	1
-- Reid Bervik	SR D'Evelyn	DNS	2

**Event 123 Boys 400 Meter Dash 4A**

National: N 45.25	1993	Calvin Harrison, Salinas North HS, C
Colo. Prep: C 46.23	2006	J.T. Scheuerman, Littleton HS
State Meet: R 46.93	2011	Boris Berian, Widefield HS

Name	Year	School	Finals	Points
=====				
Finals				
1 Zac McCoy	JR	Canon City	48.90	10
2 Michael Fera	JR	Conifer	49.52	8
3 Jordan Chavez	JR	Pueblo County	49.54	7
4 Braden Hitchcock	SR	Longmont	49.56	6
5 Logan Stout	SR	Pueblo County	49.59	5
6 Gabe Brown	SO	Sand Creek	50.21	4
7 Brodie Hicks	JR	Falcon	51.56	3
8 Victor Cornwell	SR	Pueblo West	53.01	2
9 Steven Atkins	JR	Erie	53.80	1

**Event 124 Boys 800 Meter Run 4A**

Four Alley Boxes with 1-turn Stagger

National: N 1:46.45	1996	Michael Granville, Bell Gardens HS
Colo. Prep: C 1:51.23	2001	James Hatch, Fairview HS
State Meet: R 1:52.18	2011	Boris Berian, Widefield HS

Name	Year	School	Finals	Points
=====				
1 Alfredo Lebron	SR	Moffat County	1:55.01	10
2 Joe Mitchem	SR	Broomfield	1:55.05	8
3 Jackson Sayler	JR	Evergreen	1:55.18	7
4 Quin Ralston	SR	Coronado	1:55.78	6
5 Connor Timms	SR	Skyline	1:58.85	5
6 Christian Levenson	SR	Glenwood Springs	1:59.50	4
7 Brandon Gallardo	JR	John F. Kennedy	1:59.51	3
8 Andrew Mansfield	SR	Glenwood Springs	1:59.58	2
9 Alani Estrella	SR	Centaurus	2:00.11	1
10 Nick Taylor	SR	D'Evelyn	2:01.20	
11 Daniel Lara	JR	Thompson Valley	2:01.33	
12 Sam Skolnekavich	SR	Pueblo East	2:01.61	
13 Abdiaziz Abukar	JR	Denver South	2:02.63	
14 Joe Maloney	JR	Durango	2:04.19	
15 Micah Aragon	JR	Pueblo Central	2:04.36	
16 Rene Molina	SR	Moffat County	2:05.41	
17 Gus Waneka	SR	Thompson Valley	2:06.45	
18 Mitchell Klomp	SR	Pueblo South	2:08.44	

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012****STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Results****Event 125 Boys 1600 Meter Run 4A**

Two Super Alleys with 1-turn Stagger

National: N 3:59.51 2001 Alan Webb, South Lakes HS, VA  
 Colo. Prep: C 4:10.98 1981 Rich Martinez, Widefield HS  
 State Meet: R 4:12.61 2002 David Olson, Lewis-Palmer HS

Name	Year	School	Finals	Points
1 Nick Harris	SR	Niwot	4:18.79	10
2 Joe Mitchem	SR	Broomfield	4:19.90	8
3 Quin Ralston	SR	Coronado	4:22.24	7
4 Daniel Lara	JR	Thompson Valley	4:22.46	6
5 Jackson Sayler	JR	Evergreen	4:24.50	5
6 Connor Timms	SR	Skyline	4:24.93	4
7 Ben Forsee	SR	Broomfield	4:25.99	3
8 Joe Maloney	JR	Durango	4:27.77	2
9 Chandler Reid	JR	Centaurus	4:28.69	1
10 Alfredo Lebron	SR	Moffat County	4:30.17	
11 Bryce Gregoire	SR	Falcon	4:31.63	
12 Justin Weinmeister	JR	Windsor	4:34.29	
13 Nick Taylor	SR	D'Evelyn	4:35.93	
14 Kory Skattum	SR	Broomfield	4:37.20	
15 Ethan Gonzales	SO	Broomfield	4:38.81	
16 Zack Retzleff	FR	Pueblo West	4:42.52	
17 Gus Waneka	SR	Thompson Valley	4:43.33	
18 Zach Kuzma	JR	Cheyenne Mountain	5:00.00	

**Event 126 Boys 3200 Meter Run 4A**

Two Super Alleys with 1-turn Stagger

National: N 8:34.23 2008 German Fernandez, Riverbank HS, CA  
 Colo. Prep: C 9:05.89 2003 Brent Vaughn, Smoky Hill HS  
 State Meet: R 9:06.27 2008 Kevin Williams, D'Evelyn HS

Name	Year	School	Finals	Points
1 Gus Waneka	SR	Thompson Valley	9:36.86	10
2 Ben Forsee	SR	Broomfield	9:39.37	8
3 Daniel Lara	JR	Thompson Valley	9:39.58	7
4 Mitchell Klomp	SR	Pueblo South	9:48.36	6
5 Justin Weinmeister	JR	Windsor	9:51.10	5
6 Nick Harris	SR	Niwot	9:55.99	4
7 Kory Skattum	SR	Broomfield	9:57.91	3
8 Jj Ricket	SR	Broomfield	9:58.42	2
9 Josh Fowler	JR	Cheyenne Mountain	9:58.96	1
10 Chandler Reid	JR	Centaurus	9:59.99	
11 Ryan Mott	SR	Coronado	10:02.33	
12 Seth Polich	SR	Lewis-Palmer	10:05.23	
13 Andres Luna	JR	Fort Morgan	10:09.75	
14 Ben Leitz	SO	Windsor	10:11.12	
15 Ethan Gonzales	SO	Broomfield	10:11.99	
16 Andy Boyle	SO	Air Academy	10:29.92	
-- Jackson Sayler	JR	Evergreen	DNS	
-- Connor Timms	SR	Skyline	DNS	

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012**  
**STATE TRACK & FIELD CHAMPIONSHIPS**  
**Jefferson County Stadium, Lakewood**  
**Results**

**Event 127 Boys 110 Meter Hurdles 4A****9 Advance: Top 3 Each Heat plus Next 3 Best Times**

National:	N	13.1h	1980	Dennis Brantley, Houston Worthing HS,
National:	N	13.30	1990	Chris Nelloms, Dayton Dunbar HS, OH
Colo. Prep:	C	13.61	2004	Wilbert Smith, Eaglecrest HS
State Meet:	R	13.68	1998	Ricardo Moody, Harrison HS
Name			Year School	Prelims Wind H#

## Preliminaries

1	Scott Carter	SR	Elizabeth	14.45Q	0.3	2	
2	Alec Willard	JR	Pueblo South	14.63Q	1.2	1	
3	Josh Mielke	SR	Thompson Valley	14.68Q	1.2	1	
4	Chris Cutcher	JR	Mesa Ridge	14.72Q	0.3	2	
5	Ryan DeYoung	SR	Mullen	14.94Q	0.3	2	
6	Josh Cogdill	SR	Longmont	15.00Q	1.2	1	
7	Bryce Johnson	JR	Mesa Ridge	15.07q	1.2	1	15.065
8	Nicholas Betz	SR	Discovery Canyon	15.07q	1.2	1	15.070
9	Jared Blake	SR	Durango	15.12q	0.3	2	
10	Scott Dickinson	SR	Broomfield	15.20	0.3	2	
11	Monty Pompa	JR	Widefield	15.32	0.3	2	
12	Kyree Goodman	SO	Widefield	15.33	1.2	1	
13	Brian Sumpter	JR	Pueblo Centennial	15.33	1.2	1	
14	Darrian Morgan	JR	Vista Ridge	15.35	1.2	1	
15	Jorge Medina	SR	Pueblo South	15.39	0.3	2	
16	Winn Howard	JR	Palmer Ridge	15.46	1.2	1	
17	Andre Young	SR	Coronado	15.53	0.3	2	
18	Kaci Rex	SR	Discovery Canyon	15.82	0.3	2	

**Event 127 Boys 110 Meter Hurdles 4A**

National:	N	13.1h	1980	Dennis Brantley, Houston Worthing HS, TX
National:	N	13.30	1990	Chris Nelloms, Dayton Dunbar HS, OH
Colo. Prep:	C	13.61	2004	Wilbert Smith, Eaglecrest HS
State Meet:	R	13.68	1998	Ricardo Moody, Harrison HS
Name			Year School	Finals Wind Points

## Finals

1	Alec Willard	JR	Pueblo South	14.52	2.5	10
2	Josh Mielke	SR	Thompson Valley	14.58	2.5	8
3	Jared Blake	SR	Durango	14.68	2.5	7
4	Chris Cutcher	JR	Mesa Ridge	14.80	2.5	6
5	Josh Cogdill	SR	Longmont	14.94	2.5	5
6	Nicholas Betz	SR	Discovery Canyon	15.03	2.5	4
7	Scott Carter	SR	Elizabeth	15.21	2.5	3
8	Ryan DeYoung	SR	Mullen	15.30	2.5	2
9	Bryce Johnson	JR	Mesa Ridge	15.33	2.5	1

