



Do you have a future Paralympian in your school?

USA Paralympics needs your help to identify and train HS Paralympic qualified athletes. We currently have seven High School athletes who competed in the 2012 London Games. Athletes that came out of their HS programs and onto the World stage in front of 80,000 Paralympic fans. In 2013, we would like to identify more athletes to participate in Paralympics.

Teamwork, Goal setting, Self-discipline... all of those great athletic benefits work just the same for a Paralympic qualified athlete.



Visually Impaired

- Athlete will be legally blind- totally blind to limited vision
- Paperwork can help verify if they qualify for Paralympics



Intellectually Impaired

- IQ must be 75 or less to qualify
- Competes in three events-- 1500, Long Jump and Shot



Cerebral Palsy/ Traumatic Brain Injury

Athlete will have an arm that is permanently bent or have a different type of walking gait (walk only on toes, perhaps). Typically affects an arm and leg on the same side with varying degrees. Athlete might be in a Wheelchair depending on balance.



Dwarfs and Amputees

- Amputees in all forms-- arms (above the wrist), single legs, double legs, below the knee, above the knee



Spinal Cord Injury and Spina Bifida

- Athletes in Wheelchairs--- they can race in racing chairs and throw out of throwing chairs or their day chairs.

For more information see our webpage at: <http://www2.teamusa.org/US-Paralympics/Sports/Track-and-Field.aspx> or email: Cathy.Sellers@usoc.org.

Here is a video of two of our HS athletes-- <http://www.youtube.com/watch?v=ajn6OcbhpLw>