

CROSS COUNTRY

Rick Macias, Pueblo City Schools
Chair

S 3
Report No.

I. **MAJOR CHANGES:**

- A. Class 3A, 4A, 5A Regionals will go to 20 teams and will advance 4 teams out of each region.
- B. Class 2A Regionals will go to 16 teams and will advance 4 teams out of each region.
- C. Cross Country coaches will need to complete and submit their regional entries on Saturday night by 10:00 pm.
- D. No teams or individuals will be allowed on the State Cross Country Course the week of state. This includes Norris Penrose and Bear Creek.

II. **RATIONALE:**

- A. Consistent through all classifications.
- B. Consistent through all classifications.
- C. Regionals are completed by Friday and this will help with seeding on Sunday Morning.
- D. Due to the course being prepared for the state meet this will eliminate confusion on where you are allowed to be. The **ONLY** time schools/team will be allowed on the state cross country course for a walk/run through will be on the Friday prior to the state meet from 3:00 pm and conclude by 6:00 pm. Coaches must supervise their athletes. No wheels, and no marking of the course will be allowed. Not abiding by these expectations could result in a disqualification from the tournament.

III. **FINANCIAL IMPACT:**

None

IV. **DATES:**

Criteria for date selection:

Regionals – the **Thursday-Saturday** of the 8th week of the fall competitive season.
State – the 9th Saturday of competitive season.

Regional Qualifying	October 20-22, 2016 October 19-21, 2017
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State Championship	October 29, 2016 October 28, 2015
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V. **QUALIFYING FORMAT AND REGIONAL ASSIGNMENT BY CLASS:**

2016 2A Cross Country Regions

(Enrollment – 1- 286)

(55 Schools)

REGION 1 (14)

Alexander Dawson (246)
Byers (148)
Clear Creek (222)
Front Range Christian (179)
Highland (248)
Lyons (231)
Merino (101)
Nederland (143)
Northfield (194)
Resurrection Christian
Shining Mountain (66)
Twin Peaks Charter (144)
Wiggins (160)
*Yuma (228)

REGION 3 (15)

Antonito (68)
Buena Vista (274)
Centennial (58)
Center (167)
Custer County (122)
Del Norte (137)
John Mall (143)
Lake City (40)
Lake County (279)
Moffat (29)
Rocky Ford (230)
*Rye (252)
Sargent (129)
Springfield (79)
Swallows Charter (147)

REGION 2 (13)

CIVA Charter (181)
CS School (98)
Denver Academy (204)
*Denver Christian (127)
Ellicott (232)
Evangelical Christian (94)
Fountain Valley (236)
Kiowa (88)
Limon (138)
Peyton (218)
Pikes Peak Christian (53)
West Grand (133)
The Vanguard (282)

REGION 4 (12)

Crested Butte Community (176)
*DeBeque (39)
Dolores (190)
Hotchkiss (205)
Mancos (120)
Meeker (191)
Ouray (56)
Paonia (152)
Rangely (115)
Soroco (104)
Telluride (244)
Vail Mountain (185)

* - Indicates the school who is responsible for facilitating the selection of the regional site, time and site director. Regional sites will be alternated on a yearly basis. If a school has the asterisk this does not mean you have to host the regional, but you are responsible in getting the regional information to CHSAA and seeing that regional are set in all capacities.

Qualifying Procedure – Top 4 (four) teams - all athletes who finish in the top 15 places. Full teams must consist of 3 to 8 members (score “3”). Regionals take 16 teams.

V. QUALIFYING FORMAT AND REGIONAL ASSIGNMENT BY CLASS (continued):

2016 3A Cross Country Regions

(Enrollment – 287-802)

(69 Schools)

REGION 1 (14)

Aspen (572)
Basalt (407)
Bayfield (364)
Coal Ridge (526)
Delta (610)
Grand Valley (298)
Gunnison (340)
Middle Park (375)
Moffat County (598)
Montezuma-Cortez (629)
Olathe (321)
Pagosa Springs
*Rifle (719)
Steamboat Springs (706)

REGION 2 (15)

Alamosa (574)
Atlas Prep (289)
Centauri (298)
CS Christian (316)
Florence (380)
James Irwin (422)
La Junta (334)
Lamar (404)
Manitou Springs (522)
Pagosa Springs (364)
Pueblo Central (769)
Salida (325)
St. Mary's (251)
*The Classic Acad. (648)
Woodland Park (803)

REGION 3 (14)

Arrupe Jesuit (375)
Denver North (790)
Denver West (655)
DSST: Green Valley (517)
DSST: Stapleton (523)
Faith Christian (423)
Holy Family (627)
Jefferson Academy (414)
Peak to Peak (589)
Pinnacle (541)
Prospect Academy (
Ridge View Academy (203)
*Skyview (802)
The Academy (557)

REGION 4 (13)

*Berthoud (721)
Brush (473)
Eaton (533)
Estes Park (325)
Fort Lupton (602)
Frontier Academy (366)
Heritage Christian (87)
Liberty Common (313)
Platte Valley (366)
Sterling (549)
Strasburg (317)
University (591)
Valley (609)

REGION 5 (13)

*Colorado Academy (394)
Conifer (781)
D'Evelyn (629)
Elizabeth (699)
Englewood (602)
Kent Denver (476)
KIPP Denver Collegiate (381)
Lutheran (388)
Machebeuf (Bishop) (359)
Platte Canyon (320)
Sheridan (362)
SkyView Academy (287)
St. Mary's Acad. (254)

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Qualifying Procedure – Top 4 (four) teams - all athletes who finish in the top 15 places. Full teams must consist of 5 to 9 members (score "5"). Regionals take 20 teams.