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012**  
**STATE TRACK & FIELD CHAMPIONSHIPS**  
**Jefferson County Stadium, Lakewood**  
**Results**

**Event 128 Boys 300 Meter Hurdles 4A**

**9 Advance: Top 3 Each Heat plus Next 3 Best Times**

=====  
 National: N 35.02 2009 Reggie Wyatt, Riverside LaSierra  
 Colo. Prep: C 36.41 2001 Gerren Crochet, Bear Creek HS  
 State Meet: R 36.81 2010 Trevor Brown, Wasson HS  
 Name Year School Prelims H#  
 =====

Preliminaries

1	Braden Hitchcock	SR Longmont	38.84Q	1
2	Josh Mielke	SR Thompson Valley	39.12Q	2
3	Andre Young	SR Coronado	39.42Q	2 39.4153
4	Scott Carter	SR Elizabeth	J39.42Q	1 39.4154
5	Jared Blake	SR Durango	39.47Q	2
6	Josh Cogdill	SR Longmont	39.53Q	1
7	Bryce Johnson	JR Mesa Ridge	39.82q	2
8	Chris Cutcher	JR Mesa Ridge	40.00q	1
9	Lorne Jenkins	JR Niwot	40.11q	2
10	Scott Dickinson	SR Broomfield	40.26	1
11	Josh Strobel	JR Thompson Valley	40.35	2
12	Auston Tribble	JR Glenwood Springs	40.42	1
13	Tyler Kress	JR Mountain View	40.78	1
14	Zack Schreiber	SR Roosevelt	40.79	2
15	Monty Pompa	JR Widefield	40.89	2
16	Darrian Morgan	JR Vista Ridge	41.30	1
17	Brian Sumpster	JR Pueblo Centennial	41.48	1
18	Alec Willard	JR Pueblo South	41.49	2

**Event 128 Boys 300 Meter Hurdles 4A**

=====  
 National: N 35.02 2009 Reggie Wyatt, Riverside LaSierra HS  
 Colo. Prep: C 36.41 2001 Gerren Crochet, Bear Creek HS  
 State Meet: R 36.81 2010 Trevor Brown, Wasson HS  
 Name Year School Finals Points  
 =====

Finals

1	Josh Mielke	SR Thompson Valley	37.94	10
2	Braden Hitchcock	SR Longmont	38.60	8
3	Josh Cogdill	SR Longmont	39.10	7
4	Andre Young	SR Coronado	39.11	6
5	Jared Blake	SR Durango	39.52	5
6	Chris Cutcher	JR Mesa Ridge	39.78	4
7	Lorne Jenkins	JR Niwot	39.87	3
8	Bryce Johnson	JR Mesa Ridge	40.14	2
9	Scott Carter	SR Elizabeth	50.95	1

**Event 129 Boys 4x100 Meter Relay 4A**

**9 Advance: Top 3 Each Heat plus Next 3 Best Times**

=====  
 National: N 39.76 1998 Fort Worth Wyatt HS, TX  
 Colo. Prep: C 41.21 2007 Overland HS  
 State Meet: R 41.28 1997 Mullen HS  
 School Prelims H#  
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Preliminaries

1	Harrison		42.16Q	2
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**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012**  
**STATE TRACK & FIELD CHAMPIONSHIPS**  
**Jefferson County Stadium, Lakewood**  
**Results**

**....Event 129 Boys 4x100 Meter Relay 4A**

2 Vista Ridge	42.46Q	1
3 Falcon	42.53Q	1
4 Valor Christian	42.70Q	2
5 Pueblo South	42.82Q	1
6 Thompson Valley	42.83Q	2
7 Erie	43.11q	1
8 Mullen	43.20q	2
9 Denver South	43.22q	1
10 Broomfield	43.27	2
11 Coronado	43.32	1
12 Palmer Ridge	43.44	2
13 Widefield	43.57	2
14 Pueblo County	43.70	1
15 Battle Mountain	43.91	2
16 Greeley Central	44.05	2
17 Thomas Jefferson	46.85	1
-- Frederick	DNF	1

**Event 129 Boys 4x100 Meter Relay 4A**

National: N 39.76	1998	Fort Worth Wyatt HS, TX
Colo. Prep: C 41.21	2007	Overland HS
State Meet: R 41.28	1997	Mullen HS
School		Finals Points

Finals

1 Vista Ridge	41.68	10
2 Harrison	42.14	8
3 Falcon	42.76	7
4 Thompson Valley	42.92	6
5 Erie	43.05	5
6 Denver South	43.40	4
7 Mullen	43.66	3
-- Pueblo South	DNF	
-- Valor Christian	DQ	Rule 5-10-6 no baton at finish

**Event 130 Boys 4x200 Meter Relay 4A**

**9 Advance: Top 3 Each Heat plus Next 3 Best Times**

National: N 1:23.92	2007	Fort Bend Hightower HS, TX
Colo. Prep: C 1:25.59	2007	George Washington HS
State Meet: R 1:26.03	2000	Mullen HS
School		Prelims H#

Preliminaries

1 Vista Ridge	1:28.17Q	2
2 Pueblo South	1:28.47Q	1
3 Broomfield	1:28.29Q	2
4 Pueblo County	1:28.99Q	1
5 Falcon	1:29.08Q	1
6 Valor Christian	1:29.61Q	2
7 Harrison	1:29.59q	1
8 Palmer Ridge	1:29.97q	2
9 Mountain View	1:30.39q	1

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012****STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Results****....Event 130 Boys 4x200 Meter Relay 4A**

10 Erie	1:30.48	2
11 Discovery Canyon	1:30.69	1
12 Mullen	1:30.70	2
13 Mesa Ridge	1:30.74	1
14 Elizabeth	1:30.77	1
15 Greeley Central	1:31.09	2
16 Silver Creek	1:31.72	2
17 Thomas Jefferson	1:32.74	1
-- Battle Mountain	DQ	2 Out of Zone 3

**Event 130 Boys 4x200 Meter Relay 4A**

National: N 1:23.92	2007	Fort Bend Hightower HS, TX
Colo. Prep: C 1:25.59	2007	George Washington HS
State Meet: R 1:26.03	2000	Mullen HS

School	Finals	Points
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## Finals

1 Vista Ridge	1:26.29	10
2 Broomfield	1:27.77	8
3 Falcon	1:28.12	7
4 Harrison	1:28.41	6
5 Pueblo County	1:28.45	5
6 Pueblo South	1:28.83	4
7 Valor Christian	1:29.27	3
8 Palmer Ridge	1:30.21	2
9 Mountain View	1:30.34	1

**Event 131 Boys 4x400 Meter Relay 4A****9 Advance: Top 3 Each Heat plus Next 3 Best Times**

National: N 3:07.40	1985	Hawthorne HS, CA
Colo. Prep: C 3:14.73	2012	Rangeview HS
State Meet: R 3:17.87	2003	Alamosa HS

School	Prelims	H#
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## Preliminaries

1 Pueblo County	3:19.52Q	2
2 Pueblo East	3:23.41Q	1
3 Canon City	3:23.55Q	1
4 Harrison	3:26.58Q	2
5 Longmont	3:25.35Q	1
6 Denver South	3:26.86Q	2
7 Glenwood Springs	3:25.53q	1
8 Pueblo Central	3:26.79q	1
9 Broomfield	3:27.19q	1
10 Thompson Valley	3:27.26	2
11 Mountain View	3:27.66	2
12 Coronado	3:27.70	1
13 Moffat County	3:27.90	2
14 Mullen	3:28.71	1
15 Niwot	3:28.75	2
16 Palmer Ridge	3:29.32	2
17 Vista Ridge	3:32.17	1



**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012****STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Results****....Event 131 Boys 4x400 Meter Relay 4A**

18 Durango 3:32.87 2

**Event 131 Boys 4x400 Meter Relay 4A**

=====			
National:	N	3:07.40	1985 Hawthorne HS, CA
Colo. Prep:	C	3:14.73	2012 Rangeview HS
State Meet:	R	3:17.87	2003 Alamosa HS
School			Finals Points

**Finals**

1	Pueblo County	3:19.94	10
2	Pueblo East	3:23.34	8
3	Longmont	3:24.00	7
4	Glenwood Springs	3:25.76	6
5	Denver South	3:25.81	5
6	Harrison	3:27.51	4
7	Pueblo Central	3:28.08	3
8	Canon City	3:28.33	2
9	Broomfield	3:35.52	1

**Event 132 Boys 4x800 Meter Relay 4A**

Four Alley Boxes with 1-turn Stagger

=====			
National:	N	7:33.48	2009 Warrington Central HS, PA
Colo. Prep:	C	7:45.10	2001 Smoky Hill HS
State Meet:	R	7:48.60	2006 D'Evelyn HS
School			Finals Points

