

General Guidelines for all Field Events

Please help provide each athlete with an opportunity for a safe and equitable standard of competition.

The following are some guidelines to help you in that process.

A. **Check** and **enforce** uniform, visible apparel and shoe regulations.

1. Each competitor shall wear a school issued track top and bottom or a one-piece suit.
2. They may have competitors name, school identification, and a manufacturer logo not to exceed 2-1/4 X 2-1/4 inches and/or the American Flag not to exceed 2X3 inches.
3. A competitor may not wear warm ups, sweat pants or sweat shirt or other non school issued apparel (Denver Broncos, Rockies, football, basketball etc.) While competing.
4. The top must hang below or be tucked into the waistband of the bottom. (Bare midriff tops are not allowed.)
5. The waistband of a competitor's bottom shall be worn above the hips and **not rolled up**.
6. Any visible garments worn under the uniform top must be unadorned (no trim, printing etc.) and a single color. . Garments worn under the uniform top may have a single manufactures logo. Any visible garments worn under the uniform bottom that extends **below the knee** must be unadorned (no trim, printing etc.) and a single color. Garments worn under the uniform bottom may have a single manufactures logo.

**** Any visible garments worn under the uniform bottom that does not **extends below the knee** Is considered a foundation garment and is not subject to single, solid color rule.
7. Each competitor shall wear a shoe with a sole and heel that can be secured to the foot. (Slippers or socks do not meet this requirement)

**New Rule Contestants may wear Jewelry or medical alert this year 2015

Uniform Penalty----- If a contestant is wearing an illegal uniform make them remove or change it. (If they can do so without delaying the meet) then allow them to throw or jump. Record the time of the violation and report it to your referee the first time is a warning the second offence will result in an event disqualification.

C. The field event judge:

1. May change the order of competition in the preliminaries to accommodate those who may be excuse to participate in other events. They cannot change a competitor from one flight to another without the referees' permission.
2. May allow trials to be taken in succession to accommodate those excused to participate in other events.
3. Measure and record ever legal trial of a competitor. (Ties are broken by second best trial.)
4. Signs the event card, indicating the place winners and send it to the referee.

***** **Do not rewrite names on event card! Use spaces provided for prelims and finals**

