

# 2017 Pole Vault Information for the State Track Meet

**SHOW TIME:** All pole vaulters should proceed to the front of the line for entry into the stadium for the first competition of the day. The gates should be open at 7:15 each day. Check in will begin at 7:15 am and conclude at 7:45 am for the first competition of the day. Check in for the remainder of the competitions will begin 60 minutes prior to the scheduled start time and conclude 15 minutes prior to the scheduled start time. It is imperative that pole vaulters get checked in as soon as possible since warm up time will be limited to 45 minutes between competitions. The first competition each day will begin promptly at 8:30 am.

**CHECK-IN PROCEDURES:** *Athletes will be weighed, uniforms inspected and poles inspected before athletes are allowed on the runway.* Pole vaulters will be weighed in with the shoes they expect to jump in and the legal school-issued uniform. A check will also be made for excessive jewelry that could create a safety issue. Spike length will be checked--maximum length is 3/16".

**POLE INSPECTION PROCEDURE:** Coaches--please check your poles to ensure that they are legal. Every year we have a few poles that do not meet the following NFHS specifications. Items that will be checked include the placement of the manufacturer's *one inch top handhold band*, the manufacturer's numerical *pole rating* with a minimum of *3/4 inch numbers* in contrasting colors located either within or above the top handhold band, and that the *adhesive tape at the grip end of the pole is of uniform thickness*. The *length of each pole* will be verified to confirm that it hasn't been cut. *The etchings or embedded information on each pole will be used to verify the length and weight of the poles.* It may be necessary to remove tape at the top or bottom of the pole to find this information. *Bring extra athletic tape in case you have to re-tape your poles.* It is the responsibility of the coach, vaulter, and the event judge to ensure that only legal poles are used. Officials will mark all poles so that it is obvious that they have been verified for this meet. *During warm up and competition*, a designated official will verify that a legal pole will be used for each attempt and that the athlete's weight is at or below the pole's rating. Warming up without the contestant's coach or event official could result in a disqualification. *Altered poles are illegal, for example, cut poles, incorrect labels and hand written weight ratings.*

**ELECTRONIC DEVICE RESTRICTIONS:** Athletes may not use cell phones, I-pods, cameras or any other electronic equipment in the competition area. Athletes no longer in the competition may use such devices in unrestricted areas. **Athletes may view videos** or pictures along the inside of the fence, West of the Coaches Box, either before or after a trial. Once being called up for a trial, the clock will be started and viewing videos will be prohibited unless taking consecutive trials.

**COACHING RESTRICTIONS:** The approved coaching location, commonly referred to as the "*Coaches' Box*" will be located outside the chain link fence. Coaches will be allowed to *view and film* their athletes from anywhere outside of the fence. In order to avoid congestion in front of the Coaches Box, **please view videos** or pictures with your athletes along the fence **West of the Coaches Box**, either before or after a trial. *Only one coach from each school* will be allowed into the Coaches' Box with the approved credentials. Coaches will not be allowed inside the fenced in area during warm-ups or competition. However, coaches will be allowed to momentarily drop off or pick up poles from the competition area.

**STARTING HEIGHT:** The *starting heights, progressions and warm-up heights* for each competition are published in the CHSAA Track & Field Bulletin.