1	Moffat County	7:53.86	10
2	Glenwood Springs	8:00.62	8
3	D'Evelyn	8:01.06	7
4	Centaurus	8:02.82	6
5	Evergreen	8:07.87	5
6	Thompson Valley	8:08.23	4
7	Broomfield	8:09.29	3
8	Pueblo East	8:12.92	2
9	Coronado	8:15.00	1
10	Pueblo South	8:17.01	
11	Mountain View	8:17.03	
12	Pueblo West	8:23.41	
13	Delta	8:27.01	
14	Discovery Canyon	8:29.72	
15	Eagle Valley	8:31.33	
16	Palmer Ridge	8:32.62	
17	Green Mountain	8:38.56	
18	Air Academy	8:56.96	

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012****STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Results****Event 133 Boys High Jump 4A**

Start at 6'0" then 6'2" then up by 1"

National: N 7-05.75 2009 James White, Grandview HS, MO  
 Colo. Prep: C 7-04 1991 Matt Hemingway, Buena Vista HS  
 State Meet: R 6-10 1991 Tracy Heiman, Liberty HS

Name	Year	School	Finals	Points
1 Colt Sessions	SO	Cheyenne Mountain	6-06.00	10
2 Tony Carodine	SR	Widefield	6-05.00	8
3 Josh Cogdill	SR	Longmont	J6-05.00	7
4 Kane Gunther	SR	Palisade	6-04.00	6
5 Matthew Atkins	SO	Mesa Ridge	6-03.00	5
6 Landon Stetson	SR	Longmont	6-02.00	3.50
6 Cicero Johns	JR	Fort Lupton	6-02.00	3.50
8 Ethan Baier	SR	Delta	J6-02.00	2
9 Andre Lane	JR	Evergreen	J6-02.00	1
10 Triydel Vaughn	JR	Coronado	J6-02.00	
10 Winn Howard	JR	Palmer Ridge	J6-02.00	
10 Matt Menard	SR	D'Evelyn	J6-02.00	
10 Dj Green	SO	Vista Ridge	J6-02.00	
14 Robert Tye	SR	Discovery Canyon	6-00.00	
14 Nicholas Meihaus	SO	Pueblo South	6-00.00	
14 Dallas Hall	SR	Windsor	6-00.00	
14 Jayson Dupre	JR	Broomfield	6-00.00	
14 David Young	SR	Centaurus	6-00.00	
-- Michael Fera	JR	Conifer		NH

**Event 134 Boys Pole Vault 4A**

Start 12" below lowest seeded qualifier, Then Raise by 6"

National: N 18-02.25 1999 Eric Eshbach, Orangefield HS, TX  
 Colo. Prep: C 17-07.50 1986 Pat Manson, Aurora Central HS  
 State Meet: R 15-08.50 2006 Sam Pierson, Pueblo South HS

Name	Year	School	Finals	Points
1 Steven Wacker	SR	Longmont	15-00.00	10
2 Truitt Parrish	JR	Sterling	J15-00.00	8
3 Derek Wing	SR	Longmont	J15-00.00	7
4 Dillon Manzanares	SR	Niwot	14-06.00	6
5 Erik Monahan	SR	Silver Creek	14-00.00	5
6 Samuel Estrella	SR	Centaurus	J14-00.00	4
7 Tanner Starr	JR	Roosevelt	13-06.00	2.50
7 Steve Duncan	SO	Coronado	13-06.00	2.50
9 Scott Baldwin	SR	Silver Creek	J13-06.00	1
10 Kyle Yoder	SO	Palmer Ridge	J13-06.00	
10 Kaci Rex	SR	Discovery Canyon	J13-06.00	
10 Stephan Fisher	SR	Falcon	J13-06.00	
13 Thad Hocking	SR	Discovery Canyon	13-00.00	
13 Jacob Torres	JR	Pueblo West	13-00.00	
13 William Richendifer	SR	Sterling	13-00.00	
13 Isaac Wilson	SR	Broomfield	13-00.00	
13 Ryan Yee	SR	Falcon	13-00.00	
18 Justin Vang	SR	Erie	12-06.00	
-- Zach Guida	SR	Battle Mountain		NH
-- Josh Semmler	JR	Roosevelt		DNS

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012**  
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**Jefferson County Stadium, Lakewood**  
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**Event 135 Boys Long Jump 4A**

Measure ALL MARKS! No Minimum!

3 Attempts Each, then top 10 to Finals for 3 more Attempts

National: N 26-04.75 1989 James Stallworth, Tulare HS, CA  
 Colo. Prep: C 24-07.50 1990 Chris Sanders, Montbello HS  
 State Meet: R 23-11 1992 Monte Fry, Sterling HS

Name	Year	School	Finals	Wind	Points
1 Tony Carodine	SR	Widefield	23-01.50	-0.8	10
2 Josh Sandin	JR	Mountain View	22-09.00	0.5	8
3 Troy Keys	FR	Pueblo County	21-10.50	+0.0	7
4 Aaron Khoury	SR	Elizabeth	21-09.50	-0.8	6
5 Lorne Jenkins	JR	Niwot	21-08.00	-2.0	5
6 Scott Carter	SR	Elizabeth	21-07.50	+0.0	4
7 Dj Hanes	JR	Wasson	21-06.00	1.1	3
8 Brodie Hicks	JR	Falcon	21-04.50	+0.0	2
9 Tony Fuentes	SR	Sand Creek	21-03.75	+0.0	1
10 Andre Lane	JR	Evergreen	20-11.00	+0.0	
11 Grant Emrie	JR	Mullen	20-03.75	-1.5	
12 Forrest Wetterstrom	JR	Longmont	20-01.25	+0.0	
13 Anthony Olguin	SR	Pueblo South	19-10.25	+0.0	
14 Eric Lee	FR	Valor Christian	19-01.50	+0.0	
15 Tytus Winters	JR	Sierra	18-11.50	+0.0	
16 Ethan Baier	SR	Delta	18-10.25	+0.0	
17 Randy Meekins	JR	Falcon	18-07.75	+0.0	
-- Dillon Manzanares	SR	Niwot	DNS	NWI	

**Event 136 Boys Triple Jump 4A**

Measure ALL MARKS! No Minimum!

3 Attempts Each, then top 10 to Finals for 3 more Attempts

National: N 52-10.50 1980 Charles Mayfield, Pasadena Muir HS, CA  
 Colo. Prep: C 51-00.25 1973 Victor White, Harrison HS  
 State Meet: R 49-07.25 1999 Chavous Nichols, Fountain-Ft Carson HS

Name	Year	School	Finals	Wind	Points	
1 Tony Carodine	SR	Widefield	49-08.75R	+0.0	10	4A Meet Record
2 Scott Carter	SR	Elizabeth	48-06.00	1.1	8	
3 Francisco Au	SR	Northridge	44-11.50	-1.0	7	
4 Lorne Jenkins	JR	Niwot	44-06.25	-1.4	6	
5 Braden Hitchcock	SR	Longmont	44-04.00	1.8	5	
6 Forrest Wetterstrom	JR	Longmont	44-00.50	2.2	4	
7 Kyree Goodman	SO	Widefield	43-11.25	+0.0	3	
8 Grant Emrie	JR	Mullen	43-10.25	-1.8	2	2nd Best 43-06.75
9 Dj Hanes	JR	Wasson	J43-10.25	+0.0	1	2nd Best 43-03.00
10 Aaron Khoury	SR	Elizabeth	43-09.50	1.9		
11 Timothy Reeder	SR	Elizabeth	43-04.25	-1.3		
12 Ethan Baier	SR	Delta	43-00.75	+0.0		
13 Jack Karber	JR	Cheyenne Mountain	43-00.25	1.6		
14 Carson Lockerd	SO	Golden	42-09.00	+0.0		
15 Stephan Fisher	SR	Falcon	42-08.75	+0.0		
16 Canyon Barry	JR	Cheyenne Mountain	42-06.75	0.5		
17 Daniel Baumgardt	SO	Palmer Ridge	41-11.75	+0.0		
18 James Henry	JR	Skyline	39-04.50	2.1		

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012**  
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**Event 137 Boys Shot Put 4A**

Measure ALL MARKS! No Minimum!