V. **QUALIFYING FORMAT AND REGIONAL ASSIGNMENT BY CLASS (continued):**

2016 4A Cross Country Regions

(Enrollment – 8031-1502)

(58 Schools)

REGION 1 (11)

Battle Mountain (861)
Eagle Valley (817)
Evergreen (1056)
Glenwood Springs (897)
Golden (1254)
Green Mountain (1118)
Littleton (1277)
Mullen (802)
*Palisade (1023)
Summit (832)
Wheat Ridge (1285)

REGION 2 (12)

Air Academy (1334)
Discovery Canyon (1161)
Falcon (1233)
Harrison (962)
Lewis Palmer (996)
Mitchell (1231)
Palmer Ridge (1146)
Pine Creek (1481)
Ponderosa (1237)
Sand Creek (1263)
Sierra (787)
*Vista Ridge (1403)

REGION 3 (12)

Abraham Lincoln (1390)
*Alameda Inter. (809)
Aravada (923)
Centaurus (1073)
Erie (934)
Geroge Washington (1355)
John F. Kennedy (1201)
Niwot (1279)
Stanley Lake (1313)
Thomas Jefferson (1060)
Valor Christian (934)
Vista Peak (1192)

REGION 4 (12)

Fort Morgan (881)
Fredrick (955)
Greeley Central (1409)
Longmont (1180)
Mead (1006)
Mountain View (1245)
Northridge (1173)
Roosevelt (914)
*Silver Creek (1236)
Skyline (1342)
Thompson Valley (1169)
Windsor (1339)

REGION 5 (11)

Canon City (1060)
*Cheyenne Mountain (1242)
Durango (1066)
Mesa Ridge (1330)
Montrose (1326)
Pueblo Centennial (1261)
Pueblo County (862)
Pueblo East (1145)
Pueblo South (1294)
Pueblo West (1340)
Widefield (1315)

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V. QUALIFYING FORMAT AND REGIONAL ASSIGNMENT BY CLASS (continued):

2015 5A Cross Country Regions

(Enrollment – 1503-up)

(63 Schools)

REGION #1 (12)

Arapahoe (2180)
Arvada West (1755)
Aurora Central (2176)
Chatfield (1804)
Columbine (1668)
Dakota Ridge (1508)
Denver East (2475)
Eaglecrest (2599)
Legend (2032)
FNE Warriors (2948)
Smoky Hill (2044)
*Thornton (1724)

REGION #2 (12)

Bear Creek (1630)
Central (GJ) (1517)
Cherokee Trail (2822)
Cherry Creek (3508)
Fruita Monument (1656)
Gateway (1743)
Grand Junction (1713)
Grandview (2620)
Heritage (1690)
Overland (2248)
*Regis B & G (1864/1416)
Westminster (2453)

REGION #3 (12)

Boulder (2001)
Denver South
Fairview (2185)
Greeley West (1569)
Hinkley (2043)
Lakewood (2083)
Legacy (2212)
Monarch (1741)
Pomona (1503)
Ralston Valley (1828)
Rangeview (2369)
*ThunderRidge (2070)

REGION #4 (12)

Adams City (1799)
Brighton (1773)
Broomfield (1547)
Fort Collins (1635)
Fossil Ridge (1974)
Horizon (1971)
Loveland (1519)
Mountain Range (1996)
Northglenn (1950)
Poudre (1844)
Prairie View (1901)
*Rocky Mountain (1975)

REGION 5 (12)

*Castle View (2048)
Chaparral (2202)
Coronado (1515)
Doherty (1986)
Douglas County (1881)
Ftn.-Ft. Carson (1861)
Highlands Ranch (1664)
Liberty (1545)
Mountain Vista (2193)
Palmer (1793)
Rampart (1610)
Rock Canyon (2073)

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VI. INFORMATIONAL ITEMS:

NONE

VII. COMMITTEE MEMBERS:

Rick Macias, Chairperson, Pueblo School District #60 (1st term, 2017); TJ Blackhurst, Rye HS (2018); Mario Garcia, Wiggins HS (2018); Stan Lambros, Cheyenne Mountain HS (2017); Rick Logan, Thompson Valley School District (2017); Tami Payne, Eagle Valley HS (2017); Micah Porter, Northfield Hs (2018); Lisa Ratterree, Pikes Peak Christian (2018); Bernie Pearce, Ouray HS (2016); Larry Zaragoza, Alamosa HS (2017)