

## INFORMATION FOR COLORADO GIRLS WRESTLING IN THE 2017-18 SEASON

Currently, girls wrestling in Colorado is **not** a sanctioned sport. Girls competing in wrestling must be a member of their school's team, which is considered a boys sport. However, for the second year, we will have some tournaments which are girls-only events. These events are not considered varsity events, as they will not follow NFHS weight classes and, as such, will not count towards a varsity record nor be considered for seeding if the athlete wrestles at the regional tournament.

Girls must follow all NFHS and CHSAA wrestling rules to be eligible to compete, with the exception of weight classes and team point totals. Girls practices may be held separately from boys practices, but they are all part of **one school** team. A district cannot have only one girls team for the district if the district has more than one team for boys; in other words, if Teams A, B & C all have wrestling, those schools cannot send all their girls to Team A, they must compete and practice only with their team, unless they are participating in a scrimmage. How a team organizes their practices will be controlled locally. Girls wrestling in these tournaments must not exceed 28 individual points as counted per the standards in the CHSAA wrestling bylaws. Check with tournament hosts to verify the point value of their tournaments. *Team points* for these tournaments are waived and will not be counted against the CHSAA *team limit* of 28 points.

<b>Weight Classes:</b>	100 lbs	105 lbs	111 lbs	118 lbs	127 lbs
	136 lbs	147 lbs	161 lbs	185 lbs	215 lbs

Wrestlers must be certified prior to competition via OPC in [trackwrestling.com](http://trackwrestling.com). The weight certified will be an NFHS-approved weight class. For girls-only tournaments, weight classes will be as shown above. *Weight descent plans must be followed!* If your athlete will compete against boys the following week, please make sure that your descent plan will keep you on track for the NFHS standard weight classes.

### **Tournaments currently scheduled (contact):**

December 2, 2017	Arapahoe High School	(Steve Sisler)
December 9, 2017	Eaglecrest High School	(Sparky Adair)
January 6, 2018	Bennett High School	(Larry Deffenbaugh)
January 20, 2018	Loveland High School	(Kevin Clark)
January 27, 2018	Mead High School	(Ty Tatham)
February 3, 2018	Thornton High School	(Jeremy DeHerrera)