3 Attempts Each, then top 10 to Finals for 3 more Attempts

National: N 77-00 1979 Michael Carter, Dallas Jefferson  
 Colo. Prep: C 71-03.25 2009 Mason Finley, Buena Vista HS  
 State Meet: R 60-04.75 1997 Carlos Tarin, Mullen HS

Name	Year	School	Finals	Points
1 Richard Feltenberger	SR	Skyline	54-07.50	10
2 Samuel Mabany	JR	Denver South	51-04.00	8
3 Stanley Gilbert	JR	Valor Christian	50-05.75	7
4 Ben Woothing	SR	Silver Creek	49-10.00	6
5 Garrett Spears	SR	Moffat County	49-07.75	5
6 Dylan Brant	SR	Canon City	49-07.50	4
7 Marcus Johnson	JR	Longmont	49-03.00	3
8 Arthur Flores	SR	Mullen	48-09.00	2
9 Sam Baca	JR	Thompson Valley	48-06.25	1
10 Trevon Lewis	SR	Wasson	48-05.50	
11 Isaiah Palacio	SO	Pueblo South	47-09.50	
12 Travis McMurren	JR	Greeley Central	47-00.75	
13 Austin Miles	JR	Durango	46-10.00	
14 Kendal Medina	SR	Pueblo South	46-06.00	
15 Robert Pace	SR	Widefield	46-03.00	
16 Alex Kozan	SR	Valor Christian	46-01.25	
17 Stephen Sowel	JR	Arvada	45-00.25	
18 Joseph O'Connor	SR	Windsor	44-07.00	

**Event 138 Boys Discus Throw 4A**

Measure ALL MARKS! No Minimum!

3 Attempts Each, then top 10 to Finals for 3 more Attempts

National: N 236-06 2009 Mason Finley, Buena Vista HS, Color  
 Colo. Prep: C 236-06 2009 Mason Finley, Buena Vista HS  
 State Meet: R 183-11 1990 Ron Wach, Estes Park HS

Name	Year	School	Finals	Points
1 Tanner Smith	SR	Palisade	158-01	10
2 Kazim Mekhraliyev	SR	Greeley Central	153-11	8
3 Andrew Dubiel	SR	Vista Ridge	153-01	7
4 Eric Rivera-Parker	SR	Golden	152-03	6
5 Joseph O'Connor	SR	Windsor	148-08	5
6 Garet Krohn	JR	Arvada	145-07	4
7 Ryan Magnuson	SR	Greeley Central	145-03	3
8 Grayson Webber	SO	Cheyenne Mountain	144-11	2
9 Stephen Sowel	JR	Arvada	141-10	1
10 Alex Kelley	SR	Discovery Canyon	141-08	
11 James Roberts	SR	Broomfield	141-03	
12 Austen Brinker	SR	Coronado	137-02	
13 Miles Bergner	JR	Longmont	135-06	
14 Joel Nordby	SR	Palmer Ridge	133-10	
15 Johnny Quintana	SR	Pueblo Central	133-05	
16 Trevon Lewis	SR	Wasson	132-07	
17 Richard Feltenberger	SR	Skyline	127-05	
-- Alex Kozan	SR	Valor Christian	FOUL	

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012****STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Results****Event 141 Girls 100 Meter Dash 4A****9 Advance: Top 3 Each Heat plus Next 3 Best Times**

=====  
 National: N 11.14 1992 Marion Jones, Thousand Oaks HS, CA  
 Colo. Prep: C 11.31 1987 Caryl Smith, George Washington HS  
 State Meet: R 11.34 2004 Ashley Owens, Liberty HS  
 =====

Name	Year	School	Prelims	Wind	H#
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## Preliminaries

1	MaryBeth Sant	JR	Valor Christian	11.94Q	+0.0	2
2	Abby Simpson	JR	Pueblo County	12.26Q	0.5	1
3	Taylor Klein	JR	Mullen	12.49Q	0.5	1
4	Rachael Jackson	SR	Mesa Ridge	12.54Q	+0.0	2
5	Megan Hannafious	SR	Pueblo County	12.59Q	+0.0	2 12.584
6	Mackenzie Comstock	SR	Green Mountain	12.59Q	0.5	1 12.589
7	Jordan Edmonds	FR	Widefield	12.60q	0.5	1
8	Courtney Tibbetts	JR	Cheyenne Mountain	12.61q	0.5	1
9	Alexi Cox	SO	Broomfield	12.68q	+0.0	2
10	Jayma Martin	JR	Pueblo South	12.72	+0.0	2
11	Tatianna Clanton	SO	Coronado	12.76	0.5	1
12	Shanlie Anderson	JR	Centaurus	12.78	0.5	1
13	Angela Gordon	JR	Palisade	12.82	0.5	1
14	Skylyn Webb	JR	Delta	12.84	+0.0	2
15	Isabelle Courtois	SR	Battle Mountain	12.86	+0.0	2
16	Vanessa Gillespie	SR	Thomas Jefferson	12.89	+0.0	2
17	Kaydee Valliere	JR	Discovery Canyon	12.92	0.5	1
--	G'Naya Stewart	SR	Pueblo West	DNS	+0.0	2

**Event 141 Girls 100 Meter Dash 4A**

=====  
 National: N 11.14 1992 Marion Jones, Thousand Oaks HS, CA  
 Colo. Prep: C 11.31 1987 Caryl Smith, George Washington HS  
 State Meet: R 11.34 2004 Ashley Owens, Liberty HS  
 =====

Name	Year	School	Finals	Wind	Points
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## Finals

1	MaryBeth Sant	JR	Valor Christian	11.69	2.6	10
2	Abby Simpson	JR	Pueblo County	12.10	2.6	8
3	Rachael Jackson	SR	Mesa Ridge	12.33	2.6	7
4	Alexi Cox	SO	Broomfield	12.36	2.6	6
5	Megan Hannafious	SR	Pueblo County	12.47	2.6	5
6	Courtney Tibbetts	JR	Cheyenne Mountain	12.54	2.6	4
7	Jordan Edmonds	FR	Widefield	12.65	2.6	3
8	Mackenzie Comstock	SR	Green Mountain	12.70	2.6	2
--	Taylor Klein	JR	Mullen	DNS	2.6	

**Event 142 Girls 200 Meter Dash 4A****9 Advance: Top 3 Each Heat plus Next 3 Best Times**

=====  
 National: N 22.52 2003 Allyson Felix, Los Angelas Baptist, C  
 Colo. Prep: C 23.36 1994 Aspen Burkett, Denver East HS  
 State Meet: R 23.42 2004 Ashley Owens, Liberty HS  
 =====

Name	Year	School	Prelims	Wind	H#
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## Preliminaries

1	MaryBeth Sant	JR	Valor Christian	24.97Q	-0.5	2
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**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012**  
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**Results**

**....Event 142 Girls 200 Meter Dash 4A**

2	Abby Simpson	JR Pueblo County	25.21Q	-1.6	1
3	Alexi Cox	SO Broomfield	25.63Q	-1.6	1
4	Megan Hannafious	SR Pueblo County	25.79Q	-0.5	2
5	Rachael Jackson	SR Mesa Ridge	25.67Q	-1.6	1
6	Megan Ryan	SR Cheyenne Mountain	25.86Q	-0.5	2
7	Payton Miller	SO Wheat Ridge	25.71q	-1.6	1
8	Mackenzie Comstock	SR Green Mountain	25.93q	-1.6	1
9	Jordan Edmonds	FR Widefield	26.11q	-0.5	2
10	Skylyn Webb	JR Delta	26.14	-0.5	2
11	Megan Irvine	FR Thompson Valley	26.35	-1.6	1
12	Mackenzie Gouner	FR Palmer Ridge	26.39	-0.5	2
13	Lafaith Gordon	JR Widefield	26.39	-1.6	1
14	Crystal Ortega	SR Sand Creek	26.56	-0.5	2
15	Chelsea Martus	JR Erie	26.60	-1.6	1
16	Angela Gordon	JR Palisade	26.75	-1.6	1
17	Haley Placke	JR Roosevelt	27.19	-0.5	2
--	Nicole Montgomery	FR Lewis-Palmer	DNS	-0.5	2

**Event 142 Girls 200 Meter Dash 4A**

National:	N	22.52	2003	Allyson Felix, Los Angelas Baptist, CA
Colo. Prep:	C	23.36	1994	Aspen Burkett, Denver East HS
State Meet:	R	23.42	2004	Ashley Owens, Liberty HS

Name	Year	School	Finals	Wind	Points
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## Finals

1	MaryBeth Sant	JR Valor Christian	24.65	1.3	10	
2	Alexi Cox	SO Broomfield	25.00	1.3	8	
3	Abby Simpson	JR Pueblo County	25.42	1.3	7	
4	Payton Miller	SO Wheat Ridge	25.55	1.3	6	
5	Megan Ryan	SR Cheyenne Mountain	25.79	1.3	5	
6	Rachael Jackson	SR Mesa Ridge	25.87	1.3	4	25.866
7	Megan Hannafious	SR Pueblo County	25.87	1.3	3	25.870
8	Jordan Edmonds	FR Widefield	26.52	1.3	2	
9	Mackenzie Comstock	SR Green Mountain	29.13	1.3	1	

**Event 143 Girls 400 Meter Dash 4A****9 Advance: Top 3 Each Heat plus Next 3 Best Times**

National:	N	50.74	2000	Monique Henderson, San Diego S.
Colo. Prep:	C	53.71	1993	Cynthia Newsome, Denver South HS
State Meet:	R	55.05	2010	Samantha Kee, Longmont HS

Name	Year	School	Prelims	H#
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## Preliminaries

1	Megan Irvine	FR Thompson Valley	55.74Q	2	55.734
2	Nicole Montgomery	FR Lewis-Palmer	56.82Q	1	
3	Abby Simpson	JR Pueblo County	55.74Q	2	55.739
4	Allison Aafedt	SR Evergreen	57.24Q	1	
5	Payton Miller	SO Wheat Ridge	56.17Q	2	
6	Megan Hannafious	SR Pueblo County	57.28Q	1	
7	Emma Kidd	JR Cheyenne Mountain	57.95q	2	
8	Kelsey Traxinger	SR Niwot	58.63q	2	
9	Christine Conley	JR Canon City	59.08q	1	

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012****STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Results****....Event 143 Girls 400 Meter Dash 4A**

10	Samantha Williams	SR Vista Ridge	59.24	1
11	Cammy Sargent	FR Green Mountain	59.39	2
12	Andrea Keiser	SR Greeley Central	59.69	2
13	Haley Placke	JR Roosevelt	59.70	1
14	Rylee Newman	JR Lewis-Palmer	59.80	1
15	Chelsea Martus	JR Erie	59.88	1
16	Emily Guy	SR Palmer Ridge	1:00.38	2
17	Deja Matlock	JR Falcon	1:00.56	2
--	Moriah Zachary	JR Mountain View	DNS	1

**Event 143 Girls 400 Meter Dash 4A**

National:	N 50.74	2000	Monique Henderson, San Diego S. Mors
Colo. Prep:	C 53.71	1993	Cynthia Newsome, Denver South HS
State Meet:	R 55.05	2010	Samantha Kee, Longmont HS

Name	Year	School	Finals	Points
=====				
Finals				
1	Abby Simpson	JR Pueblo County	55.60	10
2	Nicole Montgomery	FR Lewis-Palmer	56.19	8
3	Payton Miller	SO Wheat Ridge	56.33	7
4	Megan Irvine	FR Thompson Valley	57.53	6
5	Allison Aafedt	SR Evergreen	57.70	5
6	Megan Hannafious	SR Pueblo County	58.27	4
7	Emma Kidd	JR Cheyenne Mountain	58.30	3
8	Kelsey Traxinger	SR Niwot	59.67	2
9	Christine Conley	JR Canon City	59.79	1

**Event 144 Girls 800 Meter Run 4A**

Four Alley Boxes with 1-turn Stagger			
National:	N 2:02.90	2008	Chanelle Price, Easton Area HS, PA
Colo. Prep:	C 2:07.53	1996	Tara Mendoza, Eaglecrest HS
State Meet:	R 2:10.12	2009	Samantha Thompson, Sierra HS

Name	Year	School	Finals	Points
=====				
1	Karina Ernst	SR Thompson Valley	2:10.36	10
2	Alison Deitsch	SO Palmer Ridge	2:16.45	8
3	Dana Shellhorn	JR Montrose	2:18.13	7
4	Valerie Constein	SO Battle Mountain	2:18.26	6
5	Taylor Lopez-Cepero	JR Pueblo South	2:18.59	5
6	Makenzie Urban	JR Frederick	2:18.76	4
7	Heather Bates	JR Discovery Canyon	2:18.91	3
8	Roxy Trotter	SO Eagle Valley	2:18.92	2
9	Allison Aafedt	SR Evergreen	2:18.97	1
10	Elise Cranny	SO Niwot	2:19.01	
11	Lauren Akers	SO Coronado	2:19.84	
12	Kendra Larson	FR Thompson Valley	2:21.88	
13	Baillie Jones	SO Pueblo West	2:22.19	
14	Sydney Scott	SR Denver South	2:22.65	
15	Lina Arista	JR Vista Ridge	2:24.18	
16	Karli Foreman	SR Durango	2:24.33	
17	Alyssa Carman	SR Discovery Canyon	2:26.14	
18	Riley Cooney	FR Mountain View	2:29.58	

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012****STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Results****Event 145 Girls 1600 Meter Run 4A**

Two Super Alleys with 1-turn Stagger

National: N 4:33.82 2008 Christine Babcock, Irvine Woodbrid  
 Colo. Prep: C 4:49.86 1991 Melody Fairchild, Boulder HS  
 State Meet: R 4:54.59 2009 Laura Tremblay, Thompson Valley HS

Name	Year	School	Finals	Points
1 Karina Ernst	SR	Thompson Valley	4:54.89	10
2 Heather Bates	JR	Discovery Canyon	5:00.33	8
3 Sydney Scott	SR	Denver South	5:07.86	7
4 Maura O`brien	SR	Evergreen	5:10.65	6
5 Shannon Maloney	FR	Durango	5:11.29	5
6 Alison Deitsch	SO	Palmer Ridge	5:11.37	4
7 Allie Morgan	SR	Discovery Canyon	5:13.65	3
8 Clarissa Whiting	JR	Delta	5:15.11	2
9 Makenzie Urban	JR	Frederick	5:16.71	1
10 Cleo Whiting	JR	Delta	5:17.12	
11 Samantha Skold	JR	Evergreen	5:17.63	
12 Mandy Ortiz	JR	Battle Mountain	5:21.54	
13 Amelia Evans	SR	Air Academy	5:21.84	
14 Erin Dobey	SR	Evergreen	5:23.16	
15 Riley Cooney	FR	Mountain View	5:27.06	
16 Mattie Jesmain	SR	Pueblo West	5:31.83	
17 Jessica Kleven	SO	Pueblo South	5:41.72	
-- Elise Cranny	SO	Niwot	DNS	

**Event 146 Girls 3200 Meter Run 4A**

Two Super Alleys with 1-turn Stagger

National: N 9:48.59 1996 Kimberly Mortensen, Thousand Oaks  
 Colo. Prep: C 10:21.37 1991 Melody Fairchild, Boulder HS  
 State Meet: R 10:40.66 2006 Katie Vannatta, Ralston Valley HS

Name	Year	School	Finals	Points
1 Heather Bates	JR	Discovery Canyon	10:55.20	10
2 Sydney Scott	SR	Denver South	11:03.09	8
3 Allie Morgan	SR	Discovery Canyon	11:15.01	7
4 Cleo Whiting	JR	Delta	11:23.89	6
5 Clarissa Whiting	JR	Delta	11:24.06	5
6 Amelia Evans	SR	Air Academy	11:31.51	4
7 Mandy Ortiz	JR	Battle Mountain	11:39.07	3
8 Samantha Skold	JR	Evergreen	11:41.39	2
9 Alexis Work	SR	Coronado	11:42.91	1
10 Josie Warren	JR	D'Evelyn	11:49.97	
11 Elise Cranny	SO	Niwot	11:56.96	
12 Annecy Olson	FR	D'Evelyn	12:00.64	
13 Jessica Kleven	SO	Pueblo South	12:01.98	
14 Maura O`brien	SR	Evergreen	12:10.00	
15 Mckayla Gray	SR	Mountain View	12:13.10	
16 Rileigh Darby-McClure	SR	Coronado	12:20.19	
-- Sydney Richards	FR	Skyline	DNF	
-- Riley Cooney	FR	Mountain View	DNS	



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**Event 147 Girls 100 Meter Hurdles 4A****9 Advance: Top 3 Each Heat plus Next 3 Best Times**

National: N 13.03 2007 Vashti Thomas, San Jose Mt Pleasant,  
 Colo. Prep: C 13.23 1996 Dominique Calloway, Denver South HS  
 State Meet: R 13.61 2005 Kira Robinson, Mullen HS

Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1 Taylor Klein	JR	Mullen	14.36Q	0.9	2
2 Andrea Tuck	SR	Canon City	14.71Q	1.3	1
3 Molly McDonald	SR	Green Mountain	15.22Q	1.3	1
4 Madi Goodstein	SR	Glenwood Springs	15.34Q	0.9	2
5 Jenine Beckie	SR	Valor Christian	15.64Q	0.9	2
6 Maegan Leider	SR	Green Mountain	15.68Q	1.3	1
7 Deandra Elcock	JR	Skyline	15.72q	1.3	1
8 Abi Grace McGee	FR	Montrose	15.73q	0.9	2
9 Leeanna McDaniel	SR	Pueblo Centennial	15.94q	1.3	1
10 Hannah Eining	JR	Roosevelt	16.10	0.9	2
11 Katie Croell	JR	Broomfield	16.14	0.9	2
12 Rachael Jackson	SR	Mesa Ridge	16.25	1.3	1
13 Catherine Schilling	SR	Green Mountain	16.32	0.9	2
14 Jessi Macedo	SR	Sand Creek	16.36	1.3	1
15 Gabrielle Ruddick	JR	Woodland Park	16.36	0.9	2
16 Hailey Stephens	SO	Thompson Valley	16.45	0.9	2
17 Addy Neibauer	JR	Greeley Central	16.64	1.3	1
18 Rachel Orosz	JR	Glenwood Springs	16.94	1.3	1

**Event 147 Girls 100 Meter Hurdles 4A**

National: N 13.03 2007 Vashti Thomas, San Jose Mt Pleasant, CA  
 Colo. Prep: C 13.23 1996 Dominique Calloway, Denver South HS  
 State Meet: R 13.61 2005 Kira Robinson, Mullen HS

Name	Year	School	Finals	Wind	Points
=====					
Finals					
1 Taylor Klein	JR	Mullen	14.44	2.5	10
2 Molly McDonald	SR	Green Mountain	15.02	2.5	8
3 Andrea Tuck	SR	Canon City	15.04	2.5	7
4 Madi Goodstein	SR	Glenwood Springs	15.17	2.5	6
5 Jenine Beckie	SR	Valor Christian	15.32	2.5	5
6 Abi Grace McGee	FR	Montrose	15.50	2.5	4
7 Maegan Leider	SR	Green Mountain	15.72	2.5	3
8 Leeanna McDaniel	SR	Pueblo Centennial	15.93	2.5	2
9 Deandra Elcock	JR	Skyline	15.98	2.5	1

**Event 148 Girls 300 Meter Hurdles 4A****9 Advance: Top 3 Each Heat plus Next 3 Best Times**

National: N 39.98 2001 Lashinda Demus, Long Beach Wilso  
 Colo. Prep: C 41.35 2000 Twink Krainik, Highlands Ranch H  
 State Meet: R 42.34 2011 Annie Kunz, Wheat Ridge HS

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Taylor Klein	JR	Mullen	43.76Q	2

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012**  
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**....Event 148 Girls 300 Meter Hurdles 4A**

2	Jenine Beckie	SR	Valor Christian	44.07Q	1
3	Andrea Tuck	SR	Canon City	44.91Q	1
4	Madi Goodstein	SR	Glenwood Springs	45.26Q	2
5	Kendra Larson	FR	Thompson Valley	45.44Q	1
6	Maegan Leider	SR	Green Mountain	45.56Q	2
7	Molly Klotz	SO	Longmont	45.45q	1
8	Kathryn Kimball	SR	Lewis-Palmer	45.84q	1
9	Phoebe Vandemoer	JR	Sterling	45.89q	1
10	Molly McDonald	SR	Green Mountain	45.93	2
11	Isabelle Courtois	SR	Battle Mountain	46.97	2
12	Catherine Schilling	SR	Green Mountain	47.01	2
13	Amanda Campbell	SO	Broomfield	47.10	1
14	Katie Croell	JR	Broomfield	47.25	2
15	Abi Grace McGee	FR	Montrose	47.99	1
16	Kate Sumerfield	SR	Broomfield	48.80	1
17	Kymara Williams	JR	Greeley Central	48.83	2
18	Liz Akers	SO	Coronado	49.07	2

**Event 148 Girls 300 Meter Hurdles 4A**

National:	N	39.98	2001	Lashinda Demus,	Long Beach Wilson HS
Colo. Prep:	C	41.35	2000	Twink Krainik,	Highlands Ranch HS
State Meet:	R	42.34	2011	Annie Kunz,	Wheat Ridge HS

Name	Year	School	Finals	Points
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Finals

1	Taylor Klein	JR	Mullen	43.30	10
2	Jenine Beckie	SR	Valor Christian	43.83	8
3	Andrea Tuck	SR	Canon City	45.21	7
4	Maegan Leider	SR	Green Mountain	45.24	6
5	Kendra Larson	FR	Thompson Valley	45.71	5
6	Molly Klotz	SO	Longmont	45.99	4
7	Kathryn Kimball	SR	Lewis-Palmer	46.24	3
8	Madi Goodstein	SR	Glenwood Springs	46.70	2
9	Phoebe Vandemoer	JR	Sterling	52.33	1

**Event 149 Girls 4x100 Meter Relay 4A**

**9 Advance: Top 3 Each Heat plus Next 3 Best Times**

National:	N	44.50	2004	Long Beach Poly HS,	CA
Colo. Prep:	C	46.51	2007	George Washington HS	
State Meet:	R	48.38	2003	Niwot HS	

School	Prelims	H#
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Preliminaries

1	Valor Christian	48.73Q	1
2	Pueblo South	49.42Q	2
3	Sand Creek	49.11Q	1
4	Pueblo West	49.51Q	2
5	Cheyenne Mountain	49.38Q	1
6	Centaurus	49.63Q	2
7	Mountain View	49.48q	1
8	Niwot	49.84q	2
9	Mullen	49.94q	2

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012****STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Results****....Event 149 Girls 4x100 Meter Relay 4A**

10 Mesa Ridge	50.14	2
11 Thompson Valley	50.17	1
12 Widefield	50.19	2
13 Pueblo East	50.22	1
14 Glenwood Springs	50.31	1
15 Greeley Central	50.34	2
16 Erie	50.55	1
17 Palmer Ridge	51.14	2
18 Longmont	51.37	1

**Event 149 Girls 4x100 Meter Relay 4A**

National: N 44.50	2004	Long Beach Poly HS, CA
Colo. Prep: C 46.51	2007	George Washington HS
State Meet: R 48.38	2003	Niwot HS

School	Finals	Points
--------	--------	--------

## Finals

1 Sand Creek	48.84	10
2 Centaurus	49.32	8
3 Cheyenne Mountain	49.34	7
4 Pueblo West	49.53	6
5 Pueblo South	49.55	5
6 Valor Christian	49.71	4
7 Niwot	49.86	3
8 Mountain View	49.93	2
9 Mullen	50.51	1

**Event 150 Girls 4x200 Meter Relay 4A****9 Advance: Top 3 Each Heat plus Next 3 Best Times**

National: N 1:33.87	2004	Long Beach Poly HS, CA
Colo. Prep: C 1:38.09	2007	George Washington HS
State Meet: R 1:41.28	2006	Cherokee Trail HS

School	Prelims	H#
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## Preliminaries

1 Valor Christian	1:42.97Q	1
2 Sand Creek	1:43.14Q	2
3 Pueblo South	1:43.80Q	1
4 Lewis-Palmer	1:44.25Q	2
5 Mountain View	1:43.86Q	1
6 Thompson Valley	1:44.86Q	2
7 Niwot	1:44.27q	1
8 Widefield	1:45.04q	1
9 Pueblo West	1:45.09q	2
10 Palmer Ridge	1:45.53	2
11 Greeley Central	1:47.18	1
12 Longmont	1:47.21	1
13 Harrison	1:47.57	1
14 Battle Mountain	1:49.33	2
15 Mullen	1:49.63	1
16 Glenwood Springs	1:50.54	2
17 Pueblo County	1:51.31	2

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012****STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Results****....Event 150 Girls 4x200 Meter Relay 4A**

-- Broomfield DNS 2

**Event 150 Girls 4x200 Meter Relay 4A**

National: N	1:33.87	2004	Long Beach Poly HS, CA		
Colo. Prep: C	1:38.09	2007	George Washington HS		
State Meet: R	1:41.28	2006	Cherokee Trail HS		
School				Finals	Points

**Finals**

1	Valor Christian	1:42.55	10
2	Sand Creek	1:42.71	8
3	Pueblo South	1:43.68	7
4	Lewis-Palmer	1:44.33	6
5	Thompson Valley	1:44.44	5
6	Niwot	1:44.46	4
7	Mountain View	1:45.34	3
8	Widefield	1:46.99	2
9	Pueblo West	1:49.77	1

**Event 151 Girls 4x400 Meter Relay 4A****9 Advance: Top 3 Each Heat plus Next 3 Best Times**

National: N	3:35.49	2004	Long Beach Poly HS, CA		
Colo. Prep: C	3:45.69	2011	Littleton HS		
State Meet: R	3:50.74	2009	Thompson Valley HS		
School				Prelims	H#

**Preliminaries**

1	Sand Creek	3:57.59Q	1
2	Niwot	3:59.18Q	2
3	Green Mountain	3:57.60Q	1
4	Thompson Valley	3:59.45Q	2
5	Lewis-Palmer	3:58.96Q	1
6	Evergreen	4:01.24Q	2
7	Glenwood Springs	3:59.12q	1
8	Palmer Ridge	4:00.76q	1
9	Durango	4:00.86q	1
10	Pueblo County	4:01.61	2
11	Battle Mountain	4:02.14	2
12	Pueblo South	4:03.21	2
13	Mountain View	4:05.68	2
14	Montezuma-Cortez	4:11.33	2
15	Longmont	4:12.07	1
16	Canon City	4:12.74	2
17	Mullen	4:14.00	1
18	Cheyenne Mountain	4:24.14	1

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012****STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Results****Event 151 Girls 4x400 Meter Relay 4A**

National: N	3:35.49	2004	Long Beach Poly HS, CA		
Colo. Prep: C	3:45.69	2011	Littleton HS		
State Meet: R	3:50.74	2009	Thompson Valley HS		
School				Finals	Points

## Finals

1	Thompson Valley	3:56.95	10
2	Sand Creek	3:57.97	8
3	Glenwood Springs	3:59.08	7
4	Niwot	3:59.80	6
5	Lewis-Palmer	4:00.23	5
6	Green Mountain	4:01.77	4
7	Evergreen	4:02.21	3
8	Durango	4:04.34	2
9	Palmer Ridge	4:07.61	1

**Event 152 Girls 4x800 Meter Relay 4A**

## Four Alley Boxes with 1-turn Stagger

National: N	8:49.88	2010	Garden City HS, NY		
Colo. Prep: C	9:00.07	2009	Thompson Valley HS		
State Meet: R	9:00.07	2009	Thompson Valley HS		
School				Finals	Points

1	Thompson Valley	9:20.69	10
2	Durango	9:27.58	8
3	Evergreen	9:30.05	7
4	Green Mountain	9:36.41	6
5	Pueblo South	9:36.56	5
6	Niwot	9:36.70	4
7	Coronado	9:42.14	3
8	Discovery Canyon	9:46.34	2
9	Battle Mountain	9:50.44	1
10	Glenwood Springs	9:51.21	
11	D'Evelyn	9:51.92	
12	Palmer Ridge	9:53.54	
13	Pueblo West	9:53.59	
14	Delta	9:55.59	
15	Mullen	10:03.12	
16	Eagle Valley	10:07.80	
17	Mountain View	10:15.53	
18	Air Academy	10:29.67	

**Event 153 Girls 800 Sprint Medley 4A****9 Advance: Top 3 Each Heat plus Next 3 Best Times**

## Format: 100-100-200-400 - 2-Turn Stagger

Colo. Prep: C	1:43.85	1996	George Washington HS		
State Meet: R	1:47.07	2007	Thompson Valley HS		
School				Prelims	H#

## Preliminaries

1	Pueblo West	1:48.21Q	2
2	Lewis-Palmer	1:48.75Q	1

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012****STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Results****....Event 153 Girls 800 Sprint Medley 4A**

3 Niwot	1:48.68Q	2
4 Sand Creek	1:48.90Q	1
5 Cheyenne Mountain	1:48.82Q	2
6 Mountain View	1:49.15Q	1
7 Palmer Ridge	1:48.96q	2
8 Centaurus	1:49.68q	1
9 Erie	1:49.73q	1
10 Glenwood Springs	1:49.80	1
11 Greeley Central	1:50.26	1
12 Falcon	1:50.83	2
13 Sterling	1:51.30	2
14 Roosevelt	1:52.70	2
15 Wheat Ridge	1:55.18	1
16 Thompson Valley	1:55.98	1
17 Mullen	1:56.91	2
-- Green Mountain	FS	2

**Event 153 Girls 800 Sprint Medley 4A**

Format: 100-100-200-400 - 2-Turn Stagger

Colo. Prep: C 1:43.85 1996 George Washington HS

State Meet: R 1:47.07 2007 Thompson Valley HS

School	Finals	Points
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## Finals

1 Cheyenne Mountain	1:47.82	10
2 Lewis-Palmer	1:48.33	8
3 Niwot	1:48.50	7
4 Sand Creek	1:48.64	6
5 Pueblo West	1:49.28	5
6 Mountain View	1:49.29	4
7 Centaurus	1:50.07	3
8 Erie	1:51.19	2
9 Palmer Ridge	1:51.24	1

**Event 154 Girls High Jump 4A**

Start at 4'10" then 5'0" then up by 1"

National: N 6-04 2009 Toni Young, Del City HS, Okla.

Colo. Prep: C 6-01 1978 Sharon Burrill, J.F. Kennedy HS

State Meet: R 5-08.25 1999 Jill Fadenrecht, Skyline HS

Name	Year School	Finals	Points
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1 Lindsey Kroboth	SO Thompson Valley	5-05.00	10
2 Jessi Macedo	SR Sand Creek	5-02.00	8
3 Gabrielle Ruddick	JR Woodland Park	J5-02.00	7
4 Nicole Hulet	SR Erie	5-01.00	5.50
4 Angelique Urenda	JR Pueblo South	5-01.00	5.50
6 Michala Gordon	JR Pueblo South	J5-01.00	4
7 Tyler Chrisman	JR Sterling	J5-01.00	3
8 Logan Carlson	SO Battle Mountain	5-00.00	2
9 Haley Gallagher	SO Erie	J5-00.00	1
10 Hannah Christman	SR Palmer Ridge	J5-00.00	
10 Sophia Calabrese	FR Battle Mountain	J5-00.00	

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012****STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Results****....Event 154 Girls High Jump 4A**

10	Justine Jenkinson	JR Air Academy	J5-00.00
13	Mackenzie Sill	JR Durango	4-10.00
13	Kelly Moore	SR Mullen	4-10.00
13	Brooke White	SO Battle Mountain	4-10.00
13	Madison Miller	SO Centaurus	4-10.00
13	Megan Foster	JR Silver Creek	4-10.00
13	Janniqua Thomas	SR Falcon	4-10.00
13	Megan Osteen	JR Eagle Valley	4-10.00
--	Ali Lopez	FR Vista Ridge	NH
--	Lauren Livemore	SO Montrose	NH
--	Lauren Russell	FR Evergreen	NH
--	Jordan Bryant	SR Palmer Ridge	NH
--	Rhea Hibpshman	SO Pueblo Central	NH
--	Rebecca Harris	SO Sand Creek	NH
--	Justine Bukovich	JR Eagle Valley	NH
--	Caroline Bryan	FR Valor Christian	DNS

**Event 155 Girls Pole Vault 4A**

=====  
 Start 12" below lowest seeded qualifier, Then Raise by 6"

National: N 14-01 2007 Tori Anthony, Palo Alto Castilleja C  
 Colo. Prep: C 13-03 2008 Elizabeth Stover, Longmont HS  
 State Meet: R 13-03 2008 Elizabeth Stover, Longmont HS

Name	Year	School	Finals	Points
1	Addy Neibauer	JR Greeley Central	11-06.00	10
2	Jordyn Grulkowski	SO Air Academy	10-06.00	7.50
2	Samantha Bellah	SR Pueblo South	10-06.00	7.50
4	Alyson Foust	SR Greeley Central	J10-06.00	6
5	Molly Childers	JR Battle Mountain	10-00.00	5
6	Kimberly Peterson	SO Elizabeth	J10-00.00	4
7	Katie Dishman	JR Centaurus	9-06.00	2.50
7	Bailey Garton	SR Battle Mountain	9-06.00	2.50
9	Haylie Johns	SO Niwot	J9-06.00	1
10	Lena Wehrung	SR Thompson Valley	J9-06.00	
10	Ariel Mosier	SR Niwot	J9-06.00	
10	Angelique Urenda	JR Pueblo South	J9-06.00	
13	Kirstin Horton	JR Pueblo South	9-00.00	
13	Kiera Maldonado	SO Roosevelt	9-00.00	
13	Hannah Toth	JR Pueblo East	9-00.00	
13	Danae Goldsberry	JR Elizabeth	9-00.00	
13	Libby Acker	SO Palmer Ridge	9-00.00	
18	Jade Vandersteen	JR Silver Creek	8-06.00	
--	Haley Gallagher	SO Erie	NH	
--	Emma Jacobs	SR Broomfield	NH	
--	Paige Hillen	FR Niwot	NH	

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012**  
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**Event 156 Girls Long Jump 4A**

Measure ALL MARKS! No Minimum!

3 Attempts Each, then top 10 to Finals for 3 more Attempts

National: N 22-01.75 1976 Kathy McMillan, Hoke County HS, NC  
 Colo. Prep: C 21-00.75 2005 Chelsea Taylor, Montbello HS  
 State Meet: R 20-03 2005 Griffin Matthew, Niwot HS

Name	Year	School	Finals	Wind	Points
1 Rachael Jackson	SR	Mesa Ridge	17-08.00	-1.4	10
2 Tatianna Clanton	SO	Coronado	17-06.50	-0.6	8
3 Mackenzie Comstock	SR	Green Mountain	17-06.00	-1.6	7
4 Kelli Barris	SR	Pueblo West	17-05.00	-1.6	6
5 Hailey Stephens	SO	Thompson Valley	17-01.25	-1.7	5
6 Amber Liu	SO	Niwot	16-09.00	-1.5	4
7 Lafaith Gordon	JR	Widefield	16-06.50	-0.4	3
8 Ali Artzberger	FR	Thompson Valley	16-06.00	-2.6	2
9 Mariah Yarbrough	JR	Pueblo South	16-05.75	-1.1	1
10 Jayma Martin	JR	Pueblo South	16-03.50	-0.6	
11 Deandra Elcock	JR	Skyline	16-03.25	-0.5	
12 Rebecca Harris	SO	Sand Creek	16-01.50	-0.5	
12 Andrea Tuck	SR	Canon City	16-01.50	+0.0	
14 Delaney Gaddis	SO	Glenwood Springs	15-11.50	-0.7	
15 Cheyenne Talmadge	FR	Pueblo East	15-11.25	-0.3	
16 Jessi Macedo	SR	Sand Creek	14-10.00	-1.8	
17 Natalie Larkin	JR	Delta	14-09.75	-1.5	
18 Vanessa Gillespie	SR	Thomas Jefferson	14-04.50	-1.4	

**Event 157 Girls Triple Jump 4A**

Measure ALL MARKS! No Minimum!

3 Attempts Each, then top 10 to Finals for 3 more Attempts

National: N 44-02.25 2001 Ychlandria Spears, Luling HS, TX  
 Colo. Prep: C 41-03.50 2006 Nyeisha Wright, Widefield HS  
 State Meet: R 41-03.50 2006 Nyeisha Wright, Widefield HS

Name	Year	School	Finals	Wind	Points
1 Andrea Tuck	SR	Canon City	37-05.25	-1.3	10
2 Mackenzie Comstock	SR	Green Mountain	37-04.00	0.2	8
3 Valerie Constein	SO	Battle Mountain	36-03.75	1.3	7
4 Sarah Hughes	SR	Broomfield	36-01.50	+0.0	6
5 Michelle Carbajal	SO	Eagle Valley	35-02.00	+0.0	5
6 Delaney Gaddis	SO	Glenwood Springs	34-07.25	0.5	4
7 Ali Artzberger	FR	Thompson Valley	34-05.75	2.3	3
8 Aly Ary	JR	Pueblo South	34-03.25	0.8	2
9 Jessi Macedo	SR	Sand Creek	33-11.25	+0.0	1
10 Abby Watson	SO	Mountain View	33-08.50	1.8	
11 Jenna Brown	SO	Glenwood Springs	33-08.25	-1.7	
12 Sara Bishop	SR	Niwot	33-00.50	-0.4	
13 Shamara Byrd	SO	Mesa Ridge	32-07.50	+0.0	
14 Tanya Campbell	SO	Erie	32-05.00	+0.0	
15 Caeliegh Bowman	FR	Pueblo County	31-11.75	0.4	
16 Keaira Morgan	JR	Pueblo Central	31-08.50	+0.0	
17 Brooke Haskins	SO	Valor Christian	31-06.25	+0.0	
18 Anyssa Juarez	SR	Green Mountain	30-08.25	-0.5	



**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012****STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Results****Event 158 Girls Shot Put 4A**

Measure ALL MARKS! No Minimum!

3 Attempts Each, then top 10 to Finals for 3 more Attempts

National: N 54-10.75 2003 Michelle Carter, Red Oak HS, TX  
 Colo. Prep: C 51-01 1994 Collinus Newsome, Denver South HS  
 State Meet: R 45-11.75 2011 Megan Patterson, Pueblo South HS

Name	Year	School	Finals	Points	
1 Megan Patterson	SR	Pueblo South	47-02.50R	10	4A Meet Record
2 Tyra Cruz	JR	Pueblo South	41-10.00	8	
3 Katelyn Davis	JR	Widefield	40-08.75	7	
4 Mariah Walker	SO	Sand Creek	40-06.25	6	
5 McKenzie Nelson-Beuhler	JR	Glenwood Springs	39-04.00	5	
6 Laura Heaton	SR	Montezuma-Cortez	37-10.00	4	
7 Katrina Wagner	SR	Greeley Central	37-06.50	3	
8 Valarie Allman	JR	Silver Creek	36-07.75	2	
9 Aimee Larrabee	JR	Valor Christian	36-05.00	1	
10 Caitlin Arnold	SO	Pueblo Centennial	36-02.75		
11 Whitney Barr	SR	Evergreen	35-08.25		
12 Ryann Long-Larkins	FR	Pueblo Centennial	35-00.50		
13 Allie Schneider	JR	Fort Morgan	34-07.50		
14 Shenique Washington	SR	Widefield	34-03.25		
15 Nina Thomas	FR	Wheat Ridge	33-11.25		
16 Justus Reid	JR	Arvada	33-09.00		
17 Bryanna Music	SO	Delta	33-07.75		
18 Mckenna Franzen	JR	Durango	32-07.75		

**Event 159 Girls Discus Throw 4A**

Measure ALL MARKS! No Minimum!

3 Attempts Each, then top 10 to Finals for 3 more Attempts

National: N 190-03 2009 Ana Jelmini, Shafter HS, CA  
 Colo. Prep: C 160-01 1994 Shelly Greathouse, Rocky Mountain H  
 State Meet: R 152-11 2011 Kiah Hicks, Falcon HS

Name	Year	School	Finals	Points	
1 Valarie Allman	JR	Silver Creek	164-00C	10	Colo & Meet Record
2 Haley Showalter	FR	Valor Christian	129-06	8	
3 Dailyn Johnson	SO	Longmont	127-11	7	
4 Megan Patterson	SR	Pueblo South	119-11	6	
5 Ashley Lingo	SR	Montezuma-Cortez	119-10	5	
6 Caitlin Arnold	SO	Pueblo Centennial	111-04	4	
7 Marissa Rudd	SR	Mesa Ridge	111-02	3	
8 Nicki Blue	JR	Niwot	111-01	2	
9 Katrina Wagner	SR	Greeley Central	109-06	1	
10 Bryanna Music	SO	Delta	108-04		
11 Aimee Larrabee	JR	Valor Christian	102-03		
12 McKenzie Nelson-Beuhler	JR	Glenwood Springs	101-10		
13 Ashley Apple	SR	Fort Morgan	101-09		
14 Mariah Walker	SO	Sand Creek	97-11		
15 Savannah Hanson	JR	Palisade	97-03		
16 Miranda Elliott	JR	Montezuma-Cortez	89-11		
17 Hannah Erickson	JR	Woodland Park	89-10		
18 Ryann Long-Larkins	FR	Pueblo Centennial	81-06		

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012**  
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**Jefferson County Stadium, Lakewood**  
**Results**

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Women - 4A - Team Rankings - 19 Events Scored

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1) Thompson Valley	76	2) Pueblo South	66
3) Valor Christian	56	4) Sand Creek	47
5) Green Mountain	45	6) Pueblo County	37
7) Discovery Canyon	33	7) Niwot	33
9) Lewis-Palmer	30	10) Cheyenne Mountain	29
11) Battle Mountain	26.50	12) Canon City	25
13) Glenwood Springs	24	13) Mesa Ridge	24
13) Evergreen	24	16) Mullen	21
17) Broomfield	20	17) Greeley Central	20
19) Pueblo West	18	20) Widefield	17
21) Denver South	15	21) Durango	15
23) Palmer Ridge	14	24) Centaurus	13.50
25) Wheat Ridge	13	25) Delta	13
27) Coronado	12	27) Silver Creek	12
29) Air Academy	11.50	30) Longmont	11
30) Montrose	11	32) Montezuma-Cortez	9
32) Mountain View	9	34) Erie	8.50
35) Woodland Park	7	35) Eagle Valley	7
37) Pueblo Centennial	6	38) Frederick	5
39) Elizabeth	4	39) Sterling	4
41) Skyline	1		

**COLORADO HIGH SCHOOL - 5/17/2012 to 5/19/2012**  
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**Jefferson County Stadium, Lakewood**  
**Results**

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Men - 4A - Team Rankings - 18 Events Scored

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1) Longmont	72.50	2) Broomfield	67
3) Vista Ridge	61	4) Thompson Valley	52
5) Pueblo County	34	5) Niwot	34
7) Widefield	31	8) Moffat County	25
8) Harrison	25	10) Coronado	22.50
11) Elizabeth	22	12) Falcon	21
12) Mullen	21	14) Glenwood Springs	20
14) Pueblo South	20	16) Skyline	19
16) Canon City	19	18) Evergreen	18
18) Mesa Ridge	18	20) Denver South	17
21) Palisade	16	22) Durango	14
23) Valor Christian	13	23) Cheyenne Mountain	13
25) Silver Creek	12	25) Centaurus	12
27) Greeley Central	11	28) Windsor	10
28) Pueblo East	10	28) Erie	10
31) Mountain View	9	32) Conifer	8
32) Sterling	8	34) Northridge	7
34) D'Evelyn	7	36) Golden	6
37) Sand Creek	5	37) Arvada	5
39) Sierra	4	39) Wasson	4
39) Discovery Canyon	4	42) Fort Lupton	3.50
43) Pueblo Central	3	43) John F. Kennedy	3
45) Roosevelt	2.50	46) Pueblo West	2
46) Delta	2	46) Palmer Ridge	2